



# We still do that?

Utah poised to be next state to ban conversion therapy

## Printmaking exhibition open to public

Students from across the state display artwork at SLCC's South City Campus

## Think before you post

How social media posts could negatively affect future job opportunities

# » What's Hip, Hot, & Happenin' on Campus «

## ALL WEEK

### 2019 Rocky Mountain Student Printmaking Exhibition

**When:** 7 a.m. - 10 p.m.

**Where:** South City Campus, George S. & Dolores Dore Eccles Gallery

### "Curtains"

**When:** 7:30 p.m.

**Where:** South City Campus, Grand Theatre

### Popular Music Bands Concert

**When:** 7 - 8:30 p.m.

**Where:** South City Campus, Multipurpose room, 1-030/032

### Curtains

**When:** 7:30 p.m.

**Where:** South City Campus, Grand Theatre

## WEDNESDAY 23<sup>rd</sup>

### SLCC Blood Drive

**When:** 9 a.m. - 3 p.m.

**Where:** Miller Campus, Miller Conference Center, MCPC 101

### Exploring Publication Options: Part 2

**When:** 12 - 1 p.m.

**Where:** TR Campus, Technology Building, 225D-B

### Financial Wellness Fair

**When:** 5 - 8 p.m.

**Where:** South City Campus

### Monsters & Ghostlands: Horror Writing Part 2

**When:** 6 - 8 p.m.

**Where:** CWC, 210 E. 400 South #8

## THURSDAY 24<sup>th</sup>

### Film Screening Series - "Atonement"

**When:** 6 p.m.

**Where:** South City Campus, Screening room

### Gelli Plate Monotype Workshop with Prof. Lana Gruendell

**When:** 6 - 8 p.m.

**Where:** South City Campus, Grand Theatre

### SLCC Women's Volleyball v. College of Southern Nevada

**When:** 7 - 9 p.m.

**Where:** TR Campus, LAC

## FRIDAY 25<sup>th</sup>

### A Sharp and Infectious Silence - Theatrical Experience

**When:** 7 p.m.

**Where:** South City Campus, east lobby

### "Curtains"

**When:** 7:30 p.m.

**Where:** South City Campus, Grand Theatre

### "The After Hours"- Drama Club Production

**When:** 8 p.m.

**Where:** South City Campus, Black Box Theatre

» For more information on these events, visit [www.globeslcc.com/calendar](http://www.globeslcc.com/calendar)

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**The Globe Online-**  
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# Utah aims to **ban** conversion therapy

**Tamra Rachol**

Staff Writer

Utah is in line to be the 19th state to ban the practice of conversion therapy for minors. This convention aims to change an individual's sexual identity, a practice that has been ruled as harmful by organizations like the American Psychological Association, the National Association of Social Workers, the Substance Abuse and Mental Health Services Administration among others.

The American Psychological Association has shown that conversion therapy can cause long-lasting psychological harm by increased feelings of guilt, self-hatred, isolation and suicidality. The APA removed homosexuality from its list of psychological disorders in 1987.

Yet, in 2019, this form of therapy still occurs nationwide. Those who support abolishing conversion therapy are hoping a compromise can be met and put this new rule into effect as early as this month.

Co-host of the "Finding Strength" podcast and lead therapist at the Deer Hollow Recovery and Wellness Center in Draper, Matt Quackenbush, has been working with minors forced to attend conversion therapy by their parents. Quackenbush calls the treatment "hurtful" and "harmful."

"Individuals who try and change a part of them that is their sexuality, feel ostracized from the world," says Quackenbush. "They feel ashamed. They feel like there's something wrong with them," says Quackenbush.

This can lead to substance abuse and suicidal tendencies as these individuals try to numb the feelings of abandonment and rejection from their parents, Quackenbush says.

"Children just want to feel loved and be accepted for who they are," he says. "Instead of trying to convert people, why don't we focus on loving them instead? The people in our lives need to be loved, accepted and understood rather than be told the way they are living is wrong."

Peter Moosman, affectionately known to Salt Lake Community College students as "Captain Gay," has been at the school for just over 10 years. Moosman came out in 2015, stating that "my entire life before that was trying to pray the gay away. Just be better at being faithful and maybe it will go away."

He put himself through his "own type of gay conversion therapy" because he wanted to fit in. He wanted to have his faith community and was willing to do whatever it took to maintain it. It wasn't until he asked, "what should I do with this?" that he found his true calling helping others and knew it was time to come out.

Moosman recalls moments he shared with friends who have gone through conversion therapy. He says many friends went through what they call a "journey into manhood" camp, where they discussed healthy male relationships and aimed to diminish their attractions to the same sex in order to live their church's teachings.

None of Moosman's friends, he says, leaned on drugs to cope with their anxiety, but many were left with chronic depression and serious triggers.

Some friends had to separate themselves from their religion and, sometimes, their own families in order to thrive as adults, he notes.



■ Courtesy of Wikimedia Commons

**Despite push back from the Church of Jesus Christ of Latter Day Saints, many advocates of LGBTQ rights are lobbying to do away with conversion therapy.**

"Often people who don't go through a formal conversion therapy put themselves through a conversion therapy of their own," Moosman says.

He worries it speaks to a much broader concern.

"People feel the need to change who they are in order to fit in, by suppressing a part of who they are so why are we asking people to change?" Moosman asks.

Moosman now supervises the new Gender and Sexuality Student Resource Center at SLCC's South City Campus. He hopes this new center will be a safe space for students. "It's a beacon of hope, a space that is radically supportive of the marginalized," Moosman says. "Protest got us to where we are today, people standing their ground and taking action. That is what is going to take us where we want to go. We want students to be able to organize and come together in this space."

Working with both staff and students, Moosman wants to create positive changes.

"If we're noticing a culture of intolerance or hate developing, we want to nip it in the bud," says Moosman. "We eventually want to put ourselves out of business."

The goal for the center is to expand across the institution, so that the school becomes a place where students feel safe, wherever they are," says Moosman. "We see you, we honor you, we respect you and we want you here."

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# Student Printmaking Exhibition open to public

**Megan Neff**

Staff Writer

This fall, student artists from colleges across Utah submitted fine art prints to the Rocky Mountain Printmaking exhibit. The exhibit features prints using several different techniques such as lithography, screen printing and digital hybrid.

Awards were handed out Oct. 10, including categories such as Awards of Excellence, Awards of Merit and Best of Show, which was won by Snow College student Kiersten Rakisits.

Salt Lake Community College graduate Carlissa Shaw won an Award of Merit through her print submission "Growth is Golden." Now a student at the University of Utah, Shaw shares the process of making her piece.

"I was going to be graduating from SLCC, which was very exciting," Shaw says. "I was thinking about personal growth and how we can encourage ourselves through a process of personal growth."

Shaw says she used a common practice of personal mantras to develop shadows onto the print. She mentions that the bee included in the piece represents the symbolism in nature of personal growth.

Utah Valley University student Hanna Johansen won an Award of Excellence through her print submission, "Words."

"This is one of my first linocut prints ever. It was carved and printed in 2018," Johansen says.

The process of making these prints can be length.

"Printmaking is quite process intensive which is a big reason for why I love it so much," Johansen says.

Johansen's inspiration for her piece represents the constant talk in today's world.

"Sadly, words can be hollow. They can sound a certain way but mean something completely different. Learning how to interpret these words is a difficult thing in our society," she explains. "This piece also has a deeper meaning to me personally. I've always had issues expressing myself with words verbally. They tend to get lost along the way. The disconnect between the mouth and the rest of the head is quite real to me."

The Rocky Mountain Student Printmaking Exhibition will run until Nov. 6 at the George S. & Dolores Dore Eccles Gallery located at South City Campus from 9 a.m. - 10 p.m.

■ Courtesy of Prof. Lana Gruendell



■ Courtesy of Prof. Lana Gruendell



SLCC graduate Carlissa Shaw is attending the University of Utah. Shaw's print represents personal growth and the use of mantras and won an Award of Merit.

Hannah Johansen is a UVU student and won an Award of Excellence for her print.

# Breathe easy: how to handle smog when inversion sets in

**Jared Clawson**

Contributing Writer

Winter is coming, and with it comes the smog.

Every year, during the winter months, the Salt Lake area fills with “inversions” – thick, hazy pollution that gets trapped in the valley and that can be hazardous to health in the short and long term.

While legislative changes, such as those to transportation and energy use, could contribute to better overall air quality, the results wouldn’t be immediate. There are, however, ways residents can better handle bad air quality in their daily lives.

“The inversion affects students’ health and well being simply by the contribution of poor air quality,” says Whitney Ockey, health promotion specialist for Salt Lake Community Colleges’s Health and Counseling Center.

“During the inversion, we will see an increase in regulating idling, which a lot of students participate in while avoiding the cold weather and waiting for their class to start. Additionally, there will be a push for alternate transportation and carpooling around this time,” Ockey says.

According to UCAIR.org, the inversion emerges due to a bowl effect created by the Oquirrh mountains to the west and the Wasatch range to the east. When conditions create warmer air atop the bowl, pollution gets trapped with the colder air within the bowl, leaving those in the valley breathing the smog until it is cleared out by natural conditions, such as a storm.

“Once the inversion sets in, we can expect to notice a change in air quality just by looking up at the sky,” says Ockey.

For many, including SLCC student Josh Osborn, it’s easy to forget about winter’s poor air quality during the clearer seasons.

“I pretty much forget about it in the summer,” he says, “but then am reminded of it when my car gets all gross looking in winter just from sitting there.”

Exposure to this air quality can be unsafe to breathe, and something as simple as students walking to and from class can have a harmful effect on their lungs and overall health. The only real way for a student to stay healthy during this time is by limiting their exposure to the poor air, Ockey says.

“There’s really not a lot students can do other than staying indoors, such as exercising in a gym rather than running outside,” she explains.

And when you are outside, Ockey says, it can help to be aware of your breathing.

First-year SLCC student Joseph Izampuye says he’s taken this advice in past seasons.

“I remember always being told to not take deep breaths, to just take shallow breaths until I’m inside,” he recalls.

The effects from the poor air can also worsen with students who suffer from asthma and other lung-related health issues, Ockey says.

As a young boy with asthma, Izampuye remembers not being allowed to go outside for recess in elementary due to the pollution.

“I would be in the gym for days on end,” he says, “which was kind of isolating.”

Osborn says his wife also suffers from asthma, which becomes more serious in winter months. “I just need to make sure she always has her inhaler,” he says.

Osborn recognizes some of efforts by local government to limit smog in the valley, such as pushes for individuals to carpool or take public transportation, offering occasional “free fare days.”

“I’m not sure that people are really taking advantage of these things like they could,” he says, observing that most people still elect to drive their own vehicles. According to the Department for Environmental Quality, is a choice that causes more than 50% of Utah smog.

Ockey urges that students do their part to reduce the effects of the pollution by modifying their transportation methods.

“People are pretty set in their ways and like the privacy of their own car. Students can help reduce emissions by carpooling to school, staying idle free in their vehicles and utilizing free UTA services,” she says, adding drivers in Salt Lake City can be ticketed for idling longer than two minutes.

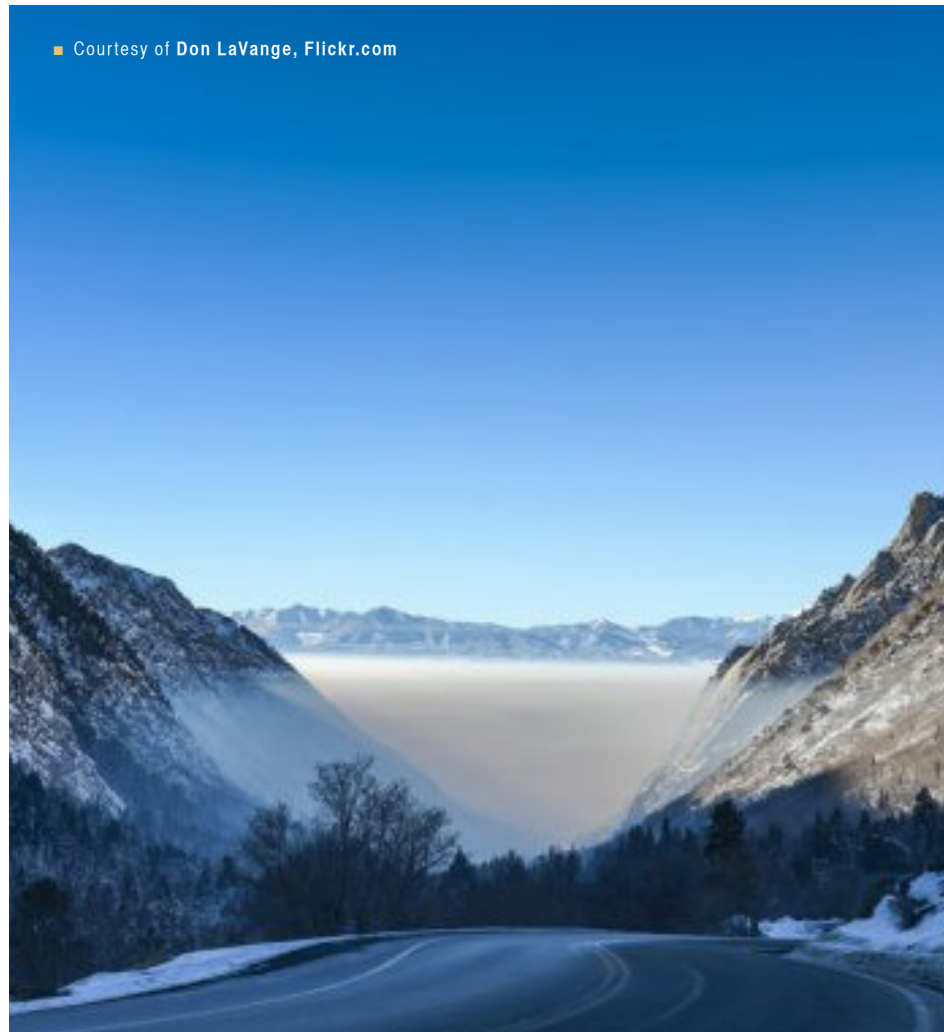
While she says this is a good start in regulating idling, Ockey believes there should be stricter rules during peak times of the inversion.

Izampuye believes the majority of the responsibility to make a change lies not on local government, but the individual.

“It needs to be more of a cultural change,” he says, suggesting a more conscientious approach to driving, recycling and natural resources.

He also stressed educating younger generations as they will be more likely to implement effective change.

■ Courtesy of Don LaVange, Flickr.com



**Smog trapped over the Salt Lake Valley during a temperature inversion. Air pollution remains close to the ground during temperature inversions, which occur when warmer air is held above cooler air.**

# Late Thanksgiving means quick wrap-up to fall semester

**Brayden Klingler**

Contributing Writer

Get ready for a little post-Thanksgiving chaos. Classes are in session for just one week after students return to campus before finals begin.

Kathy Bell, who sits on the Faculty Senate at Salt Lake Community College, says the calendar will occasionally cause some challenges when it comes to scheduling.

“Unfortunately, it happens about every five years or so where Thanksgiving is a week later than usual,” says Bell. “I don’t like the schedule either, but there wasn’t much we could do.”

SLCC breaks for Thanksgiving from Nov. 28 to 30, with students and staff returning to classes on Dec. 2. That leaves four days of classes, along with Reading Day on Friday, before exams begin the following Monday.

“We looked at shortening the semester,” Bell says, “but we couldn’t do that because we would have had to take the last week of class hours and add them somewhere else, which would have made the classes longer.”

The academic calendar is established about 10 years in advance, Bell says, and is checked and voted on by the Faculty Senate's Academic Calendar Committee.

Once approved, it goes to a discussion team for review and approval.

After receiving approval, the calendar then goes onto the president for final approval. The federal government’s Department of Education defines the number of contact hours per credit hour every semester.

This schedule might be an issue for students, Bell says.

“Having only a week of classes after the Thanksgiving break before final exams may or may not make it harder for students,” she says. “It depends on how they manage their time and how organized they are with their studying.”

Some students don’t mind how the schedule is set up. “I don’t think the schedule will affect me at all, at least not this semester because my online classes don’t have finals, just papers,” says Jake Nixon, an SLCC student.

Justin McKenzie, a student at SLCC, says. He doesn’t think the schedule will bring additional stress. But McKenzie can see how the calendar this year may affect students.

“I definitely could see how it could be stressful, as some might find it hard to find the time to study,” he says.



Photo by Brayden Klingler

Classes after the Thanksgiving break are only in session for one week, creating a quick turnaround for finals.

# Think before you post: social media profiles affect jobs

**Nicole Rodriguez**

Contributing Writer

Hundreds of employers, sitting behind rows of tables at Lifetime Activities Center at the Taylorsville Redwood Campus, gathered to recruit potential hires among SLCC students. With the resumes polished and suits ironed, students are ready to go into interviews hoping to get a job, but they may not think about future employers seeing their latest Instagram posts.

Social media usage has increased from 5% to 72% among adults since 2011, according to the Pew Research Center. Employers, too, say they have been using social media to screen candidates during the hiring process and to check on current employers, according to *Business News Daily*.

During the job search, students don't always think about what they post on social media and how it could affect job prospects.

"I don't care about what I post on Facebook, I often have my bosses on Facebook," Andrea Prussing, a SLCC animation major, says. "I just try to be more careful about what I post. My profile is private so only the people I want to can see my posts."

Other students think too much about what they post on social media.

"I used to be very paranoid about what I posted to the point where I just wouldn't post," says Rylie Grissetti, a SLCC communication major.

Grissetti says she later realized that she didn't need to restrain herself from sharing on social media. She just needs to be cautious about what she posts.

"If you wouldn't say it out loud to your boss, why make it so strangers can see it online?" she says.

Social media profiles and posts paint a picture of potential employees, says Tia Smith, manager for an online preschool program.

"I don't go out looking at people's profiles," says Smith, who works for Waterford UPSTART. "Your social media profile is personal, but if you're throwing gang signs on social media and you're trying to work for a preschool program, that is something that we would take into account."

Smith says she has also protected her own social media accounts so posts are available only to friends and family.

"I have my profile private so people can only see basic stuff," says Smith, noting how easily private information can be found online.

Career Services offer resources and advice for students seeking careers after college. For more information visit [slcc.edu/careerservices](http://slcc.edu/careerservices).



Social media usage has increased, along with the number of employers looking to these platforms to screen potential candidates.

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