The GLOBE

Student Voices and Views for the SLCC Community



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What's Hip, Hot, & Happenin' on Campus 👯

ALL WEEK

Utah Women Making History Exhibit

When: All day

Where: George S. & Dolores Dore

Eccles Gallery

WEDNESDAY



Tuition Due

When: All day

Where: All Campuses

Community Engagement Fair

When: 11 a.m. - 1 p.m.

Where: South City Campus, East

Entrance Hallway

Lemonade for Life

When: 11 a.m. - 1 p.m.

Where: TR Campus, Student Center

Resource Fair

When: 11 a.m. - 1 p.m. Where: South City Campus

SLCC Women's Volleyball v. **MSU West Plains**

When: 6 - 8 p.m.

Where: TR Campus, LAC

Advanced Creative Writing: Creating Believable Settings Part 1

When: 6 - 8 p.m. Where: 210 E. 400 S. #8

A Wall Apart - An Original **Rock Musical**

When: 7:30 - 9:30 p.m.

Where: South City Campus, Grand

THURSDAY



Community Engagement

When: 10 a.m. - 1 p.m. Where: TR Campus

Club Rush

When: 10 a.m. - 1 p.m. Where: TR Campus

Resource Fair

When: 10 a.m. - 1 p.m. Where: TR Campus

A Wall Apart - An Original **Rock Musical**

When: 7:30 - 9:30 p.m.

Where: South City Campus, Grand

Theatre

FRIDAY

Grant Writing Basics - 5 Part Workshop; Part 1

When: 10 a.m. - 12 p.m. Where: 210 E. 400 S. #8

SLCC Baseball v. Big Sky **Montana**

When: 7 - 10 p.m.

Where: Kearns High School, Gates

A Wall Apart - An Original **Rock Musical**

When: 7:30 - 9:30 p.m.

Where: South City, Grand Theatre

SATURDAY



SLCC Baseball v. Big Sky **Montana**

When: 1 - 4 p.m.

Where: Kearns High School, Gates

A Wall Apart - An Original **Rock Musical**

When: 7:30 - 9:30 p.m.

Where: South City Campus, Grand

Theatre

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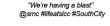


"Gotta love Gibs!" fun on RadioSLCC

In the caption of your photo include @smc #lifeatslcc and hashtag the SLCC campus (#SouthCity, #Taylorsville Redwood etc.), or email contest.globe@slcc.edu











Bash' to school: students kick off semester with fun

Ashley Stenger

Staff Writer

Last Thursday, the Salt Lake Community College Student Association (SLCCSA) helped kick off the 2019-2020 school year by hosting the annual Bruin Bash at SLCC's Taylorsville Redwood Campus.

"The goal [of Bruin Bash] is to bring awareness to the many resources that SLCC has to offer," says Josh Teerlink, a member of SLCCSA. "We want to help the student body enjoy the time they spend on campus."

From 5 to 10:30 p.m., the Bruin Bash featured live performances from comedian Janea Burns and hypnotist Christopher Carter while also offering free activities such as a photo booth, laser tag, henna tattoos and tarot card readings. Throughout the night, SLCCSA also supplied free popcorn and cotton candy to keep the party going.

One of the most important aspects of the annual Bruin Bash is to introduce the SLCC community to a variety of diverse clubs and activities that students can get involved with while on campus. With over 50 different active clubs and organizations here at SLCC, there is an activity out there for every student to enjoy.

Bruin Robotics is just one of many organizations at SLCC that encourage students to get involved and try new things.

"We welcome students of all disciplines to get involved with the growing robotics community here at SLCC," says Lucas Salas, the president of the group. "There is an experience to be had for students specializing in areas such as manufacturing, business, engineering, and marketing."

Other clubs and organizations represented at the Bruin Bash included the Black Student Union, Folio literary magazine, the Thayne Center and the Student Life and Leadership Office.

"[SLCC] has many great opportunities to become more engaged within the community," says Cassi Hoffmeister, an engaged-learning specialist at the Student Life and Leadership Office. "These experiences can help boost your resume while also gaining applicable college credit."

The Bruin Bash is only a taster when it comes to bringing awareness to SLCC's many clubs and organizations. If you missed the Bruin Bash, make sure to attend at least one of the three club rush events offered Sept. 3 - 5 on the Jordan, South City, and Taylorsville Redwood Campus respectively.

To learn more about SLCC clubs and organizations. check out the active clubs contact list at slcc.edu/sll/ clubs-and-orgs/clubs-list.aspx



Members of SLCC's Choir perform "Seasons of Love" from the musical RENT at this year's Bruin Bash.



Meetings at Bruin Robotics include demonstrations in areas such as 3-D printing and soldering.

Bjorn's Brew giving back to school specials for Bruins

Sadie Slikker

Staff Writer

Calling all SLCC Bruins who enjoy coffee and saving animals: we've found the brew for you. Bjorn's Brew coffee shop has a back-to-school special that will satisfy your caffeine cravings while donating to local animal charities.

Salt Lake City students can take advantage of this "Bruins" special, which is a hazelnut, cream and espresso concoction. SLCC has a special along with the University of Utah, Weber State and Utah State.

Bjorn's Brews has locations on Foothill as well as on State Street, just south of the South City campus.

"I love swinging by Bjorn's to grab a latte before class,", says student Annie Duong. "Plus, I usually see one or two cute dogs on their patio, which is always a plus."

Every drink comes with a small homemade gingerbread dog bone cookie (for human consumption and rather delicious.) Bjorn's Brew will donate on a patron's behalf to local animal charities with every punch card redeemed.

The charities include Best Friend Animals Society, Nuzzles & Co., Therapy Animals of Utah and Salt Lake County Animal Services.



Bjorn's Brew (State Street location pictured above) donates to local animal charities.

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INSPIRING HUMAN SOLUTIONS TO LIFE'S CHALLENGES

Exponential increase in effort from students

Andrew Goaslind

Contributing Writer

The tuition costs for all institutions, except Southern Utah University, are being raised across the state of Utah for the 2019-2020 year. According to the Memorandum on the Utah Higher Education webpage, the average increase for this new policy was 2.46% among all nine public institutions in Utah.

Salt Lake Community College (SLCC) tuition has increased by 2%, about \$67, for a 15 credithour student for two semesters. The University of Utah, where most SLCC students transfer, raised tuition 3.2%, or \$256, for the same type of student and schedule.

Each year, the Legislature holds a session to discuss the budget and how government money will be allocated. The amount of state taxes allotted to the schools and tuition are the two ways fees and costs of schooling are paid.

After the Legislature has decided how much money from state taxes will be put toward education, the Board of Regents, along with institutions across the state, decide the possible increases and fees. The goal is to offer the best education possible for the students at the most affordable cost, as well as maintain the goals of the institution.

The Utah Commissioner of Higher Education's office sent out scenarios to all the institutions to discuss and then submit a proposal to the Board of Regents.

"These scenarios were taken through the president and their staff, then to the Board of Trustees, and then the Board of Regents to complete this whole process," says David L. Buhler, Utah Commissioner of Higher Education.

Buhler says he agrees with the way this process is figured out now but wishes he was able to make recommendations like before.

"I used to make recommendations, but now the president of each institution [has] to stick up for their proposals to the Board of Regents," he says. "I think

To ensure student voices are heard, Truth in Tuition meetings were held for students' attendance and the Student Body President of each institution attended the Board Meeting when their respective school was discussed. The proposal was accepted as a good solution, according to the feedback from those in attendance.

The average student debt for a person graduating from school in 2017 was \$18,838 with 38% of students graduating with some amount of debt.



Tuition costs for colleges across the states have risen, with SLCC seeing a 2% increase.

Tuition going up could lead to student debt following the same pattern, increasing the financial burden on students.

"If it keeps getting higher, then what's it for? I already work one job, but this could force me into two," says Chris Toney-el, a second-year student. This could be a new reality for a lot of college students.

In response to rising costs, Brandon Grover, a concurrent student at SLCC says, "I will try to get more scholarships."

According to Utah System of Higher Education, this seems to be the route that a lot of students take, with 57,594 Utah students receiving Pell Grants totaling \$223,390,405 in the 2017-2018 school year.

With more students applying for scholarships and financial aid, there's more competition for these same benefits.

"Competition for scholarships will go up. It will leave students in a scary place and push them away from school," Toney-el predicts.

James Andersen, a returning student studying psychology. He took a break from higher education for the opportunity to work. He is returning after a fouryear break and says that tuition went up significantly from the last time he attended SLCC. "We've got to find a way to figure it out, no bankruptcy burden for the future."

The \$67 tuition increase for SLCC students is not much compared to other purchases, some students say. This would be the price of getting 7.14% of the Ikon Ski Pass, 11 Big Mac meals from McDonald's or the price of one used textbook online.

>>> SLCC Women's Volleyball stands strong and undefeated

Photos by Gina Portugal

The Lady Bruins bested Central Wyoming College, 3-1, on day one of the 2019 Crystal INNvitational on Aug. 29.





Sammi Johnston (7) serves in a 3-1 win against Central Wyoming College.



The undefeated Bruins gather for a team huddle.



Ariane Pola (4) goes for a scoring hit against Central Wyoming College.

Field of democratic presidential candidates narrows

Carly Gooch

Staff Writer

The field of Democratic presidential candidates has been cut in half with only 10 candidates qualifying for the third round of democratic debates.

Per the Democratic National Committee requirements, candidates were required to hit 130,000 donors and reach 2% support in four qualifying national or early state-approved polls. Candidates who have not qualified for the third debate can still qualify for the fourth debate if they hit the above prerequisites in the coming weeks.

ABC News and Univision will host the third debate on Sept. 12. The hosts will aim to avoid the criticism MSNBC and CNN faced during the first and second round debates over what was widely seen as a messy affair. Candidates were forced to keep their answers short, and at times even asked to raise their hands to confirm if they supported certain measures.

"It's hard when candidates are asked to solve climate change and then only given one minute of talk time," says Anjali Valentine, who is finishing up her social work degree at SLCC. "My only worry is that [the lesser-known candidates] will not have adequate time to represent themselves."

Sarah Reale, director of digital marketing and an adjunct political science instructor at SLCC, says she believes the abundance of candidates is a positive thing.

"The diversity of candidates allows for a diversity of ideas and policies, and it can shift the party's platform," Reale says. "I think it's great for our political process."

This is no more apparent than the idea of Medicare-for-all, once seen as radical when Sen. Bernie Sanders first championed it during his 2016 bid but is now a major talking point for Americans and 2020 contenders. While major polls like one from USA TODAY/Suffolk University show former Vice President Joe Biden, Sanders, and Sen. Elizabeth Warren as the 2020 front-runners, some of the newer and more unique ideas in the race so far are from candidates who started with no name recognition.

Entrepreneur Andrew Yang has amassed a large internet following and a dedicated group of grassroots supporters known as the "Yang Gang." He believes a universal basic income will be necessary as automation and artificial intelligence displace more and more workers. Through his platform, Yang has proposed the idea of giving every American \$1,000 a month, no questions asked. He plans to pay for this by taxing the large corporations such as Amazon and Netflix, who will benefit the most from automation but are currently paying zero in taxes, as reported by CBS News.

He also believes gross domestic product (GDP) should not be the only measurement used to view economic progress and has a proposal to add measurements like health, wellness and life expectancy, which have declined over the last three years. (The last time this happened was between 1915-1918 during World War 1 and the flu pandemic, according the Washington Post).

Hawaii Congresswoman Tulsi Gabbard runs on a unique anti-war platform after serving two tours in the Middle East opened her eyes to the atrocities and wastefulness of war. She plans to take on the military-industrial complex, which Gabbard says is more interested in making money from arms and oil deals with other countries rather than employing diplomacy. Specifically, she says our attempts to topple dictators and regimes only make the situations in these countries worse, and the loss of American and civilian life is far from worth the \$45 billionn price tag we are currently spending in Afghanistan, according to reports from the Pentagon. For reference, Forbes reported that the United States spends more on our military than any other nation, three times as much as the next country, China.

Julian Castro, former mayor of San Antonio and secretary of Housing and Urban Development (HUD), wants to make huge changes to the

immigration system, arguing for the decriminalization of border crossing from a federal crime to a civil offense. He also wants to overhaul the criminal justice system with strict and standardized policies on the use of force and creating incentives for state and local prisons to avoid long-term incarceration. The Prison Policy Initiative found that currently, mass incarceration costs taxpayers \$180 billion dollars per year.

The ten candidates who have qualified for the debate are: former vice president Joe Biden, Sen. Bernie Sanders, Sen. Elizabeth Warren, Sen. Kamala Harris, Mayor Pete Buttigieg, entrepreneur Andrew Yang, former HUD secretary Julian Castro, Sen. Cory Booker, former Rep. Beto O'Rourke and Sen. Amy Klobuchar. Billionaire Tom Steyer and Congresswoman Tulsi Gabbard are one and two polls away, respectively, from qualifying.



Congresswoman Tulsi Gabbard is one of the twenty plus candidates running for the Democratic party.



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'Better Days': celebrating women's history in Utah

Sadie Slikker

Staff Writer

The year 2020 marks two major women's rights events. Not only is itthe 100th anniversary of the 19th Amendment, which gave women the right to vote, but it is also the 150th anniversary of Utah being the first place where women cast their votes under an equal suffrage law.

This, alongside other surprising historical facts about prominent Utah women, is something one can find in the Eccles Art gallery exhibit "Utah Women Making History" featuring original illustrations by local artist, Brooke Smart.

The exhibit, which will be at SLCC's South City Campus Eccles Gallery until Sept. 27, is part of the Better Days 2020 initiative, a non-profit organization dedicated to popularizing Utah women's history in creative ways.

Though Utah was recently ranked the worst state in gender equality, according to a study done by WalletHub, the women featured in Smart's gallery paved the way for Suffragists and many women's rights movements across the country in the late 1800s and early 1900s.

The gallery includes women of all races and backgrounds featuring early white settlers alongside women from Utah's Native American tribes and other women of color. The stories that are told through illustrations and small biographies, painting a colorful picture of Utah's rich history that often remains untold.



The Better Days 2020 gallery includes women of diverse races and backgrounds across Utah.



Brooke Smart's "Utah Women Making History" exhibit in the Eccles gallery at the South City Campus.

Smart's illustrations can not only be seen in SLCC's Eccles gallery, but they are soon to be published in a new book, "Champions of Change" by Dr. Naomi Watkins and Katherine Kitterman. The book highlights prominent women in Utah's history and aims to make their names a legacy worth noting.

Better Days 2020 encourages the public to examine Utah's historical women through art and literature. In addition, school programs and curriculums throughout the state will teach children about the women who helped found and form Utah. Through this examination of the past, Better Days organizers hope, a brighter future for Utah's women and its residents is on the horizon.

Stress management for students is imperative

Courtney Knight

Contributing Writer

From finals to full-time jobs, stress for students is inevitable. However, there are many ways for students at Salt Lake Community College (SLCC) to manage that stress.

"Stress is a normal part of everyday life," says Jessica Pettersson, health promotion manager at SLCC. "It is important to take time for yourself and practice self-care while also getting your work done throughout the semester."

SLCC offers counseling services for students at the Center for Health and Counseling on the Jordan, South City and Taylorsville Redwood campuses. Each counseling session costs \$15, and appointments can be set up through the SLCC website at slcc.edu/chc or by calling 801-957-4268.

"[SLCC] has mental health counselors and a psychiatric nurse practitioner who are available to talk with students about anything," says Pettersson.

Connecting with the earth is another way that students can de-stress.

Horticultural therapy is a practice that uses interacting with plants and gardening as a means to improve both physical and mental health.

SLCC has opportunities for students who would like to get involved with the gardening community on campus. There are garden plots available for rent at the Taylorsville Redwood, South City and Jordan campuses. Students can either rent a plot as an individual or as a group. Either way, students will be able to reap the mental health benefits from gardening.

Students who are interested in getting involved with the gardening community here at SLCC can sign up at slccgardens.com.

Max Corwin, an AmeriCorps VISTA member who oversees the gardens says, "I'd like to say there are as many plots available as [there are] people who would like to sign up."

Massage therapy is also a common way for students to relieve some stress. SLCC offers massage therapy at both the Taylorsville Redwood and South City campuses during the fall, spring and summer semesters.

"Our licensed massage therapists help students improve their physical well-being," says Pettersson. "Massages help lower overall stress for students to have a more successful semester."

A one-hour massage for SLCC student costs \$30. Students can schedule a massage through SLCC's website at slcc.edu/chc.

Physical activity has also been proven to relieve stress

The Lifetime Activities Center (LAC) is located on the Taylorsville Redwood Campus. includes a gym and is free for all students, faculty and staff. The LAC hosts fitness classes and extramural sports. More information on the Lifetime Activities Center can be found at slcc.edu/ recreation/index.aspx.



SLCC's Center for Health and Counseling offers several tips and ways for students to manage stress.









