

THE GLOBE



STUDENT VOICES AND VIEWS FOR THE SLCC COMMUNITY

Award Winning Story

The inspiration for Oscar winning film speaks at SLCC, Pg. 9

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Staying Safe

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What's Hip, Hot, and Happenin' on Campus

ALL WEEK

Reminiscence Display

When: All Day
Where: South City Campus, East Foyer

Beloved Community Photography Exhibit

When: All Day
Where: South City Campus, Eccles Art Gallery

COMM 1010 Road Home Donation Drive

When: All Day
Where: TR Campus, Donation Bins

THURSDAY 7th

Low Cost No Cost Textbook Event

When: 11 am - 1 pm
Where: TR Campus, Student Center, Oak Room

Notice of Proposed Tuition Increase 2019 hearing

When: 11 am - 12 pm
Where: TR Campus, Student Event Center

Global Connections - Student Leadership Club

When: 11 am - 12 pm
Where: TR Campus, STC 236

Black Student Union Meeting

When: 12 - 1 pm
Where: TR Campus, Student Center, Room 121

International Women's Day Celebration Tea

When: 3 - 4:30 pm
Where: TR Campus, Student Center, Oak Room

Improv Club

When: 4 - 5 pm
Where: TR Campus, Student Center, Oak Room

Mardi Gras

When: 8 - 11 pm
Where: TR Campus, Student Center

FRIDAY 8th

Bruin Robotics Club

When: 8:30 - 10 am
Where: TR Campus, Dumke Science Building, Room 101a

Steminist Panel

When: 11 am - 12 pm
Where: TR Campus, Dumke Science Building

Lucha Meetings

When: 1 - 2 pm
Where: TR Campus, Student Senate Chambers

SLCC Baseball v. CSI (DH)

When: 1 pm
Where: JOR Campus, Cate Field

SUNDAY 10th

Daylight Savings Time starts

When: All Day
Where: Everywhere

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>> For more information on these events, please visit www.globeslcc.com/calendar <<

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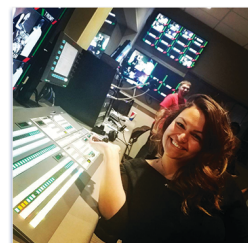


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Help is nothing to be anxious of

Nina Yu

Opinion Writer @ninineens

It can be hard to admit we're suffering because of our mental health sometimes. Much like Hayden O'Shea and Eric Jensen mentioned in previous weeks, mental health is something that is rarely addressed. This is my experience on how I dealt with my mental health difficulties.

It was apparent I was a shy child growing up. I kept to myself and never spoke unless prompted to. I never took the initiative in any situation, and my friends were always leading me around. One would only know the extent of my situation if they heard about the time I kept my eyes closed at a two-hour party because I was too afraid to look at people.

I was just "shy", and that was it. I always heard, "She'll grow out it," or "it's just a phase," from other peoples' mouths. I wanted to believe them; I didn't want to live this way either.

At the start of every school year I tried to reinvent myself. There was a constant back and forth bickering in my mind. Maybe I could be more outgoing this year. Maybe I'll finally be able to present something in front of the class without feeling sick to my stomach.

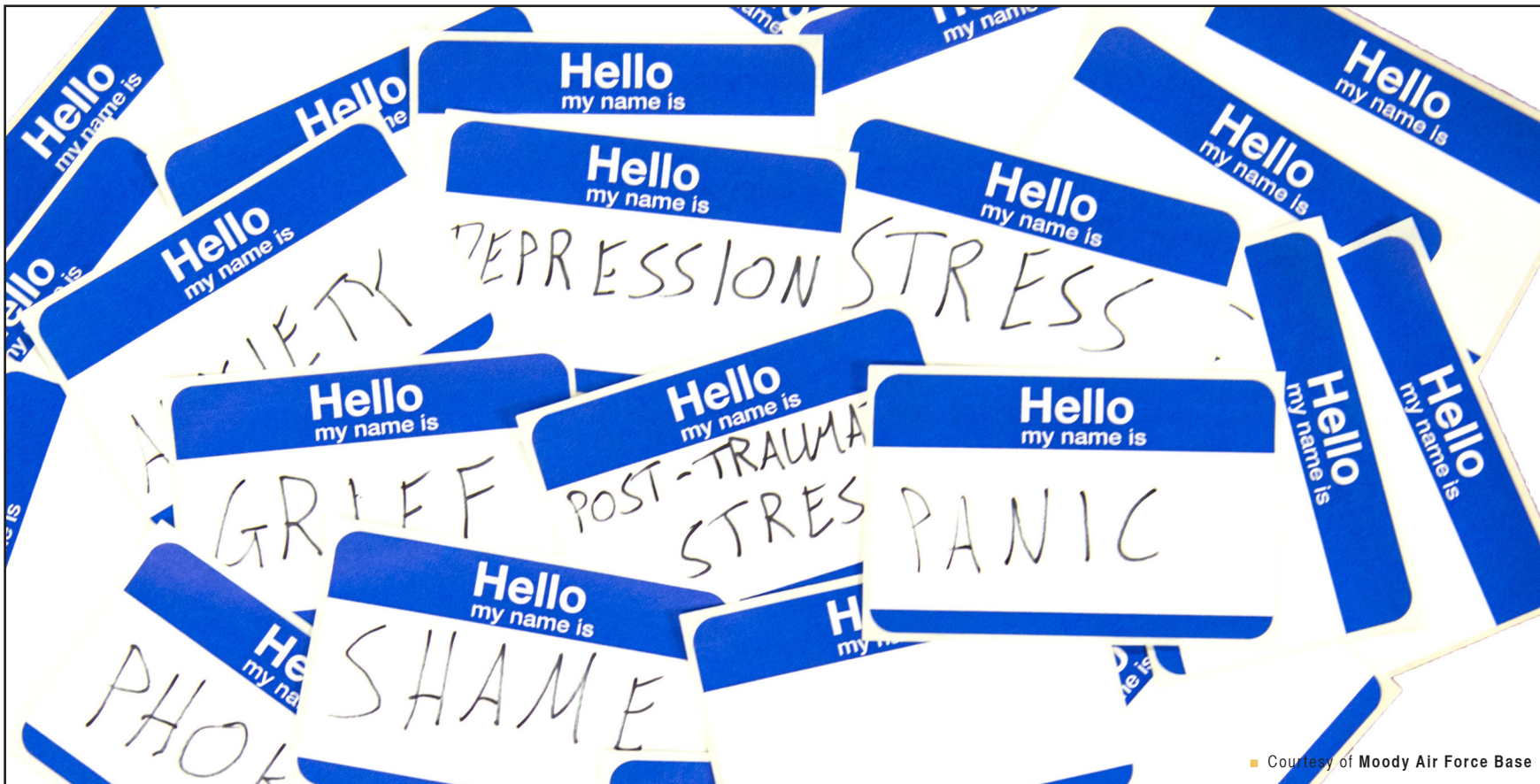
Isn't it funny that throughout all the warning signs in my life, I never thought of getting help?

That was it: I didn't want to admit I needed help, it would make me look weak. I passed off anxiety attacks as normal occurrences. I forced myself to smile when going head-on into social situations.

My mental health got out-of-control in my freshmen year of college. I stepped out of my comfort zone and went to see a therapist. I was diagnosed with social anxiety disorder. My initial thoughts were feelings of doom but have now evolved into peace with myself and my mind.

I was given ways to handle myself in situations that gave me the most stress. Step by step, it has slowly helped me in the past three years. While I no longer see a therapist, I still take what I have learned there into my daily life.

Don't be afraid to come to terms with the state of your mental health. It's important to know what's going on with yourself before tackling other obstacles. Realizing you need help is the first step. Salt Lake Community College has the Center of Health and Counseling and many other resources at slcc.edu/chc for students that are seeking help.



Courtesy of Moody Air Force Base

Realizing that you need help is the first step in coming to terms with your state of mental health.

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Spring breakers should take **caution** when traveling

Ali Brown

Contributing Writer

Across the country, students are preparing for their spring break. Every year, between the last week of February and the first week of April, college students often migrate south to enjoy a week off from classes in warmer weather.

Last year alone, an estimated 53 percent of student's planned to travel over their school's recess, according to a study by TripAdvisor, Viator and Offers.com. For Salt Lake Community College Students, break begins March 18 and lasts until March 22.

Cody Stevenson, a full time SLCC student and business major, plans to visit Cancun during his time off and says the crowds don't faze him. He and his family have been visiting this popular spring break destination in Mexico at this time of year for a long time. Due to a travel advisory released in November of last year by the U.S. Department of State and Bureau of Consular Affairs, however, he and his family will be taking extra precautions during this year's visit.

"We've been to Mexico a lot, but are still going to need to be careful to not leave our resort at night and stay away from certain areas," Stevenson says.

The advisory urges travelers to practice increased caution while visiting Mexico, due to recent crime and violence. In addition, the Center for Disease Control and Prevention, warns travelers of health risks, like the Zika virus, that still pose a concern in areas of Mexico, Central and South America, Pacific Islands and the Caribbean.

"Spring break is about having fun, but people need to plan ahead and be aware of their surroundings," Stevenson says.

Coastal cities throughout the United States are also ramping up for the boom in travel that this time of year brings. While many are looking forward to the economic boost brought on by the high amounts of spending by vacationers, others are cracking down. Police Departments in Miami and along Alabama's Gulf Coast issued letters to hundreds of universities earlier this year reminding students that unlawful and rowdy behavior will not be tolerated. This is after incidents of violence, sexual assault, and an increase in drug and alcohol related arrests that occurred over spring break in recent years. A study conducted by the National Institute on Alcohol Abuse and Alcoholism, found that 11 percent of students drink to the point of blacking out during spring break, and 32 percent report drinking to the point of hangover. Fatal traffic accidents also go up by more than 9 percent during this time, and even more among drivers visiting other states, according to a study published by the Economic Inquiry.

Mallory Bell, a full time SLCC student and communication major, says she's opting out of traveling over spring break this year.

"My husband and I plan on traveling at the end of the semester to avoid the crowds," she says.

Many of the popular tourist destinations she's visited in the past have been crowded and overpriced during spring break. This year, she says she plans to instead catch up on schoolwork, ski with family, and rest.



Courtesy of Pixabay

Students planning to travel for Spring Break should take precautions about where and how they vacation.



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Student Profile: Starting fires in the dark

Austin Brewer

Staff Writer @austinkbrewer2

Upheaval, destruction and pain aren’t simple and they don’t have simple solutions either. Encountering one of these forces in a person’s life would be enough to change them indefinitely.

Almost everyone can tell a story about a time they faced one of these formidable powers. Luckily for them, it is only a story. For one Salt Lake Community College student, that isn’t the case. Ali S. Aedan, a media studies and journalism major, stared upheaval, destruction and pain in the eye for more than a decade.

Before emigrating to the United States, Aedan was a successful director for Baghdad TV, continuing his work for the station through the US military invasion of Iraq in 2003.

“After 2003, Iraq totally changed, it didn’t feel like my country anymore,” says Aedan.

Aedan says the tipping point for Iraq was in 2005, when militias across the country had formed and different sects of the Iraqi population were increasingly polarized and hostile toward each other. Aedan and his family were from the same city as Saddam Hussein but had no personal connections to the former president.

“Suddenly, if you were moderately related to the city, you were being attacked for seemingly no reason,” he says.

During this time Aedan was living in Baghdad, working to give people without a voice an opportunity to speak up. Aedan’s passion kept him going.

“We were doing something meaningful,” he says. “Journalism was more than a job to me.”

Aedan’s choice of career was not popular with certain groups, particularly the violent Al Qaeda. After reporting on the actions of their group, Al Qaeda began targeting Aedan. But it wasn’t uncommon for hostile groups like Al Qaeda to target journalists.

“In 2005, every month, I would delete a number from my phone because that person had been taken or killed,” says Aedan.

Eventually, Al Qaeda learned Aedan’s identity and started to target his family. One evening Aedan was invited to dinner with his sister but decided to stay at the station. Had he gone home that night, Aedan says he wouldn’t be here today.

“They attacked our house and took my brother-in-law,” says Aedan. “They tried to kill him, but realized it wasn’t me.”

After accidentally escaping a likely death, Al Qaeda attacked his station a month later.

“We had security outside of the station,” he says.

A Humvee pulled up to his station. From the truck Al Qaeda terrorists spilled out, opening fire on the guards, killing three. Once the fire fight subsided, and Al Qaeda ran off, the Humvee exploded. It had been rigged with explosives, employing a “trojan horse” tactic.

The subsequent explosion killed three of his coworkers, one of which was sitting next to Aedan. A cement wall collapsed and crushed him to death. And the damage didn’t end there. The terrorists also killed six people at the station and destroyed all the equipment. Al Qaeda had effectively eviscerated the station’s entire operation.

Aedan had become accustomed to this lifestyle.

“When we would go out into the field, we would need to jump over corpses,” says Aedan. “If you tried to move the bodies, they would explode.”

After the attack, Aedan retreated to his family home in Northern Iraq, where he stayed until Baghdad TV contacted him. They recruited 15 people from the original station to start operations again, but in another country. Aedan jumped at the chance to be involved and moved to Jordan almost immediately.

Jordan was the first time that Aedan found stability since college. He met his wife and had his two kids while he lived there, while working for the revitalized Baghdad TV. He remained in Jordan for six years until he was given a chance through the United Nations to relocate to the U.S.

Aedan and his family started planning their move, and in 2012 they were approved for visas. They landed in Salt Lake City, and with the help of community centers and friends they found themselves a permanent home.

Aedan recently returned to SLCC after having an off-and-on relationship with school since 2014. Last semester he tackled five classes while working full time for Edward Life Science as a medical device assembler.



Ali Aedan working on his final project for his college degree in 2000.

“I haven’t had someone in my entire career that is so devoted to learning and taking every opportunity given to him,” says Matt Merkel, assistant professor and a self-proclaimed “jack of all trades” for the communications department, and one of Aedan’s professors.

This praise doesn’t come lightly as Merkel has taught at SLCC for almost 10 years, seeing thousands of students come and go from his classroom.

“That man has an amazing heart,” says Merkel. “It’s not just a passion, but a real sensitivity to humanity that can only be forged from living through some amazing things.”

Aedan manages to excel at SLCC while maintaining a full-time job and providing for his wife and two children at home. He claims that SLCC was the perfect fit for him.

“What I needed is here, it’s more hands on and I wanted to be with the times,” he says.

Having become a legal citizen in 2018, Aedan is still shocked by the community in Utah.

“I really feel more part of the community here than I did there [in Iraq],” says Aedan. “Now I teach my children that this is their country, it’s where we belong.”

Do you, or someone you know, have an interesting story of someone who attends classes at SLCC? We’d love to hear about it. Contact us on twitter @TheGlobeSLCC, Instagram @SLCCSMC, Facebook/slccsmc, or email us globe@slcc.edu to let us know about these amazing students. You can also message me directly at abrewer19@bruinmail.slcc.edu, I look forward to seeing your submissions!



Aedan prepares to direct a broadcast for Baghdad TV.



Ali Aedan on a set of TV Baghdad sometime before the events in 2003.

How to **prepare** for the 'big one'

Brian Preece

Contributing Writer

With more than 100 recent tremors shaking the Salt Lake Valley in less than a month, many Utahns have been left with a feeling of unease. Chatter about the "big one" have followed the swarm of quakes, with Utah residents thinking even more about how they can prepare themselves for potential disaster.

But, often, planning for an emergency is a lower priority, despite the fears surrounding the potential impact of a natural disaster. Those living along the Wasatch Front are typically aware they live in an area fraught with potential seismic activity. Be Ready Utah encourages proactive preparations, giving all Utahns the best chance at survival.

"It's scary," says Victoira Graham, longtime Utah resident said. "I have dreams about a big earthquake happening, and I don't know what I would do. The frequency of these quakes has me worried."

Be Ready Utah encourages all Utah families to create a disaster preparedness plan. "Families having a disaster plan in place is a must," says Wade Matthews, manager of the Utah Department of Public Safety's Be Ready Utah program.

An effective disaster preparedness plan should cover home preparations to decrease risk, how to be safe during an earthquake, how to respond after an earthquake, along with how to communicate and recover afterward. Matthews also recommends practicing your emergency plans by participating in the Great Utah ShakeOut, happening April 18.

Each person in the home, including pets, should have a 72-hour disaster preparedness kit. These should include medications, medical information, first-aid supplies, hygiene supplies, personal identification and emergency contact numbers, high calorie snack foods, and a flashlight.

Be Ready Utah recommends having these kits somewhere easily accessible, such as in a bag tied to your bedpost. Each home should also have a household disaster kit that would include food and water, battery operated radio, pet food and restraints, and copies of vital documents. Complete lists available at utah.gov/beready/family/get-a-kit.html

During the quake, Be Ready advises to STOP, DROP, and HOLD-ON until the shaking stops. Identify pieces of furniture in the home to hide under for protection. Covering the head, neck and torso is the most important step. And forget that myth about standing in a doorway-they are no stronger than any other part of your home.

After the shaking has stopped, be patient and wait until the environment is safe. Aftershocks are common, and falling debris often causes injuries to the survivors of earthquakes. Aftershocks can occur minutes, days, weeks, or even months after the primary earthquake. Listen to emergency personnel and follow directions toward safe buildings and staging areas.

Additional information concerning earthquake preparedness, including complete emergency kit lists, or the Great Utah ShakeOut can be found at redcross.org or utah.gov/beready/earthquakePreparedness.

TRUTH IN TUITION

ANNUAL TUITION REVIEW AND FORECAST FOR 2019-2020

THURSDAY, MARCH 7
11:00-12:00 PM

STUDENT EVENT CENTER
TAYLORSVILLE REDWOOD CAMPUS

Did you know that tuition at the public colleges and universities in Utah is divided into two categories: first-tier and second-tier? First-tier tuition is determined by the State Board of Regents and affects all USHE institutions. Second-tier tuition is determined by individual institutions and used to address institutional specific needs.

It is anticipated that the State Board of Regents' proposed 2019-20 first-tier tuition increase might range from 0% to 5%. Salt Lake Community College is proposing a 0% to 3% second-tier tuition increase. Together, the proposed tuition increases for next year could range from \$0 to \$116 per semester for a full-time resident undergraduate student.

Please plan to attend this presentation and learn more about the proposed tuition increase.

We hope you take the time to participate! You will learn more about the budgetary process, what impacts the decision making process and will have an opportunity to ask questions.

**INTERACTIVE VIEWING AVAILABLE
AT THE FOLLOWING LOCATIONS:**

South City-Multipurpose Room • Jordan-HTC Lobby
Live Streaming at: www.facebook.com/SLCCStudentAssociation

The **inspiration** behind 'BlacKkKlansman' speaks at SLCC

Camila Filippi

Contributing Writer

Ron Stallworth, who was an undercover officer who infiltrated the Klu Klux Klan in the 1970s, made a triumphant return to Salt Lake Community College with the true story behind Spike Lee's Academy Award winning film "BlacKkKlansman."

The Student Life and Leadership's Central Region Board, along with the Black Student Union, hosted the former officer of Utah Public Safety and instructor at SLCC with his wife, Patsy, for the Feb. 26 event held at the Grand Theatre.

Students and campus leaders spent the day with the Stallworths prior to the evening public event. Though Stallworth showed the audience his KKK membership card – signed by David Duke – from stage, students involved in the event were able to hold the card and read the fine print on the back.

Brittany VanValkenburg, part of Student Life and Leadership, was grateful that Mr. Stallworth could make time out in his schedule to speak to us.

From stage, Stallworth emphasized that terms meant to belittle black men all had the same intention.

"If you call me a boy it is a polite way of calling me a nigger," he said, unapologetically. "It is demeaning and disgusting."

Many were stunned with his bluntness and the explicit language he used, especially around the N word. But that, he said, is necessary to move forward.

Later on in his speech, Stallworth likens Duke, the Grand Wizard of the KKK, to President Donald Trump.

"David Duke likes to be fawned over like Donald Trump," he said.

Saiman Sadiq a health science major and pre medical student, says he didn't agree with everything Stallworth said.

"It was rude when he called out Donald Trump and accused him to being part of the KKK." Saiman says, "But he does have more experience with the Klu Klux Klan and can target certain behaviors."

Ron Stallworth was an instructor at SLCC for many years and taught at the Miller Campus. He also established the Metro Gang Unit in Salt Lake City after he left Colorado Springs. The Metro Gang Unit is still in full effect today.



Members of the Black Student Union with Stallworth.

Students, faculty, staff and the public nearly filled the Grand Theatre to see Stallworth, who had been in Los Angeles for the Academy Awards just two nights before. He stood on stage aside "BlacKkKlansman" director Spike Lee, as he accepted the Oscar for Best Adapted Screenplay.

As Spike Lee accepted his award, he proudly said, "The word today is 'irony.' The date, the 24th. The month, February, which also happens to be the shortest month of the year, which also happens to be Black History month. The year, 2019. The year, 1619. History. Her story. 1619. 2019. 400 years." According to Amy B. Wang, from the *Washington Post*.

Members of the Student Life and Leadership, Black Student Union and other sponsors joined Stallworth on stage at the end of his speech to present him with the Revolutionary Lifetime Achievement Award.

Shari-Fa Harrigan, President of the Black Student Union, explains the award represents his actions and contributions to the Black Community for Civil Rights and Social Justice.

Then, in a homage to the slogan on the Black Panthers, Stallworth invited the crowd to stand up, raise their right hand and shout, "All power to the people."



Ron Stallworth while speaking at SLCC.

A community shown through photographs

Hannah Clemens

Staff Writer [@hannahclemens6](#)

From now until Friday March 15 Salt Lake Community College is showcasing the artwork of local sixth graders from Whittier Elementary School and Glendale Middle School in the George S. & Dolores Dore Eccles Art Gallery at the South City Campus.

For the project, the kids were asked to take photographs that would serve as a representation of the connection they feel to their own communities. Members of the faculty at SLCC provided the kids at these schools with both the equipment used to take the photographs and the instruction they required to operate the equipment.

The Beloved Community Photography Project is a program inspired by Martin Luther King, Jr. and is participated in by elementary, junior high and high school students nationwide.

The purpose behind the exhibit is to showcase the connection between students and their communities, while paying homage to Dr. King's vision of inclusiveness and community driven ideals.

The King Center (the world's largest storehouse for resources and source material pertaining to Martin Luther King, Jr. and the civil rights movement) describes beloved community as being a "global vision in which all people can share in the wealth of the Earth. In the beloved Community, poverty, hunger and homelessness will not be tolerated because international standards of human decency will not allow it."

The photographs currently on display at SLCC keep with this theme, and any potential visitors to the gallery can expect to come across works such as one piece submitted by a student from Glendale Middle School entitled 'Life In The City.'

The photograph appears to have been taken near the Natural History Museum of Utah and captures the skyline at sunset. The caption reads "My vision of a beloved community is peace and life and this is how life works in the state of Utah and I learned that peace is not that hard to find and that the pictures for me, they are relaxing."



The exhibit runs now until March 15 at the George S. & Dolores Dore Eccles Art Gallery.



Students were encouraged to take photographs that showcased their personal connections to their communities.

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