

February 7, 2018 | Spring '18 | Issue 5

The Globe

What's Hip, Hot, and Happenin' on Campus

All Week

SMC Share the Love Contest

When: All Day

Where: SMC Social Media - facebook. com/slccsmc and Instagram @SLCCSMC

Wednesday

University of Utah - Advisor Visit (Learning Abroad)

When: 9 am - 2 pm

Where: TR Campus, STC 2nd Floor

BYU-Salt Lake Center -Recruiter Visit

When: 9 am - 1 pm

Where: TR Campus, STC Events Hallway

Grand Canyon University -Recruiter Visit

When: 9 am - 1 pm

Where: JOR Campus, JHS Foyer

Western Govenors University -**Recruiter Visit**

When: 9 am - 1 pm

Where: JOR Campus, JHS Foyer

Utah Valley University -Recruiter Visit

When: 10 am - 2 pm

Where: TR Campus, STC Events Hallway

African American Read-In

When: 12 pm - 2 pm

Where: TR Campus, STC Oak Room

Thursday



Roseman University-Nursing -Recruiter Visit

When: 9 am - 1 pm

Where: JOR Campus, HTC Foyer

Utah State University - Advisor

Visit

When: 9 am - 1 pm

Where: TR Campus, STC 2nd Floor

The Musical Comedy Murders of 1940

When: 7:30 pm

Where: South City Campus, The Grand

Friday



LGBTQ+ Awareness for **Students**

When: 10 am - 12 pm

Where: South City Campus, SCM 1-106A

The Musical Comedy Murders of 1940

When: 7:30 pm

Where: South City Campus, The Grand

Theatre

Saturday

SLCC Westside Initiatives

When: 10 am - 12 pm

Where: West Valley Center 3460 S. 5600

The Musical Comedy Murders of 1940

When: 2 pm

Where: South City Campus, The Grand

Women's Basketball v. Snow

When: 3 pm

Where: TR Campus, LAC

Men's Basketball v. Snow

When: 5 pm

Where: TR Campus, LAC

The Musical Comedy Murders of

When: 7:30 pm

Where: South City Campus, The Grand

Theatre

Tuesday

University of Utah - Diversity Advisor Visit

When: 9 am - 2 pm

Where: TR Campus, STC 2nd Floor

University of Utah - Social Work **Advisor Visit**

When: 9 am - 1 pm

Where: TR Campus, AAB 1st Floor Foyer

University of Utah - Special Education Advisor Visit

When: 9 am - 1 pm

Where: TR Campus, AAB 1st Floor Foyer

American Chemical Society

When: 12 pm - 1 pm Where: TR Campus, SI 290

Slices with SLiCE! Open House

When: 5:30 pm - 7:30 pm

Where: South City Campus, SCC 2-080

For more information on these events, please visit www.globeslcc.com/calendar



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New program attempts to lower teen suicide rate in Utah

Scott Whittaker

Contributing Writer

Governor. Gary Herbert launched a Teen Suicide Prevention Task Force last month in response to alarming statistics listing 44 teen deaths by suicide in 2017. The task force, headed up by Lt. Governor. Spencer J. Cox and Representative Steve Eliason includes leaders of Intermountain Healthcare, Gail Miller of the Utah Jazz, members of Equality Utah, and Latter-day Saint leaders.

"We recognize that these are ultimately personal decisions and we will probably never reach zero percent but there's so much more that we can do," says Cox.

The Salt Lake Tribune reported that from 2011 to 2015 youth suicide has increased 141.3%; four times faster than the national average. According to the Utah Department of Health, 44 youth, ages 10 to 17, committed suicide last year, 11 more than last year.

In an interview, Cox mentioned that Herbert assigned

him to the task force to emphasize the Governor's concern and sense of urgency. He assigned Rep. Eliason the role for his history of successful advocacy for suicide prevention. The task force will be holding a press conference following reporting to the Governor on February 15th.

In last year, the legislature approved research into the cause of the increasing suicide rate in Utah. Cox emphasized the importance of conversation, especially early on with children. This can help people open up when going through difficult times. Having the knowledge that everyone undergoes emotional difficulty at certain times in life they will recognize that they are not alone which make reaching out and getting help easier. According to Cox, the research has found that there are many causes to the increase in suicide and a single cause remains hard to pin down.



The teen suicide rate increased by 141.3% in Utah between 2011-2015.

"Of those who commit suicide, those who use firearms are successful at a much higher rate," says Cox.

Cox hopes the task force will inform people of this fact and encourage strategies to keep their children and teens safe. Things such as lock boxes and trigger locks are simple solutions to prevent a successful suicide attempt.

Cox outlined their main objectives during the interview, organization being a big component. "There are a lot of groups doing suicide prevention, what we're hoping to do is figure out the best framework for [them] to move forward ...," says Cox. "There are good things happening already, we're not starting from scratch we're just trying to augment that and give them the support they need."

The task force also hopes to look at best practices and rank them based on effectiveness and the legislature's ability to scale and fund them. Lastly, Cox hopes the task force will effectively get the word out and inspire conversation among families, youth groups, and those who don't receive quality prevention and those who don't normally reach out, such as teens living in rural areas and the inner city.

Anyone experiencing suicidal thoughts can call the 24-Hour National Suicide Prevention Hotline, 1-800-273-TALK (8255). There is an app called SafeUT which can provide support through messaging, calls, and tips. Download SafeUT here: https://healthcare.utah.edu/uni/clinical-services/safe-ut/. One can also find tips and warning signs at the SLCC Behavioral Intervention Team Site here: slcc.edu/bit/suicide-prevention.aspx



B4 - THE GLOBE WWW.GLOBESLCC.COM FEBRUARY 7, 2018

New center opens at South City campus

Marcos Aragon

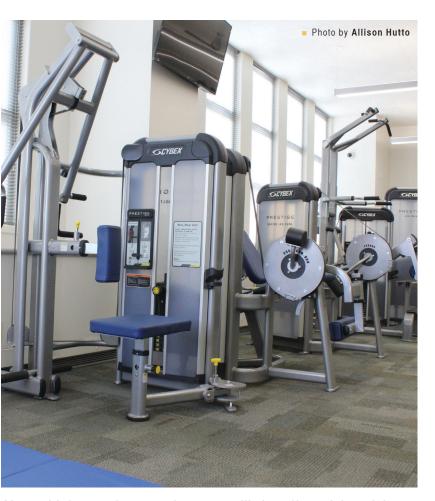
Staff Writer <a> @maragon_xv

Students who have been taking advantage of the free gym at the Lifetime Activities Center at the Taylorsville Redwood campus now have a reason to rejoice if they spend most of their time at South City campus.

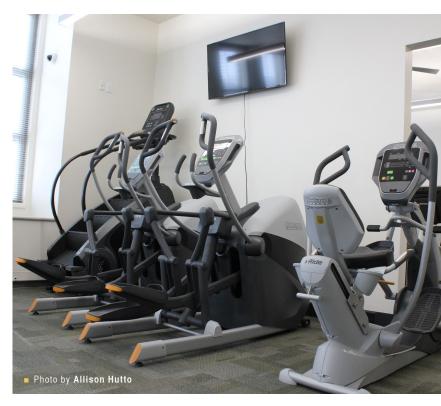
South City campus has now opened a fitness center for students and faculty who still want to get their workout in, but don't want to leave the campus. Bringing a fitness center to another campus was a priority for the Student Association, who want to promote a healthy and fit lifestyle for fellow Bruins.

The new fitness center includes 20 pieces of equipment varying from treadmills to weight machines and changing rooms. The hours for the center are 7 am to 8 pm with the exception of classes using the room during the week. Students will need their OneCard for entry to the room. There is an attendant in the center that can help students who may not be familiar with how to use some of the equipment. The center offers students the convenience of another location to workout and the ability to sign up for weight training and other physical classes.

"As we are changing the way the school is organized to make it more and more possible in coming years that a student doesn't have to move from one campus to the next," says Assistant Vice President for Student Life, Curtis Larsen, "I think many students can identify with the challenges of (having) three classes here and then Taylorsville for the fourth... The goal is 'Hey let's make it so any student who's in the art, communication, digital media field can do their whole thing at South City campus."



Along with free student use, the center will also offer weight training classes.



The new center has over 20 pieces of equipment, including ellipticals and weight machines.

Prior to the construction of the Center for Arts and Media, the wing was home to an outdated and often leaking pool and gym that was a part of the original South High. The Student Association pushed for an old SAT lab to be converted into the fitness center that had been missing for several years. Promoting a healthy lifestyle through education and exercise are some of the results the school wants to see come out of the new fitness center.

"In life, the first thing to do is to take care of yourself," says Dr. Abio Ayeliya, a coordinator for Student Life and Leadership, "That includes eating healthy, getting enough sleep, getting enough exercise and engaging in the community, and that piece was missing at South City campus. Students come and they don't have access to exercise, they have to buy a membership to go to Planet Fitness or VASA. So having the center there right now is saving students a lot of money and a lot of time."

Athletics Operations Specialist and Recreation Coordinator Lisa Peshell laid out the groundwork for the additions the fitness center wants to add over the next period of time. She explained that the TV's in the room will be connected to cable in the future and students have lobbied for a sound system to go into the rooms as well. There are cubbies for people to put their bags and things in but lockers will be something added down the road.

The SLCC community is really flexing their muscles when it comes to improving the overall health and fitness goals of both students and faculty. A preliminary plan for a fitness center to be added to the Jordan campus when they complete their new student center is in the works as well

Get resourceful not remorseful with these student perks

Chris Frkovich

Staff Writer

Salt Lake Community College wants their students to succeed, and they prove that with the many helpful resources they provide. Students should take advantage of these resources to get the most out of their collegiate experience while studying here.

The First-Year Experience office has students and advisors that know a little bit about everything on campus. They work as a guide for first-year students through their entire freshman year. If they don't have an answer for you, they will point you in the right direction.

"[Students] come to us with an inquiry and we tell [them] where to go," says Orientation Leader Priscila Pinales. "We teach them about the programs that we use like DegreeWorks and the catalog. We also help students with registering [for] classes. We teach them how to use the resources that they have here [at SLCC]."

The TRiO and TRiO STEM teams provide support for low-income and first-generation college students. They help students achieve their academic and personal goals to reach graduation. They also aid in finding career opportunities. The TRiO Student Support Services office is located in Room 226 of the Construction Trades (CT) at the Taylorsville Redwood Campus.

Speaking of career opportunities, Career Services is your resource for all things career-related. Whether you need a job to help pay for college or are potentially looking for a long-term career, they want to find you work.

"In a nut shell, our job is to help students get jobs. That is our main focus," says Career/Employment Advisor Will 'Unga. "[Career Services] is a little bit different [than] other departments such as Financial Aid. Financial Aid, money for school. Career services, money for life."

Career Services also has a free two-part assessment that will recommend a career based on a series of basic questions. If you are undecided as to what you want to do after college, 'Unga says this quick assessment can be extremely helpful.

"Whether you like it or not, whatever you answer will give you an idea of what you could potentially be good at. The thing is, I believe this is very underutilized. If [students] were to use this they would have a better gauge to what it is they want to do."

'Unga urges students to log into their MySLCC account, click on Campus Life, click on Student Resources and finally, click on Student Employment Registration Form. Once these steps have been completed they will have setup their Career Services account and can reap the benefits.

Science and math are difficult subjects. So, don't be afraid to gain some confidence by visiting with the STEM Learning Resources department. They work in collaboration with all science, technology, engineering and mathematics departments to provide free tutoring services for all SLCC students. If you are having difficulty in any of these four subjects, do not waste another second trying to figure it out on your own. Take advantage of the STEM Learning Resources team.

Accessibility and equality for all SLCC students is vital. The Disability Resource Center (DRC) is a great representation of that. The DRC assists in facilitating inclusion and accommodations for students with disabilities. They provide individualized resources for things like applying for admission, classroom-related assignments, campus event access and more.

Lastly, for those students without health insurance coverage right now, the Center for Health and Counseling is a college community partner. They provide quality, accessible and affordable medical care, mental health counseling and health education. All appointments in their office require an office co-pay and payment for additional services is due at the time of the appointment.



SLCC provides a variety of tutoring options for students that can help them get on the right path to passing their classes.

Another benefit from the Center for Health and Counseling for enrolled students is a one-hour massage for \$10 each semester. Additional massages per semester cost \$30. To schedule a medical, counseling or massage appointment please call 801-957-4268 during business hours.

SLCC has done their part by providing these helpful resources to their students to ensure they succeed. Now, you need to do your part as a student and take advantage of them. To learn more about these departments and how to contact them, visit the Student Resources webpage on slcc.edu



The Center for Health and Counseling provides accessible and affordable medical care and counseling for those in need.

B6 - THE GLOBE WWW.GLOBESLCC.COM FEBRUARY 7, 2018

Bees are vanishing and you should be worried, honey

Jocelynne Hutchings

Opinion Writer

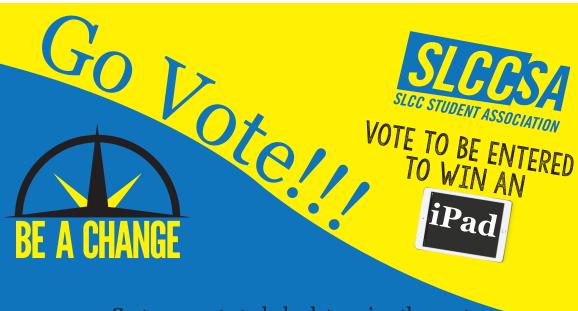
Bees are dying at an alarming rate, and you should be concerned. Bees are essential for our survival because they keep our crops alive and thriving. Without them, we would not only lose the majority of our food resources, but also the animals that count on those crops to survive. The leading cause in the decrease of bees is Colony Collapse Disorder (CCD), and there are actions we can take to extend their livelihood.

Let's start with the basics of the hive. Honey bees are unique in the way that they live to serve their queen. They produce beeswax, honey, and propolis. Propolis is a specific type of wax that is a natural antibiotic to the hive, and they stick it to the sides of the wooden frames in a domestic hive.

An average worker bee will make 1/12 teaspoon of honey in its lifespan, and in the summer one hive can have up to 50,000 workers. The queen's purpose is to lay eggs, otherwise known as brood, keeping the hive active. Although almost the entire hive is made up of female worker bees, the queen is the only one that's able to lay eggs. The male bees sole purpose is to mate and then die.



Bees usually have a lifespan of 6 days, but varroa mites can lower it to just 3 days if they infect the bees.



Cast your vote to help determine the next Student association president & executive vp

Voting starts Feb. 21 at 8:00am until Feb. 22 at 8:00pm

Redwood: STC West hallway, AAB Lobby, TB Hallway Jordan: HTC Lobby, JHS North entrance South City: CAM Foyer, West entrance One huge leading cause of CCD are varroa mites. These mites suck blood from both adults and developing brood, shortening their lifespan. Varroa mites are something that are hard to keep away from the hive. There are precautions that beekeepers can take to reduce the number of mites in the hive, but they have become an inevitable pest.

Another large contributing factor to CCD is the excessive use of pesticides in large agricultural regions, as well as in home gardens. The use of pesticides on farms causes honey bees to carry the poisonous chemicals back to their hive, leaving traces in the honey.

CCD is happening all around the world, not just in the US. After the 2015-16 winter, the US reported the loss of 28.1% of colonies, which is way above the 15% that we can afford to lose. Peter Somers, owner of Beez - Hives and Honey has his own theory about CCD.

"What happens is the varroa mite doesn't necessarily kill the bee right away. They're still born and they look normal, they go to work, and you don't ever know that they're sick. But their lifespan has

been reduced by 1/3 to 1/2. A bee lives 6 days, and the first 3 days are in the hive. If they've been parasitized by the varroa they're not going to get 6 days of foraging, they're only going to get maybe 2 days of foraging and then they're going to die."

Once the sick forager bees die, the whole balance of the hive is thrown off, Somers says. This leads to more bees leaving the hive that aren't supposed to leave in the first place.

"To make up for the foragers that they lost, they take the nurse bees and make them foragers earlier in life. The problem is they're not ready to forage so they go out and die in a day. So the foragers are gone and then nurse bees are leaving to forage, and suddenly the whole hive is disappearing."

The main thing we can do to help save the bees is plant bee-friendly flowers and avoid using pesticides in our gardens. Some of the most important flowers to a bee's survival are what we consider to be weeds, especially dandelions. Other bee-friendly flowers can be herbs, fruits, veggies, and sunflowers.

When looking into what flowers to put in your garden this spring, choose the ones that bees love, Go for organic alternatives to pesticides or even pest repelling plants like garlic, onion, fennel, sage, thyme, and parsley.

If you're really passionate about helping our environment, you could even start you own beehive, Somers says.

"Beekeeping should be left to people who are passionate about beekeeping. Otherwise they are not receiving proper maintenance and love."



...THAT OFFERS 5 X REVARDS ON U OF U CAMPUS PURCHASES!*

Oh but we offer even more ways to score points— **4X rewards** for gas, **3X rewards** for travel (most airways, most hotels, and most rental cars), and warehouse clubs (like Costco and Sam's Club), **2X rewards** for groceries, and then **1X rewards** for everything else!





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Utah sports stores carry more items for popular sports

Taylor Knight

Contributing Writer

With the sports industry growing in Utah, the fans of various teams have a need for a place to buy their team's merchandise. These sports specialty stores are readily available and claim to have every team from any sport that you could want. The issue arising is that people are complaining their team's merchandise isn't available at any of these specialty stores.

Fanzz, a store brand that originated in Utah, is owned by the Larry H. Miller Company. These stores range in size but have the same products throughout different locations of the store. The most predominant sport/team in every store is the Utah Jazz basketball team.

A store associate explained that, "since the Jazz are the local team, we have a lot more of that kind of merchandise." Aside from the Utah Jazz, the stores have a variety of teams and other sports, mostly professional.

When asked why sports like hockey didn't seem to have a lot of merchandise space inside the store, the associate said, "there isn't really a market for hockey in Utah. The only market that might be smaller is soccer, but we have Real Salt Lake, so that takes precedence over hockey for the space."

Pro Image Sports, with multiple locations throughout the state, has smaller stores than Fanzz and carries more hats than other types of merchandise. When asked what the biggest complaint from sports fans coming into the store was, an associate explained, "the biggest complaint we probably get is that we don't have enough hockey merchandise in the store. We actually just ordered a ton of NHL hats because so many people asked for them."

This seemed to be a common thing for a lot of merchandise in the Pro Image store. The store was stocked for the Super Bowl, but not much else from sports other than football. An associate also explained why Pro Image does not carry as much "local" merchandise as Fanzz does.

"Fanzz is owned by the Larry H. Miller Company, who also owns the Jazz. They always have a lot of Jazz stuff in their stores, even in places like Las Vegas, where no one cares about Utah. Since we're not owned by them, we get more leniency in what we sell."

Scheels, a sporting goods store located in South Jordan, has one of the largest selections of team apparel in the state of Utah. The store is split into sections for college, NBA, NFL, and MLB. Among these sections, there were scattered professional soccer items as well.

"We have one of the largest sections for college and professional sports merchandise in the state, but we don't carry a lot of the less common sports like hockey," an associate at the store stated.

In the hockey section, they seemed to have a lot of the brands, but not any teams. The Assistant Manager of the hockey section said, "we don't carry any teams here."

We carry a lot more in our midwestern stores, but no one seems to need it here."

The common theme of these stores is that the material that is sold throughout the state seems to be based on the demographics of what is near and what sport seems to be most popular for people. A lot of the displays this time of year are for the Super Bowl, as well as NBA basketball.

If someone is looking for a sport that isn't as popular, it seems that online shopping is the only way to go for now. The market for sports seems to be getting closer to all-inclusive, but it clearly still has a long way to go.



Fanzz, which originated in Utah, doesn't have a varying selection depending on the location.



Scheels is one of the largest sports stores in Utah, but they don't carry equal an equal amount of items for every sport.

Don't risk it, resist it: Join the Resistance

Juan Jimenez

Contributing Writer

The Utah Department of Transportation (UDOT) and the Utah Department of Public Safety (DPS) have joined forces with Zero Fatalities in an effort to combat dangerous driving habits with the rollout of their new campaign "Join the Resistance".

This purpose of the campaign is to make drivers resist the urge to drive distracted.

The campaign was started with a video put on the Zero Fatalities and UDOT YouTube channels. The 30 second video stars Utah Governor Gary Herbert, 2017 Miss Utah JessiKate Riley, Real Salt Lake Soccer player Sebastián Saucedo, as well as other well-known people around Utah.

In the ad, they addressed common distractions people partake in while behind the wheel and urge them not to drive distracted by putting away phones and to not eat while driving.

Not only does the video include well-known people discussing why distracted driving is bad, it also invites people to join and take the pledge to resist the urge to drive distracted.

According to Zero Fatalities and UDOT, 273 lives were lost on Utah roads in 2017 alone. 20 of those 273 accidents would have been prevented if the driver was not distracted.

According to the Daily Herald, the executive director of UDOT said "those are fathers, mothers, brothers, sisters to all of us here in Utah. It's a slight improvement over where we were last year. Last year, we had 281 people, so we've seen a decrease of eight lives lost. We are happy to see that trend going in that direction, but it's still just too many."

Zero Fatalities also included a list of ways people lost their lives in Utah roads in 2017. The list starts with six lives were lost by drowsy driving, 20 by distracted drivers, 29 by an alcohol-impaired driver, 85 aggressive driving, and 87 lost for not having their seatbelt on. The DPS is hoping this campaign will decrease the number of deaths on Utah roads in 2018.

Zero Fatalities and UDOT want you to pledge not to drive distracted. Drivers can pledge by going to ut.zerofatalities.com/resist. One incentive of signing up is a prize giveaway, with more chances at winning given with each subsequent sign up you're responsible for. But the biggest prize of all will be seeing the total number of lives lost from distracted driving reach a new low for 2018.



Transfer Guide Inside

