

# THE GLOBE



STUDENT VOICES AND VIEWS FOR THE SLCC COMMUNITY

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It's gonna be sick!

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# What's Hip, Hot, and Happenin' on Campus

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## Wednesday

1

### Belly Dance Club

When: 7:30 pm - 8:30 pm

Where: TRC: LAC

## Thursday

2

### President's Art Show

When: All Week

Where: SCC: Multipurpose Room

### Day of the Dead

When: 9:00 am - 5:00 pm

Where: TRC: SE

### BSU Club Meeting

When: 12:00 pm - 1:00 pm

Where: TRC: STC 221

### Presentation Skills Lab

When: 5:00 pm - 7:00 pm

Where: SCC: 1-131

## Friday

3

### LDSSA

When: 10:45 am - 11:45 am

Where: SCC: Institute

### Free Yoga Class

When: 12:00 pm - 12:50 pm

Where: TRC: LAC 124

### Phi Theta Kappa Honor Society

### Meeting

When: 2:00 pm - 4:00 pm

Where: TRC: RM 223

### Basketball Pick-Up Games

When: 5:00 pm - 7:00 pm

Where: TRC: LAC

## Tuesday

6

### American Chemical Society

When: 12:00 pm - 1:00 pm

Where: TRC: SI 290

### Pizza with the Dean

When: 12:30 pm - 1:30 pm

Where: Library Square: RM 102

### Recovery Rock Stars

When: 2:30 pm - 3:30 pm

Where: TRC

### Free Yoga Class

When: 5:30 pm - 6:20 pm

Where: TRC: LAC 124

For more information on these events, please visit [www.globeslcc.com/calendar](http://www.globeslcc.com/calendar)

# Jeffrey dogmer

Wiley Jay



# Bruins Basketball shoots for **Glory** as season starts

**Chris Frkovich**

Contributing Writer

The Bruins Men's Basketball team is fast approaching another season under head coach Todd Phillips. Phillips is entering his 7th season as head coach, winning the NJCAA National Championship just two years ago.

The Bruins hosted the SLCC Jamboree on October 21st at the Lifetime Activities Center on the Taylorsville Redwood campus. The SLCC Jamboree was the first of seven tournaments the team will play in before they begin conference play on January 6th @ Utah State University Eastern.

The team has three returning players that were honored on the All-Region 18 team last year: Christian Gray (1st Team), Dalven Brushier (Honorable Mention),

and Isaiah White (Honorable Mention). Gray, a 6-foot-5 forward, looks to build upon last year's success. Assistant Coach Collin Terry says Gray improved and matured during the offseason. "I think he could be our leading scorer this year and has a chance to be conference player of the year," said Terry.

Sophomores from last year's team that the Bruins will be without include Cole Kessler, Keanu Peters, Illia Antonenko, and TJ Oliver. The Bruins also lost Matt Conway to NCAA Division-I University at Albany (New York).

New additions to the team that Terry expects to "make the biggest impact this upcoming season," include point guard Jordan Gilliam, forward Brandon Willardson who just returned from an LDS mission, forward Alec Monson - a transfer

from the University of Portland, and 6-foot-9 forward Kur Kuath - a transfer from Western Wyoming who is already getting looks from major universities.

Terry had this to say about the outlook for this year's team; "We are going to have a really competitive, good team. And I don't think it's a stretch to say we could compete for a national championship again."

The Bruins play their home games at Bruin Arena in the Lifetime Activities Center (LAC) on SLCC's Redwood campus (4600 S. Redwood Rd.). General Admission seats are free for SLCC students with your student ID. You may bring a guest along for just \$3 (kids 4 and under are free). For the full 2017-2018 Bruins Men's Basketball schedule, visit [slccbruins.com/schedule.aspx](http://slccbruins.com/schedule.aspx).

**Go Bruins!**

■ Courtesy of Lee College/ Courtesy of South Mountain CC Athletics



The Bruin's next home game will be at the Bruins Classic on November 16th and 18th, where the Bruins will square off against Lee College and South Mountain Community College.



# SLCC-based Stars look to Shine

Chris Frkovich

Contributing Writer

The Salt Lake City Stars return to Bruin Arena for another season as the Utah Jazz's NBA G League affiliate. The Stars will host 24 home games for the 2017-2018 season at the Lifetime Activities Center (LAC) on SLCC's Taylorsville Redwood Campus.

Tickets to games start at just \$5. "It's a good atmosphere. There's not a bad seat in (Bruin Arena). Regardless of where you are sitting you feel like you are on top of the action," says Gina Calvert, PR & Community Relations Manager for the Stars. "(The NBA G League's) doing what they wanted it to do in building players and developing them," Calvert added.

SLCC is familiar with hosting NBA talent. Bruin Arena was the venue for the Rocky Mountain Revue from 2000-2008. The Rocky Mountain Revue showcased many of the NBA's future stars including the 2017 NBA Finals MVP, Kevin Durant, in front of a sellout crowd in 2007.

Now, many of the league's future stars get their start in the NBA G League. During the 2013-2014 season, Jazz All-Star Center Rudy Gobert spent some time with the Bakersfield Jam (in the then-NBA D-League). Last season for the Utah Jazz, Gobert earned All-NBA 2nd Team honors.

The league formerly known as the NBDL (2001-2005) and the NBA D-League (2005-2017) went through a rebrand heading into this season which includes a new name, logo and fresh Nike jerseys for all teams. The G League stands for Gatorade League, signifying their partnership with the sports drink powerhouse.

The NBA minor league has seen tremendous growth since its inception in 2001. The league has steadily increased from 8 teams to 26 teams after a four-team expansion this offseason. To give some perspective on its progression, take a look at the number of former NBA minor league players on NBA Opening Night rosters in 2004 (15) to compared to the record 167 players at the start of this season (38% of all NBA players).

Supporting the Stars is a fun way to get involved with the community. They do their part in giving back to the community with themed nights including the Teddy Bear Toss. "We ask fans who purchase tickets to purchase a teddy bear. Then, at the end of the game they toss it on the court and all the teddy bears collected will go to a local school to be given out to children who are in need," Calvert says. The Stars begin their season on Nov. 3rd as they travel to Texas for a game against the Austin Spurs. Their first home game will be played on Wednesday, Nov. 8th at Bruin Arena. Tipoff is at 7:00 p.m. For more information visit the team's website, [saltlakecitygleague.nba.com](http://saltlakecitygleague.nba.com).



The Stars play at SLCC's own Lifetime Activities Center, and have since moving to Salt Lake from Boise.



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# Technology. **Too Much** of a Good Thing?

**Cameron Jensen**

Opinion Writer

In the last 10 years, we have seen a drastic change in technology in our everyday lives. Every one owns a smart phone these days. Not only have smart phones changed our daily routine, but they have changed the way students interact with each other.

When we wake up in the morning what's the first thing we do? Check our smart phones, going to either Facebook, Instagram or Twitter. Instead of having our morning coffee and reading the paper we reach for our phones. But how has this change affected student interaction and their social skills?

Communication is a huge component of being a person. According to some experts, human evolution was directly related to human interaction and community. With the evolution of smart phones, no one cares about interacting face to face but instead through their screens.

One thing that I have noticed is that before class, instead of wanting to interact with each other, students would rather be scrolling through Facebook, Instagram, or Twitter rather than interacting with each other--and yes, I am guilty of this as well.

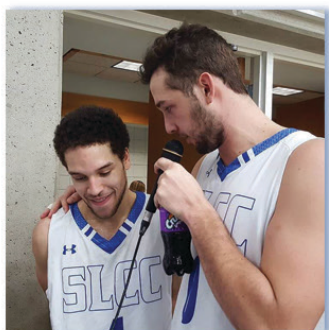
Even in the hallways I have noticed that a lot of students keep to themselves instead of interacting with each other. Could this

be the reason that we are so afraid to talk to each other? Are we more comfortable talking through screens than talking face to face?

In a new study, researcher Shalini Mirsa, a psychology professor at Virginia Tech found that many people often check their smart phones every 3-5 minutes, even while out with their friends or loved ones. Recently Mirsa did a follow up experiment to measure how smart phones impacted the quality of conversations between one another. The participants agreed that a conversation while on their phone was substantially less fulfilling than when they weren't using their cell phones.

According to a new study, college students all across America use their smart phones 9-10 hours a day which can be a huge distraction. If everyone keeps depending on their smart phones to keep them occupied, not only will it affect social skills but it will turn us into mindless zombies who don't know how to interact with each other.

Instead of using your smart phone every minute, actually live inside the moment! You never know what you might miss out on.



"Gotta love Gibbs!" fun on RadioSLCC  
@smc #lifeatslcc #TaylorsvilleRedwood

## #lifeatslcc

# Instagram



## contest



"Last day of class" selfie with my video peeps  
@smc #lifeatslcc #SouthCity



"Evening at SLCC" @smc  
#lifeatslcc #TaylorsvilleRedwood



"Live facebook interview" with the  
documentary The Breaks  
@smc #lifeatslcc #SouthCity

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# Please, don't cough on Me

**Parker Lewis**

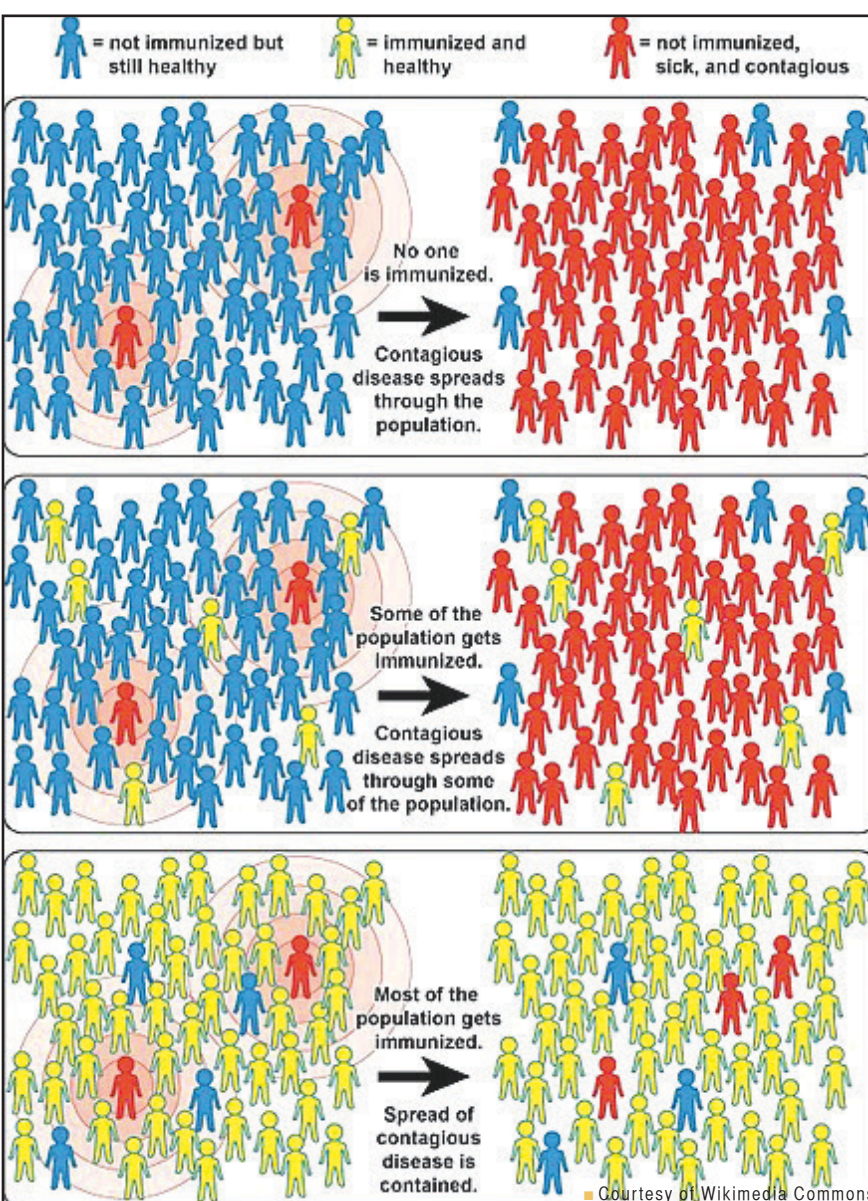
Contributing Writer

According to the Utah Department of Health, last year saw influenza-like activity peaking during December stating that the total number of influenza-associated hospitalizations was second-highest out of the previous five years, just behind the 2014-2015 season.

The SLCC Center for Health and Counseling is offering free flu shots for their first 400 students. After that limit they will cost \$15 for students. Most insurances

cover flu shots with a zero-dollar copay through a physician's office, Walmart, Rite Aid or Walgreens. Prices vary at these commercial locations for those without insurance, with the quadrivalent flu vaccine (protecting against an extra B strain flu virus) found lowest for \$19.99 at Costco (no membership required).

Common symptoms of influenza are fever, chills, muscle aches, headache, nasal congestion, sore throat, coughing and general



An infographic on how community or herd immunity works, explaining the process of protecting the "weakest" among us, those who are incapable of being vaccinated.

## PREVENT DISEASE



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and TUBERCULOSIS**

RENSSELAER COUNTY TUBERCULOSIS ASSOCIATION, TROY, N.Y.

■ Courtesy of Wikimedia Commons

While tuberculosis treatment has made great strides in the last century, the mutative nature of influenza ensures its perennial danger.

weakness. Nearly 5-20% of Americans on average will get the flu each year, according to the Centers for Disease Control and Prevention.

The flu virus is highly contagious and it spreads through coming into contact with contaminated surfaces or airspace. There are simple yet effective methods to go about minimizing your chances of contracting the flu: avoid close contact with people, stay home if you are sick, cover your mouth and nose when sneezing or coughing, wash your hands, and disinfect frequently touched surfaces around your home.

The report also stated that last year hospitalizations affected ages 5-24 with 12.7% of cases, ages 24-49 saw an increase at 17.2% of total hospitalizations. 671 cases reported from Salt Lake County, 186 from Utah County, and 115 from Davis County contributing to a statewide hospitalization total of 1,470 cases for the 2016-2017 season.

If you or a loved one are experiencing flu-like symptoms contact a health care provider as soon as possible.





■ Courtesy of Wikimedia Commons

Not only is there candy corn to watch out for, someone decided it was a good idea to make candy pumpkins and even chocolate candy corn! Yuck!

## Top 5 Treats no one wants in their candy basket

**Chris Toney-El**

Opinion Writer

Halloween has come and gone for another year. However, most people will still be reeling from the glaring negative side to a full trick or treat bag: candy no one wants. Here are the major candy offenders and some possible creative ideas on what to do with that stash of unwanted treats at the bottom of that bag.

### 1. Candy Corn

Candy Corn is the candy that is supposed to represent the theme of "Halloween." The orange and white stripes on the tear-drop shaped candy scream horror, and their taste certainly represents it as well. Receiving candy corn is like your mother trying to give you unwanted relationship advice. Deep down inside you don't want to be rude or cause any drama, so you say, "Thank you." Just leave the candy corn out on your dining room table to dry out, make it into a necklace, and be the next Pinterest meme.

### 2. The Toothbrush

Everyone has had that neighbor who's a dentist that passes out toothbrushes every year. Halloween is the only time your parents will give you the "ok" to have sugar. No child going "trick or treating" is thinking about dental hygiene. They're thinking about their cool Halloween costume and sugar coma. Don't be too quick to toss it in the trash though, Christmas is coming, and you might need a stocking stuffer.

### 3. Candied Apples

While the apple is a staple of the fall season, candied apples for Halloween are the ingredients for scary urban legends. Parents were always "cautious" of your candy. There were always stories of people putting harmful things in apples. Save yourself that bite into a razorblade, stick a chopstick in the bottom of the apple, and place it in your yard for a squirrel treat.

### 4. Spice drops

There is no valuable use for the candy that is so evil it is quintessentially Halloween in and of itself. Toss it, there's no redeeming value here.

### 5. Mints

Although everyone tends to enjoy a mint here and there, the giver of this "candy" has clearly phoned it in for this year's Halloween. While such "candy giving" should be harshly judged by society, fret not. Because after you've eaten all that candy and have decided to save the toothbrush as a cheapskate stocking stuffer, your mouth will be in desperate need of refreshing.



# Shining Bright at SLCC

Christina Haddix

Contributing Writer

As students check their mail this fall they may notice an unusual invite. An envelope from Phi Theta Kappa Honor Society, inviting them to join with a small, one-time fee of \$95. For most students, they may look at this fee and question if joining the Honor Society is worth the price. Jaime Kelsch, the contact advisor for Alpha Chi Eta (SLCC Phi Theta Kappa local chapter) advises students to consider it and take the invitation seriously.

According to their website the mission of Phi Theta Kappa is "to recognize academic achievement of college students and to provide opportunities for them to grow as scholars and leaders." So, what are the benefits of becoming a member? Kelsch explained that there are many. Membership will be on your transcript and your diploma. You will get to wear a special honor chord when you graduate. If you transfer to Westminster or Utah Valley University

you will receive a scholarship just for belonging to PTK. While at SLCC, you have access to numerous workshops that are focused on information on transferring, internships, scholarships, and even possible employment. More than just offering help navigating college, PTK is also a full club. Members elect their own leaders and choose which community services they would like to get involved in. The resources are lifelong, even if you are no longer a student. Kelsch himself joined as a student in 2010 but continues to volunteer at SLCC's local chapter.

Not everyone is invited to become a member. At the end of every semester around 4,000 of SLCC's top students are nominated by the college. They must have a GPA of 3.5 or higher, must have completed 12 credit hours of associates degree, and must be enrolled at the time. According to their website, 92% of PTK members complete their associates degree and/or transfer to a 4-year college. If you receive their invitation then you are being recognized for your hard work. If you choose to accept, know that you are joining a growing membership of 3 million members and that is a lot of networking opportunities.

Courtesy of Alpha Chi Eta



Alpha Chi Eta, SLCC's PTK chapter, spends time each semester on community involvement, performing service projects with real impact on those around them.





# —SCORE A— BOWL GAME WEEKEND!

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