

THE GLOBE



STUDENT VOICES AND VIEWS FOR THE SLCC COMMUNITY

Shutdown

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24 Hour Theater

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What's Hip, Hot, and Happenin' on Campus

ALL WEEK

SLCC Photo & Fine Art Alumni Exhibition

When: All Day
Where: South City Campus, George S. & Dolores Doré Eccles Gallery

SLCC Student Art Showcase Poster Design Contest

When: All Day
Where: South City Campus, Room 2-177, The Green Room

Spring Registration Open

When: All Day
Where: All Campuses

Legislative Preview with VP Tim Sheehan

When: 12 pm - 1 pm
Where: South City Campus, Multipurpose Room

Resume and Cover Letters Workshop

When: 6 pm - 8 pm
Where: CWC, 210 East 400 South #8

MLK Event Featuring W. Kamau Bell

When: 7 pm - 8:30 pm
Where: South City Campus, Grande Theatre

SATURDAY 19th

Real Women Run Training

When: 8 am - 9 am
Where: Miller Campus

FIRST Lego League in Orbit

When: 8 am - 8:30 am
Where: TR Campus, SI Building

MONDAY 21st

Martin Luther King Jr. Day- No Classes, SLCC Closed

When: All Day
Where: All Campuses

FRIDAY 18th

Drop in Writing Community

When: 1 pm - 2 pm
Where: TR Campus, Room TB 225B

Real Women Run Celebrating the Political Kaleidoscope

When: 5:30 pm - 6:30 pm
Where: YMCA Utah

SLCC Photo & Fine Art Alumni Reception & Gallery Talk

When: 6 pm - 8 pm
Where: South City Campus, Eccles Art Gallery

TUESDAY 22nd

Fashioning Our Enviroment

When: All Day
Where: TR Campus, Markosian Library Main Floor

Community Engagement Fair

When: 5 pm - 7 pm
Where: West Valley Center, Main Lobby

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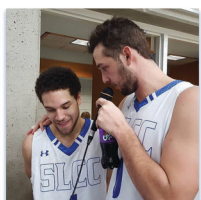
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>> For more information on these events, please visit www.globeslcc.com/calendar <<

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Center for Health & Counseling; here for the **little and big**

Austin Brewer

Staff Writer

Flu season is coming to a close after Salt Lake County saw 997 hospitalizations last year due to the illness. Salt Lake Community College's Center for Health and Counseling is reminding students that they offer free flu shots and hope that students take advantage of them. Although the time to get a flu shot has mostly passed, the center still encourages students to come down to their office.

"We are a one stop shop for comprehensive medical care," explains Jessica Pettersson, the center's health and education manager.

Pettersson has been with the center for a little over a year now and wants to see more student use from their clinic.

"If you're not feeling well, or need to figure some stuff out, we can help with that," says Pettersson.

With a licensed nurse practitioner on staff, as well as a trained psychiatric nurse practitioner, the center is prepared to help in any way possible. They offer services ranging from a regular check-up, lab work and testing, to counseling sessions and medication management.

Their on-site nurse practitioner, Terri Mehlhoff spends much of her time treating students and reassuring them that they are healthy.

"You know they [students] are mostly healthy," says Mehlhoff. "They do really want information about health."

The most common thing Mehlhoff has seen with students is an inability to treat the common cold.

"Sometimes students will come in, and they are in a panic, they've had a sore throat since this morning," Mehlhoff says. "They desperately believe they need an antibiotic and want relief immediately, but often, it's viral which could take two weeks to recover."

Mehlhoff explains that the best remedy for a cold, or upper respiratory infection, is fluids and rest. Students should avoid going for Nyquil or Dayquil as soon as they feel sick, says Mehlhoff, and reach for a bottle of Zinc and Vitamin C instead. She explains that vitamins and fluids will help a student's immune system recover faster. Getting over a common cold isn't the only thing the Center for Health and Counseling can do for students.

"These are great services by professionals that really care and have such a large amount of knowledge to be able to share," says Pettersson. On top of medical care Pettersson says the center wants to help students focus on their own mental health journey. With a push to get more students into the center, Pettersson emphasizes that the center is a low-cost way to get treatment when you need it.

"We don't bill insurance and you don't need insurance, we aren't here to take students money. It's a flat rate. Any additional services like labs and additional testing will be discounted," says Pettersson.

The center offers any medical office visits or counseling appointments for only \$15.00. They also have a team of professional masseurs that you can book for \$30.00.

"Massage is seen as a luxury item, but we focus on the medical side of it," Pettersson says. "How it improves your mental health and physical health." To engage students the center has also started offering "Wellness Wednesdays", at the Taylorsville Campus in the AAB building. With an emphasis on health education and wellness, they hope to make more students aware that the center is available when they need it.

"Honestly, all of our services are underutilized. I meet students every day that say, 'Oh, I have been here for two years and didn't even know you guys exist'," adds Pettersson.

There are three Centers for Health and Counseling spread across SLCC at Taylorsville, South City and Jordan campuses. Making an appointment is simple, just give them a call at (801) 957-4268.

Pettersson says that the Center is for "the little and the big things". They are ready to listen and help whenever they can.

■ Courtesy of freestockphoto.biz



The Health and Counseling offers services ranging from flu shots, regular check-ups, lab work, testing, and counseling sessions.

Federal shutdown **cripples** SLCC Students

Noah Lewis

Staff Writer

With over 800,000 federal employees missing their first paychecks of 2019, the government shutdown has had substantial impact on some Salt Lake Community College students. Though the Department of Education has established its budget for Fiscal Year 2019, the effects of the shutdown on working students don't end at federal grants or work-study.

Some SLCC faculty have had emotional reactions to how the shutdown has affected federally employed students.

"Though the Department of Education budget is intact, that's of little concern to those who have government jobs and struggle to support their families, let alone pay tuition," says Whitney Harris, Director of SLCC's dance program.

Harris, also a Fine Arts assistant professor, mentions that the effects of the shutdown have even entered her classroom, where students directly affected have openly aired grievances.

Echoing Harris' sentiments, Lindsay Granger, a career advisor at SLCC says that in Utah, where poverty is a pervasive matter, unprocessed paychecks can mean shifting priorities.

"In a state where food insecurity is already an issue, without pay, many affected students aren't even thinking about tuition," says Granger.

Granger notes that companies aren't interested in training prospective employees who may leave within weeks, making it extremely difficult for federally employed workers to find temporary work at this time. To oppose this, says Granger, SLCC's career services has a job board with work conducive to the nature of "unemployment-by-shutdown".

"We understand that finding temporary work can be difficult, so we've posted jobs that fit the needs of this situation," says Granger.

For more information on career/employment services at SLCC go to slcc.edu/careerservices or visit a career services office at any campus.

Halting the operation of everything from Homeland Security to the Department of Housing, the current shutdown of the federal government is the longest in United States history. While a shutdown can have significant impact on various departments and services, the duration of this shutdown has had a lasting effect on Utah's national parks.

"The parks are left with little or no means of sanitation services like restrooms, trash collection, or other custodial services," says Lyman Hafen, executive director of the Zion Forever Project, Zion National Park's official non-profit organization.

Despite funding shortages, a few willing park staff, volunteers, non-profits, and local government stepped in to maintain basic operation of some Utah parks for several weeks following the shutdown. Zion National Park, particularly, has found immense local support.

In a statement released by Zion Forever and Washington County, the state of Utah, the city of St. George, as well as Zion Forever and Washington County, were able to maintain operation of Zion since the beginning of the shutdown, December 22, until January 12, 2019.

According to the same statement, due to the length of the shutdown, local funding mandates won't exceed January 12. However, while local support can no longer afford basic operation of the park, Washington County and Zion Forever will continue to operate Zion's most popular trail, Zion Narrows. The Government shut down has had a massive effect on Utah and students here at SLCC and for now there seems to be no end in sight.



Like most Americans, SLCC students want this shutdown to end.

A Transfer Nightmare

Ana Luiza Ramos

Opinion Writer


Many students find that transferring credits to another school can be a hassle. It is time consuming, stressful, and often, frustrating.

Things are always harder for immigrants, or so it seems. The art of transferring credits, which is already hard for most students, turns nearly impossible for people in my position.

As a student fresh out of high school, I had grand expectations of starting a new stage of my life at the University of Utah. I applied early as a resident (because I had lived in Utah for more than four years, and I guessed that made me a resident) and sat patiently, hoping for that letter everyone gets anxiety waiting for.

My letter never arrived.

Application Status Information Photo by Ana Luiza Ramos

Application Term: Fall 2019 | **Status:** Complete/Received 

Item	Status
Admissions Application	Completed
Admissions Application Fee	Completed
Transcripts - SALT LAKE COMMUNITY COLLEGE	Completed
Transcripts - BINGHAM HIGH SCHOOL	Completed
Transcripts - WEBER STATE UNIVERSITY	Completed
English Proficiency	Completed

Students have to go through a number of steps until transfer is completed and ready for evaluation.

Two months after, when everyone else had posted their admission letters on social media, I started wondering what I had done wrong and I checked my application status. All I'll say is I gave up and changed my plans, never finishing my application, and attending Salt Lake Community College instead.

Though unplanned, coming to SLCC was an amazing decision. I saved money, grew wiser, and built up courage to try transferring to the U for Fall 2019.

This time, I didn't give up. I kept track of my application like a hawk, looking at my checklist every day and wondering what would come next.

I found out all the reasons why it was so hard to apply there in the first place, thanks to my diligence.

In Utah, there is a piece of legislation that no one warns people about. I only found this extremely important information because I called the Admissions Office and had them tell me about it.

For all my "international" colleagues, know this: If you are an immigrant that has had your Green Card for less than 5 years, you must apply as an international student, go through the international student criteria for admission, and suffer all the while.

I have earned the right to use the word "suffer". So far, I have called the University of Utah Admissions Office three times.

First, I called because they needed a photocopy of my Green Card. During the phone call I found out I was an International Transfer Student. I asked what else they needed from me, and they said nothing. As I ended the call, a new required action popped up on my screen: an English proficiency test.

If you are reading this article, you must know by now that the writer, hopefully, is capable of writing in English. Let me make it clear that I graduated American middle and high schools, and on my high school diploma, I received an honorable mention in English. All these achievements were clearly stated on my application and on my transcripts.

I called again. Although I was angry, I was treated with the utmost respect by the person that spoke to me on the phone. After explaining my position, I was told that for my application to be evaluated, I had to take an English proficiency test (a paid test, mind you), or wait until I passed my English 2010 class with a C or higher. Even though I tested out of English 1010, those were the rules.

After solving that conflict, I waited two weeks before calling again. The issue? My transcripts, though sent two weeks prior, were not showing up on my checklist.

Here is another issue that immigrants often face, especially Brazilians like me: our names. I have two first names, and two last names; no middle name. However, not all schools saw it that way. Right away we discovered the problem; the computer didn't know Ana L. Ramos and Ana Luiza Figueiredo Ramos and Ana Luiza F. Ramos were all the same person.

Wondering how things have turned out? I can't say yet. As of January 11, 2019, the application says complete and ready to be reviewed. I have no idea how long it'll look that way, or if it'll change again. Maybe tomorrow, something else will pop up. This time, I will not be intimidated by a little red square with an X.

When and if you try to transfer, remember this story. Things might go wrong, but they will never go as wrong as this. The key to success is to pay attention and keep on top of everything; the interest is yours to go to that school, not the other way around.

I hope I have warned some undergraduates, and I hope my mistakes are not repeated by others who simply didn't know all the rules of the game.

To all the students looking to transfer this year, may the odds be ever in your favor and may the force be with you.

24 hours of theater **rock** the Black Box

Hannah Clemens

Staff Writer

The Salt Lake Community College Drama Club performed five separate productions as part of the 24-Hour Theatre & Arts Festival on Saturday, January 12 in the black box theatre.

All five productions performed were created in a span of 24 hours and each featured a different director as well as different cast members.

Each group was given a unique challenge to incorporate into their stories as well as a prop to be used within their context.

The fashion department was also involved in costume design. The costumes were provided to the actors as individual paintings, and the actors were instructed to use one item of clothing influenced by the paintings given to them.

SLCC alumnus Taylor Brown participated in the festival as a 'wanderer' in the production "Goodbye. Tucson. Goodbye."

"About two months ago, Zac Curtis, associate professor of theater and the artistic director of the production team, sent out messages to a couple of alumni from the theatre department and asked if they'd like to come out and be a part of the performance," says Brown. "We were told to show up at 7:00 p.m. the night of the performance, given the script and our queue lines to memorize, then we were to go out and perform it with actors and directors we had never met, with no direction or anything told to us, and then just see how the actors reacted to it."

The production "The Earlier Than Breakfast Club" was a modern take on the classic film from the 1980's. It revolved around several teenagers from notably different backgrounds brought together in a detention center to discuss the details of their transgressions at school. The modern twist was a commentary on the school shooting epidemic in America, ending with all but one of the characters being slain by an unnamed and unseen gunman.

"We had so much freedom, we were told to go out and take it as we would and then it's up to the actors to figure it out," says Brown. "I don't know what their process was on how to figure that out, because as an actor myself, you know, I don't know how I'd react to that."

■ Courtesy of The Black Box Theatre



SLCC
BLACK BOX
THEATRE



FLASH 24 THEATRE & ARTS FESTIVAL

AUDITIONS – JAN 11, 2019
8 p.m.

PERFORMANCE – JAN 12, 2019
8 p.m.

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Five separate productions were put on by the Salt Lake Community College Drama Club, all created in each in 24 hours. Each performed with a new director and cast members while incorporating unique props and challenges.

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