THE GLOBES

STUDENT VOICES AND VIEWS FOR THE SLCC COMMUNITY

Finals Week

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Amigos Mentores 4th annual meeting, Pg. 4

The Globe

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What's Hip, Hot, and Happenin' on Campus

ALL WEEK

'Sky Dazzlers' Gallery **Exhibition**

When: All Day

Where: South City Campus, George S. &

Dolores Doré Eccles Gallery **INK- Alumni Art & Design**

Group Show

When: All Day Where: SLCC South City Campus, Edna

Runswick Taylor Foyer

Spring Registration Open

When: All Day Where: All Campuses

WEDNESDAY



College Survival Group!

When: 1 pm - 2 pm

Where: TR Campus, Student Center,

Gold Room

Culture, Cookies, & Cocoa

When: 2 pm - 3 pm

Where: South City Campus, Near SCM-

THURSDAY



Last Day of Classes

When: All Day Where: All Campuses

Global Connections- Student

Leadership Club

When: 11 am - 12 pm Where: TR Campus, STC 236 SLCC Men's Basketball v.

Rexburg United When: 6 pm - 8 pm

Where: TR Campus, Bruin Arena

Student Speaker Showcase

When: 6:30 pm - 8 pm Where: TR Campus, TB 104

SLCC Choir Christmas Concert

When: 7:30 pm - 8:30 pm

Where: First United Methodist Church,

203 S 200 E

FRIDAY

Reading Day

Where: All Campuses

When: All Day

SLCC's Long Day Against Procrastination

When: 9 am - 6 pm

Where: TR Campus, Student Writing

SLCC School of Business Jam Session

When: 5 pm - 10 pm

Where: TR Campus, Business Building

SLCC Taylorsville Symphony Orchestra

When: 7:30 pm - 8:30 pm

Where: Bennion Junior High School

Drop in Writing Community

When: 1 pm - 2 pm

Where: TR Campus, TB 225B

MONDAY



Finals Week

When: Dec 10th - 13th Where: All Campuses

Location

p.kennard@chronicle.utah.edu

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www.globeslcc.com

The Globe is an open

campus forum student newspaper published Wednesdays during Fall and Spring semesters (excluding holidays). The Globe is also online at globeslcc.com. The Globe editors and staff are solely responsible for the newspaper's content. Funding comes from advertising revenues and some student fees administered by the Student

Fees Board. For questions,

comments or complaints, call (801) 957-3066 or visit

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Letter from EIC

Dear Bruins,

I want to take this opportunity to reflect on my time here at Salt Lake Community College.

About two years ago I began to see my friends graduate college, and I began to feel left behind. Fear of failure kept me from pursuing a college degree due to previous shortcomings in high school. At that time I thought I was going to be a marketing major. I took a few classes but was without a realistic goal of what I wanted to accomplish with my time at SLCC. I had always wanted to work in journalism -- particularly sports -- since I was in high school, but a dream like that seemed too lofty for someone like myself.

Within the walls at SLCC, I was given the opportunity to chase that dream, with encouragement and strong guidance at my side. The most important people to me here are those who helped foster my creativity and pushed me to shoot for the moon and the stars -- despite my dread of crashing back to Earth. What I found at SLCC is a world full of opportunity to those who seek it. The most important thing I learned at SLCC is: seize the opportunities as they come.

The window for your one shining moment may not last very long and you have to be ready for it when it shows up. SLCC made me realize that the world doesn't wait for one single person, you have to go out and pursue the things you want.

Lastly, understand your purpose. You have invested the time at SLCC and understand what you want to do with life, now you must go out and do it. SLCC can get you where you want to be, and I know that from experience. I'm trading in the snow for some desert cacti. I'm going to one of the top journalism programs in the country at Arizona State University. I've found my purpose, and now it's time to chase greatness.

If you are like me, done at SLCC and ready to move on to the next chapter of your life, take this with you: leave your mark and be extraordinary.

I can proudly look back on my time here and the things I've accomplished. I can honestly say I never expected I would actually get to the point that I have. From Nick Offerman, to Bobby Seale, to Gregg Popovich and Donovan Mitchell, my time at the Globe and KSL.com has been the best times of my life.

Thank you to Matt Merkel, Alison Arndt-Wild, Marcie Young Cancio, and Zac Hodge for being my Mount Rushmore of influencers over the last two years. I can't thank the four of you enough for believing in me and allowing me to blossom into the writer/reporter I've become.

The Globe will be in excellent hands in the future and I have to thank my staff for being incredible this semester. None of this would be possible without your hard work and dedication to the paper since the beginning. You guys will do so much good with the paper. I couldn't be more thrilled to see how successful you will all become.

Thank you for coming to my TED talk, and go Bruins.





South Jordan

10627 S. Redwood Road



www.thepie.com



Building the Dream' and making it real

Ana Luiza Ramos

Opinion Writer

There is no real way to prepare yourself to move countries. Most people leave their whole lives behind without the certainty that life somewhere else will be any better. Hope is what drives us. Immigrating is not easy, no matter if it is by legal or illegal means. Immigrating to the United States is terrifying.

Amigos Mentores had their fourth annual conference on Nov 29, and their theme was "Building the Dream". There were two sessions: Immigrant Stories and Scholarship Options, and two speakers, Mark Alvarez and Jason Roberts. They ended with an adorable performance by the Asociacion Venezolana Americana de Utah.

This event, and events like this one, are very important for the growing Latino community in Utah. They provide support and integration to people who often find themselves detached from the rest and fall behind because they don't have proper counseling on how to achieve success.

The tips given for scholarship options were priceless. Many Latino students struggle to find ways to finish their education because some lack documentation for most scholarships or funds to continue without them. This conference gave much needed advice on that area.

The conference was mostly in Spanish, which helped a lot of Latinos feel more comfortable and gave a chance to ask questions without fear of miscommunication. Having immigrant stories be shared was also refreshing; it is always good to hear that you are not alone, and others have experienced and survived the same things you can be going through.

"If your hope dies, so does your dream," said one of the speakers in the Immigrant Stories panel during their speech.

Mark Alvarez, who is a licensed attorney in Utah and Maryland, spoke about his experience learning Spanish as an adult in Spain.

"We should be most appreciative of people who have learned another language," said Alvarez.

He also spoke of following dreams and defeating challenges placed in front of us.

Most of us are immigrants, and it was a relief to see someone speaking about how hard it is to immerse in a different culture and having to survive while we are learning a new language. He brought up that sometimes we feel ashamed because we don't know how to say something. Mr. Alvarez also said we must be proud that we are learning, and we must look past that shame.

My personal feelings towards this event are a little harder to explain. When I arrived, I sat at the back of the room and watched people pour in. I watched the speakers and drew notes, and when the immigrant stories were shared, I thought long and hard about my own story. When I immigrated to the United States, I was twelve. However, as Mr. Alvarez commented, my parents were already middle-aged adults who had to learn a language after having lived half of their lives somewhere very different. They had a much harder time, and six years later they still struggle.

Towards the end of the conference, food was provided. That is when I felt most at home, and my heart swelled up with happiness. Luz Gamarra, the woman that helped start Amigos Mentores, was going around the room making sure everyone had food. She noticed I didn't have any, and promptly got my attention and pointed my way. Two minutes later, someone brought me a plate of rice and beans, with chicken and a tortilla. She acted exactly like any "tia" I have ever met in my home country; she gave me food even though I gestured I was okay. That made me feel back in Brazil; even the food tasted of home! No "tia" in her right mind would leave someone without food (even if they say no). The word "tia" means aunt in Portugese.

These meetings are extremely necessary for this community. It can be hard to leave your home and family behind, and it is easy to find yourself feeling alone and that people don't understand you. Even more than that, your heart yearns for a little bit of the comfort of your own culture. Thanks to conferences like this, the public can gather together and teach each other valuable skills to better our lives here, while giving that little touch of home we so urgently require.



The theme for the 4th annual conference held by the Amigos Mentores was "Building the Dream".

Managing stress while in finals week

Oscar Roche

Staff Writer

With less than a month left in the fall 2018 semester, it's wise to prepare ahead of time for the stress that accompanies finals week.

Finals begin the week of Dec. 10 at Salt Lake Community College. Taking any number of classes with heavily weighted final exams can be a daunting experience, which is why it's critical to get stress under control ahead of time.

"We do see an uptick around finals week of people realizing that they're stressed. We like to get to people before that happens," says Jessica Pettersson, Health Promotion manager at the Center for Health and Counseling (CHC).

Some common detriments of stress include fatigue, which can reduce your ability to recall information, a crucial element of test-taking; aches and pains, which only further distract from studying; and a weakened immune system, which can increase susceptibility to illness.

Among the suggested remedies to stress are meditation, exercise, drinking plenty of water, eating properly and getting ample sleep.

However, stress relievers can vary from person to person.

"I think people deal with stress in different ways, so, it's about trying to find what works for you," says Pettersson.

The CHC, located at the Taylorsville Redwood, South City and Jordan campuses, is well-equipped to help students who are dealing with stress and other mental health issues associated with academic pressures.

"We do a lot of different things around stress management because that's the number one issue affecting our students and their ability to be academically successful," says Pettersson.

All semester long, the CHC offers help to students in the form of counseling — \$15 for an hour-long session. They also offer massage therapy, which is \$30 per visit.

In addition to the services offered at the CHC, the Student Health Advisory Club (SHAC) conducts a de-stressing activity every Tuesday from 10 a.m. to noon in the Academic and Administration Building at Taylorsville Redwood Campus.

Near the end of the semester, the CHC and SHAC target finals-related stress in an event rightly named De-Stress Fest.

Pettersson says, "We have a bunch of different activities that you can do to figure out

what ways you can de-stress, different coping skills; fun activities where you can just come sit and relax for a minute and not have to worry about finals."

De-Stress Fest, was this semester will be held Dec. 4 at the Taylorsville Redwood Campus and isDec. 5 at the South City Campus, is aimed at helping students relax under pressure.

"We also have therapy dogs that are going to be coming, so you can come and pet a dog and chill for a little bit," says Pettersson. "Maybe have some hot cocoa, some cider, something like that."

During finals week, the CHC will offer free chair massages in the libraries at the Taylorsville Redwood, South City and Jordan campuses.

Call or visit the nearest CHC location for more information at slcc.edu/chc. Phone numbers -

Taylorsville Redwood- 801-957-4268 South City Campus- 801-957-3323 Jordon- 801957-6211

3 Order your favorites

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The Center for Health and Counseling at Taylorsville Redwood, South City, and Jordan campuses are offering ways for students to relieve stress for finals.

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The Grande Operation in Salt Lake City

Jayde Adam

Contributing Writer

If you have spent any time in downtown Salt Lake City, you have probably noticed the occasional homeless man sitting on the corner asking for money or have seen homeless people sleeping in the park. The homeless population in downtown Salt Lake, however, has dropped in recent years because of the joint efforts by groups behind Operation Rio Grande, according to the organization's website operationriogrande.utah.gov

Operation Rio Grande is a new three phase plan Salt Lake has put in effect to try to make the city a safer and cleaner place by relocating much of the homeless population. This might seem like a good idea, but it is causing a lot of problems for people who live just outside of downtown.

Moving the homeless population out of the city center may have benefits like making the city a safer and cleaner place by moving all the crime that comes along with the homeless. But some people have found there are now homeless people sleeping in their backyards or in their neighborhoods.

"One morning I woke up and looked out my backyard window to see a homeless man sleeping on the other side of my chain link fence that separates my backyard from the foothill mountains." said Kaden Plewe a Salt Lake City resident and University of Utah student.

Operation Rio Grande was put in effect on Aug. 14, 2017. Phase one aims to improve public safety by reducing the crime rate. Phase two supports people with mental illness and drug addiction so they can return to the path of self-reliance. Phase three prepares and connects individuals to income that supports housing

So far, Operation Rio Grande has been a success, according to the numbers and charts published on operationriogrande.utah.gov/. From 2014-2016 the average for part one offenses was 208 and now in 2018 the number as dropped down to 135 for part one offenses. The city has seen a dramatic drop in crime in the downtown area but the outcomes of the second and third phases are still uncertain. But just because Operation Rio Grande is in effect doesn't mean there's nothing the community can do to help the less fortunate. The Criminology and Criminal Justice Consortium club or the Utah CCJC for short, met up on Nov. 10 at Pioneer Park, where they handed out chili, soup, hot chocolate and had a bin full of donated clothes for the homeless, says Hazen Conlon a SLCC student and a member of the club.

"This club has only been up and running for less than 2 months, but we've already donated upwards of 150 blankets. We would love to make this a monthly occurrence that everyone can be a part of throughout semesters at SLCC," explains Conlon.

Everyone is welcomed to join the club, they meet every Sunday from 4pm-5:30pm at the Miller Campus in the Public Safety Building room 272. "This club is the grounds to help build community," Conlon says. "We believe that by having a safe place where people can come to learn and have opportunities to better themselves and others, we can help benefit communities and make one for those who don't feel they belong."



Students have a chance to host their own unique shows

Oscar Roche

Staff Writer

In a world increasingly saturated in social media and other forms of digital communication, it may come as a shock to some when they learn that there are still students who are passionate about radio broadcasting. This wouldn't come as a surprise to Salt Lake Community College's Student Media Center at the South City campus, where students collaborate and experiment to produce the schools very own internet radio station, Radio SLCC. Students enrolled in COMM 1560, Radio Performance & Production, have the opportunity to have their own show on Radio SLCC.

"The purpose of the station is to give students access to equipment that they'd use in the real world to help them build their resume. So, if they go in for a job interview at a big radio station, they'll have a one up on people coming in that don't have any experience," says Radio Station Manager, Zac Hodge.

RadioSLCC is a top 40 music station that also airs school-specific news, interviews, play-by-plays of SLCC sporting events, and many other things. When doing their show, students can talk about whatever they like, from video games to fashion or sports.

Hodge says, "We had a couple of students—I think it was last fall—where they did a sport show together and then both of them actually got internships at ESPN 700. Then they both ended up getting hired as back-end producers. So, they started their sports show here and then actually got hired on there."

Above all, RadioSLCC is exactly what the name would imply— a radio station for SLCC. Hodge admits the audience isn't huge but serves nicely as a lab for students to improve their skills without as much pressure that would come from a larger platform. However, he does see room for expansion.

"What we want to do is get it more relevant on the campus. You know, we want it playing in forums where they're playing music. If it's in a cafeteria and they're playing music, we'd like it if they'd play our radio station," says Hodge.

Recently, the station has been happy to host SLCC President, Deneece Huftalin, who came on RadioSLCC with the Dean of the School of Arts, Communication and Media, Richard Scott, as well as the Provost for Academic Affairs, Clifton Sanders.

Alongside that opportunity, RadioSLCC is also excited to be working on an app. They've yet to announce an expected date of completion but hope it'll be in the near future.

You can listen to RadioSLCC online at radioslcc.com and for more information, can contact the Station Manager at 801-957-3064 or visit the studio at the Center for Arts and Media at the South City Campus.



Radio SLCC is a top 40 music station that also airs school-specific news, interviews, play-by-plays of SLCC sporting events, and many other things.

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The Grand hosts operas to get the holidays started

Hannah Clemens

Opinion Writer

Amahl and the Night Visitors, & and Christmas Carol played at Salt Lake Community College's Grand Theatre Nov 29 - Dec 2.

Partnering with the Lyric Opera Ensemble from the University of Utah School of Music, Sinfonia Salt Lake, and the Salt Lake Symphony, The Grand Theatre delivers two classically lighthearted operettas in one exciting evening.

Amahl and the Night Visitors tells the story of a poor disabled boy with a bad habit of telling lies. One night, he and his mother are visited by three kings looking for a place to rest on their way to see the birth of Christ. Amahl's altruistic character impresses the kings and an unexpected adventure emerges.

This piece displays a universal interpretation of the Christmas holiday, the events dated back to the story we all know but with a touching perspective on other people of that time.

Amahl and his mother's misfortunes shed a light on the needy people we keep in mind today. Throughout their trials and tribulations, Amahl remains selfless and the Kings recognize and admire this. They make the choice to give which reminds us of the true meaning of Christmas.

Jordan Tolman who plays King Kaspar says, "I think it does a great job of centering our thoughts of why we celebrate Christmas, and the power that that can have can be really powerful on people."

Amahl and the Night Visitors is originally composed by Gian Carlo Menotti, despite Menotti's wishes, Alyssa Liu as Amahl gave a remarkable performance. Menotti says, "It is the express wish of the composer that the role of Amahl should always be performed by a boy. Neither the musical nor the dramatic concept of the opera permits the substitution of a woman costumed as a child."

Act two is an operetta adaptation of "A Christmas Carol" based from the beloved novella written by Charles Dickens. The adaptation is written by University of Utah students Mike Leavitt and Anthony Buck.

A Christmas Carol is a story we all know but revisit each year for the heartfelt message.

Ebenezer Scrooge holds a firm pessimistic idea of Christmas, ungrateful for his wealth he is visited by his past, present, and future on Christmas Eve. He is awakened and a change of heart transpires, bringing joy to those around him.

In this adaptation operetta, you see more of the interaction with Scrooge and the other characters than the original, which gives for a more well-rounded image of the antihero making the piece all the more entertaining and at times somewhat relatable.

Two alternative dual operettas, both family friendly and a truly unique experience to the conventional Christmas stories, but enough tradition to feel comforted in the stories we all love.



Partnered with the Lyric Opera Ensemble from the University of Utah School of Music, Sinfonia Salt Lake, and the Salt Lake Symphony to perform "Amahl and the Night Visitors" and "A Christmas Carol".

Top shows to binge on for winter break

Elijah Earl

Opinion Writer



A good way to spend free time after finals is catching up on great t.v. shows.

Winter break opens up a lot of free time for SLCC students and what better way to spend it than gluing your eyes to a screen and binge watching a good show. At The Globe, we've compiled some of our top picks for what to binge while school's out and snow is falling.

"Riverdale" - Netflix

Part thriller and part teen-romance, Riverdale lives on the premise of being a modern twist on the

classic "Archie" comics by Bob Montana and John Goldwater. With the first two seasons on Netflix, Riverdale is a great way to spend 16 hours of your winter break.

"The Man in the High Castle"- Amazon Prime Video

An alternate-history tale of a 1960's America where Japan and the Nazis won World War II, The Man in the High Castle tells the story life in an Axis-occupied U.S. and the struggle of the American resistance. Based on the novel of the same name by famed sci-fi author Philip K. Dick, binging all three seasons of The Man in the High Castle will take just under 30 hours.

"Black Mirror" - Netflix

Considered by many to me a modern Twilight Zone, Black Mirror is a series of short stories, each a suspenseful tale of modern technology gone awry. Topics range from the dangers of A.I. to horrifying consequences of being obsessed with social media.

Each episode serves as an individual story, but the entire series can be binged in around 20 hour

"Rick and Morty" - Hulu

If there was a definitely-not-PG version of Back to the Future, it might look something like the animated comedy Rick and Morty. Following the adventures of mad scientist Rick Sanchez and his grandson Morty Smith, Rick and Morty isn't the best choice for family night, but it will provide hours of entertainment and has incredible re-watch value. A full run of all three seasons takes round 15 hours.

"Dark Tourist" - Netflix

A travel show about the darker parts of the world, Dark Tourist details journalist David Farrier's visits to radioactive ghost towns, voodoo festivals, and suicide forests among other places. The shortest option on our list, binging the first season takes only five hours.

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Four things that you can do on winter break

Elijah Earl

Staff Writer

Salt Lake Community College's winter break spans nearly a month, from Dec. 13 to Jan. 7. With so much free time available to students, what can Bruins do to stay busy during this hiatus?

Here are four ways you can make the most of your winter break.

1. Get a seasonal job

Many stores hire temporary seasonal workers around the holidays to better handle the influx of Christmas shoppers.

According to The Motley Fool, the average seasonal worker will earn just over \$15 an hour this year. That means if you worked 20 hours a week, you could make as much as \$1,200 in a month before taxes — more than enough to buy Christmas gifts for the whole family.

2. Visit the great outdoors

Utah, and the Salt Lake Valley in particular, is known for its rich history of winter sports like skiing and snowboarding.

Winter break provides a perfect time for students to hit the slopes. December is towards the front end of ski season, a favorite time for many who appreciate the fresher snow that hasn't yet been shredded by thousands.

There are over a dozen resorts less than an hour away from SLCC, and many offer heavy discounts for students interested in a season pass.

3. See the lights

Whether it be a date night or a family outing, going to see the Christmas lights can be the perfect way to get into the spirit of the season.

Temple Square in downtown Salt Lake City is famous for its elaborately-designed lighting displays that have mesmerized Utahns for the last 50 years. This year, the lights go up Nov. 23 and will remain until Jan. 2, 2019.

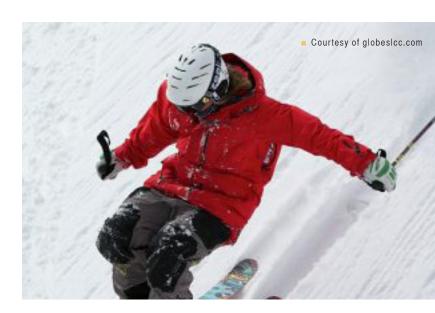
Other notable displays include Hogle Zoo Zoolights, which runs from Nov. 30 to Dec. 31, and Luminaria at Thanksgiving Point, which goes from Nov. 29 until Jan. 5, 2019.

4. Give back

In all the excitement of the season, it can be easy to forget about the less fortunate.

Organizations like the Utah Food Bank, who distributed over 32 million meals last year, rely heavily on volunteers in order to stay in operation. Volunteering happens every day of the week besides Sunday and those interested can sign up online.

For those a bit more strapped for time, many charities also require donations to continue operations. One such organization is Tiny Tim's Foundation for Kids, a local toy factory which builds toys and sends them to impoverished children around the world. Donations are taken through their website and go towards the hand building of toys by volunteers.



There are many things to do to stay busy during winter break.

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