JLOBE THE

STUDENT VOICES AND VIEWS FOR THE SLCC COMMUNITY

Veterans Week

Honoring those who have served. Pg. 6

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Former Bruins playing for the Utes, Pgs. 4 and 5

Psychological Profile
The Meyers/Briggs mind map, Pg. 10

ALL WEEK

Thanksgiving Pie Sale

When: Through November 17th

Where: TRC

INK - An Art and Design Group

When: Through December 14 Where: SCC, Edna Runswick Taylor Foyer

President's Art Show

When: 10 am - 7 pm M-Th, 10 am - 3 pm F Where: SCC Multipurpose Room

Spring Registration Open

OEF/OIF Veteran Photo Gallery

When: 10 am - 2 pm Where: WVC

Xbox Wednesdays

When: 12 pm - 2 pm Where: SCC, office 2-070

President's Art Show Opening Reception

When: 6 pm - 9 pm

Where: SCC Multipurpose Room

Thursday

Celebrate the birthday of the **United States Marine Corps**

When: 11 am - 1 pm

Where: TRC Student Services Hallway

Finish Strong - A Great **American Smokeout Event**

When: 11 am- 1 pm

Where: TRC Student Event Center

S'mores Night

When: 5 pm - 7 pm Where: WVC

Peter and the Starcatcher

When: 7:30 pm - 10 pm, through Saturday

the 12th

Where: SCC Black Box Theater

OEF/OIF Veteran Photo Gallery

When: 10 am - 2 pm

Where: JC

Friday

Veteran's Day

Veteran's Day Flag Raising Ceremony

When: 8:30 am - 9:30 am Where: TRC, SCC, and JC

Community Partner Workshop: Risk Management

When: 9 am - 10:30 am Where: TRC Student Center 219

OEF/OIF Veteran Photo Gallery

When: 10 am - 2 pm Where: SCC

Bruin Voices: Hijabs, Burkinis, and Beyond

When: 12 pm - 1:30 pm Where: SCC CAM Studio

Phi Theta Kappa Meeting

When: 12:30 pm - 2:30 pm Where: TRC STC 217

Basketball Pick-Up Games

When: 5 pm - 7 pm

Where: TRC Lifetime Activity Center

SLCC Choirs in Concert Showcase

When: 7:30 pm - 9 pm Where: SCC Grand Theatre

Latin Veteran's Day Dance

When: 9 pm - 12 am

Where: TRC Student Event Center

Monday

Chess Simultaneous

When: 2 pm - 4 pm Where: TRC Cafeteria, north side

Tuesdav

15

Pizza with the Dean When: 11:30 am - 12:30 am

Where: SCC

Discussion with Utah Attorney General Sean Reyes on Human Trafficking

When: 1 pm - 2 pm

Where: TRC Student Event Center

For more information on these events, please visit www.globeslcc.com/calendar



Ramping up for the latest episode of SLCC Live @slccsmc #Lifeatslcc #radioslcc"

Show us #lifeatslcc through the eves of your camera.

globeslcc.com

#lifeatslcc

Instagram contest







In the caption of your photo include @smc #lifeatslcc and hashtag the SLCC campus (#SouthCity, #Taylorsville Redwood etc.), or email contest.globe@slcc.edu

"Campus is epic this time of year #Lifeatslc

Get your photo published

in The Globe and win a prize.





facebook.com/slccsmc



@GlobeSLCC





The Globe

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With Thanksgiving right around the corner, it's common to think about all the aspects of our lives that we are thankful for: our family, our home, our car, food, technology and just our lives in general. But how often do we think about giving back? Living in Utah, Salt Lake Community College students have one of the greatest opportunities to give back: working with the Utah Food Bank.

Volunteering at the Utah Food Bank is a common activity, and one that is highly appreciated. According to Heidi Canella, Communications Specialist for the Utah Food Bank, last year there was 85,079 volunteer hours logged. That is the equivalent to 41 full-time employees.

"We could not have distributed 31 million meals last year without the support of our volunteers," says Canella.

Because volunteering is such a popular activity with the Utah Food Bank, they are completely booked until after December 23. It is suggested that if you wish to volunteer, that you sign up months in advance. Canella suggests to reach out to the local pantries as they may be in need of extra service. One of those local pantries connected to the Utah Food Bank is SLCC's Bruin Cupboard. It is located at the South City campus, as well as a branch at the Taylorsville, Redwood campus.

Along with volunteering at local pantries, there are also opportunities to volunteer around and on Thanksgiving.

"On Thanksgiving morning, we have various opportunities for volunteers at our Utah Human Race 5K/10K in Draper. Tasks would include helping us set up for the race, host a water station and cleaning up once the race is over," says Canella. "We also have an opportunity on November 23 at our warehouse in Salt Lake to help with our Utah Human Race packet pick-up. Shifts are available that day starting at 8:00 a.m. and finishing by 8:00 p.m. We also encourage students to reach out to local pantries to inquire about

their volunteer opportunities for that day."

If you don't have the time or ability to volunteer, there are a variety of opportunities to donate as well.

The Utah Food Bank is always in need of more food and supplies. The current high priority resources that they need right now are: peanut butter, canned tuna, canned fruit (especially the small pop-top variety), canned stews, chili, boxed meals, macaroni, cheese and pasta.

The Utah Food Bank also asks that the food donated meets these requirements: low in sugar and sodium, all natural juices, all natural ingredients and no high fructose. They also ask that you donate items that you would purchase for yourself and for your family.

For SLCC students to get involved in the donation process, there are three different things that you can do: host a food and fund drive, host a virtual food drive, and donate to your local pantry.

Host a Food and Fund Drive

Hosting a food drive in connection with the Utah Food Bank is a great way to get involved. According to utahfoodbank.org it says "a food & fund is a concentrated effort to collect money, commercially-packaged, non-perishable items to aid families and individuals facing a food crisis." If you wish to receive help in regards to supplies and transportation from the Utah Food Bank be sure to register at utahfoodbank. org/food-drive.

Once you have registered, be sure to gather your friends, family and community together to get as many donations as possible. You can choose how long you would like your drive to last, but be sure to give the donators in your community time to grocery shop and give plenty of reminders. If you receive more than 500 lbs. of product, you can request transportation service from the Utah Food Bank.

Host a Virtual Food Drive

A virtual food drive is a great way to raise money for the Utah Food Bank. Through their Grocery Rescue program, commercial donations, and their purchasing power they can take each \$1 donation and turn it into \$7.35 worth of goods and services. No matter how small the donation, it will all go a long way.

Along with hosting your own virtual food drive, you can also link everyone involved to the Utah Food Bank's own virtual food drive at utahfoodbank.org/virtual-food. At this website, people can select a certain amount of money they would like to donate, as well as purchase food online for the pantry and pay for it all online. It's a quick and easy way to give back.

Donate to Your Local Pantry

The Utah Food Bank covers 82,170 square miles. Throughout that area, there are a variety of locations where you can make your own personal donation. To locate a pantry near you go to utahfoodbank.org/find-a-food-pantry.

"We are so grateful for all of the support we receive during the holidays, but please remember that hunger knows no season," says Canella. "You'd be surprised at just how difficult some of the summer months can be for people facing hunger, so please consider volunteering throughout the year. When you donate food, time or money, you could be helping the person sitting next to you in class, your neighbor or even a family member."

It's Thanksgiving time. A time not just for giving thanks, but for giving back. For more information on the Utah Food Bank and how to donate and volunteer visit utahfoodbank.org.



"My goals this year is to win the PAC 12 championship and go to the NCAA tournament," PERFORMANCE BY DJ KENN says Clark. "One of the biggest challenges this year is adjusting to the game speed, it's definitely going to be different than SLCC." For Clark, basketball isn't just a sport, it's a lifestyle. COVER: \$3 WITH COLLEGE ID / \$5 WITHOUT COLLEGE ID "It's competitive, I love to win, and it's a physical \$1 FROM EVERY ADMISSION WILL BE DONATED TO THE SLCC VETERANS DEPARTMENT sport. It's fast and I love the game," says Clark. To catch Clark and the rest of the Utes in the PRIDE

Huntsman Center, visit utahutes.com for a complete

basketball schedule.

Brought to you by:

Former Bruin hits the ground Runnin'

Brittni Colindres

Contributing Writer @britt colindres

As a new season of basketball quickly approaches for the University of Utah Runnin' Utes, many eyes will be on the former Salt Lake Community College National Champion, Tyler Rawson. The 6-foot-10-inch forward from American Fork helped lead the No. 13 Bruins last season on their championship run in Hutchinson, Kansas. There they beat No. 7 Blue Dragons of Hutchinson Community College on their home court to give SLCC their second NJCAA Division I Men's Basketball Championship in school history.

The stage has since gotten a little bit bigger and the spotlight a whole lot brighter, but Rawson believes that his playing days at SLCC helped him get to where he is now and will help him down the road.

"JUCO (Junior College) level did a lot. You know, going back and playing in Hutch for the National Championship...that did a lot for me," says Rawson. "I've always wanted to be on a stage like this [University of Utah] and it's just a dream come true for me."

The Runnin' Utes have welcomed in many new faces this season and Rawson is looking forward to helping the team grow and accomplish their goals.

"We're still bonding and molding together to become what we want," says Rawson.

As a Bruin, Rawson's ability to lead a team showed on the court and he's looking forward to implementing those traits with his new teammates.

"I'm gonna give a lot of leadership and use my experience and my basketball IQ to help teammates...I think I can bring a lot to the table and continue to put in all the hard work I need to and make sure that we can be the best we can when March Madness comes around," says Rawson.

From shooting on the outside to driving to the hoop, Rawson believes this is what makes him a dangerous opponent to face.



"I'm also a defensive player," says Rawson. "I'm great at help defense and taking charges and blocking shots. Feel like being so versatile is the biggest thing that's helped me through my career."

Whether under his former SLCC Head Coach Todd Phillips or current Utah Basketball Head Coach Larry Krystkowiak, Rawson looks up to those helping to make him a better player.

"All the coaches here or at SLCC have a lot more experience than I do and I trust them that being coachable to them is another key aspect for me and that's why I have such a high IQ of the game," says Rawson.

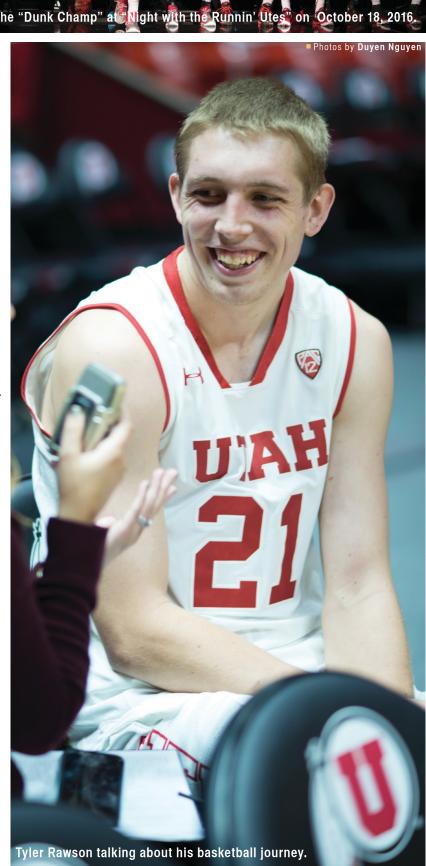
With experience at the junior college level under his belt, Rawson is glad he was able to learn what he did on the court and in the classroom at SLCC before leaving for a four year university.

"Coach Phillips, I gotta give a lot of props to him and the coaching staff," says Rawson. "You know they ran the JUCO program like a Division I [NCAA] program and you know they don't have the amount of resources they do here [University of Utah] but it's all the same idea of having practice and film and getting down in that routine and I think it's been a lot of help for me."

A lot of hard work got Rawson to where he's at now. As he begins this new season at Utah, he's looking forward to continuing to enjoy the process.

"At SLCC they taught me to enjoy the process and to work every day. By the time we know it, it's gonna be March and the season's not even gonna feel like it even happened so I'm just enjoying the moment and happy to be here," says Rawson.

The Runnin' Utes open their 2016-2017 season at home on Saturday, November 12 against Northwest Nazarene. For more information on when Rawson and the Runnin' Utes will be in action visit utahutes.com.



Veterans Week a time to reflect on sacrifices made

Ryan Vuyk

Staff Writer **☑** @RyanVuyk23

November is a month of thanks and gratitude. There are many things that we can and should be thankful for: our homes, friends, the clothes on our backs, the food on the table, our education, and mostly - our freedoms. The freedoms that we experience as Americans comes at a price. It comes from the blood, sweat and tears of those who are willing to fight for our rights. One of the main things we can express gratitude for are the veterans who have risked and given their lives for our countries rights and privileges.

Literally everyday of their service, these soldiers sacrifice the things they want to be doing for the things we get to do.

"Sometimes the things that you sacrifice the most for are the things you end up feeling the most love for," says SLCC student, Jayel Kirby. "Over the past 28 years, Michael, my husband, has served five deployments overseas, totaling 49 months. And that doesn't include all of the shorter separations we've gone through. Our son was born two weeks after Michael left for a deployment to Japan, so they didn't get to see each other until our son was nearly six months old."

SLCC has a program they provide for those who have sacrificed so much for our nation. The Servicemen's Readjustment Act of 1992, more commonly known as the G.I. Bill, allows for veterans to have low-mortgage rates, lower interest loans and financial aid for those who choose to attend school. The G.I. Bill is a program used nationwide and helps veterans and their families.

"The benefit that we are using is called the Post-911 GI Bill. For me to use that, I have to have served in a combat zone. There are a lot of requirements to transfer my G.I. Bill to my dependents, including having served at least six years in the service and having at least four years left on my contract," says Michael Kirby. "So a lot of times, soldiers have to reenlist in order to transfer it to their dependents. The amount of time spent in a combat zone determines the percentage of tuition that the benefit will cover. Once the benefit has been transferred, dependents have up to fifteen years to use it."

This holiday season students should remember those who've risked their lives for our freedoms. While enjoying the turkey or opening your presents, take the time to write a letter of gratitude. Think of others who truly deserve to feel the love that goes unexpressed more often than it should. Help them feel equally as important as they really are.

"The list of sacrifices we've made is longer than you can imagine, and can't be completely comprehended by anyone who hasn't lived it," Kirby contiues "Even within the military community, each family member has had their own individual experiences, so it's difficult to help others understand what it was like. As for me and my family, the toll has been high. But we are better for it...our love for our country is greater because we have seen what life is like for people who live outside our boundaries, and we understand the cost of maintaining our freedoms."



5th Annual Student Media Center Food Drive

Let's CAN Hunger!! November 9 - 28, 2016

Donations go to fill the Bruin Campus Cupboard

Drop-off Locations:

- TB 316 at Taylorsville Redwood Campus
- Newsroom (1-054) at South City Campus

All SLCC students who donate are eligible to win prizes!!

Prizes such as gift cards for iTunes, New Golden Sun, The Pie,
Rusted Sun Pizzeria, Quick Wits and many others!

Take a photo of you and your donation, use the tag #SMCFoodDrive on or email the photo to contest.globe@slcc.edu to enter the prize drawing.



GEOGRAPHY AWARENESS WEEK & GIS DAY

Tuesday, Nov. 15th

11:30am – 1:00pm, Union Saltair Room Salt Lake GIS User Group Meeting RSVP required - http://www.slug-gis.info/

Wednesday, Nov. 16th – GIS Day

9:30 – 11:30am, Building 73, Room 107 Geography Careers Panel Discussion Emily LaMunyon, Salt Lake County Surveyor's Office Andre Coleman, Pacific Northwest National Laboratory Dr. Rob Baskin, United States Geological Survey Emanuel Vasquez, Wild Utah Project Dr. Dale Quattrochi, NASA, George C. Marshall Space Flight Center

12:00 – 1:30 pm, Building 73 Lobby Geography Open House and Hosted Lunch

1:00 pm, Building 73 Geography Poster Contest Judging

Thursday, Nov. 17th

5:00 – 7:00 pm, Building 73, Room 107 Geography Bowl Academic Team Competition

7:45 pm - Social gathering at Porcupine Pub & Grille, 258 South 1300 East, self-pay

Friday, Nov. 18th

12:30 – 1:30pm, Building 73, Room 106 Geography Week Colloquium Featured Speaker Dr. Dale Quattrochi,

NASA, George C. Marshall Space Flight Center "Risk Forecasting of Emerging Vector-borne Diseases: Dengue fever, Chikungunya, and Zika Viruses in the Caribbean and United States"



NOVEMBER 9, 2016 WWW.FACEBOOK.COM/SLCCSMC THE GLOBE - 9

Associate degree is a key step in the right direction

Richard Blake

Contributing Writer

It is common these days to think of an associate degree as not important. For many, it is merely a stepping stone toward a bachelor's degree. There are plenty of people who just take a few classes at a community college and move to a four year institution. What they don't realize is that community colleges where associate degrees are earned are set up for getting good hands-on experience toward finding that desired job.

"If you go to a four year school like the U [University of Utah] that has a film program, their program is more to teach you to be a film critiquer, how to appreciate film, all about what film is all about, "says Cindy Clark, Advisors for Arts, Communication, and New Media at Salt Lake Community College. She also said that the program at the U wouldn't teach you how to be a movie maker. She continued, "The four year degree wouldn't suit your purpose, you would come here to learn how to make movies." She does have the opinion that an associate degree online does

not have as much value because the options of hands on experience are limited.

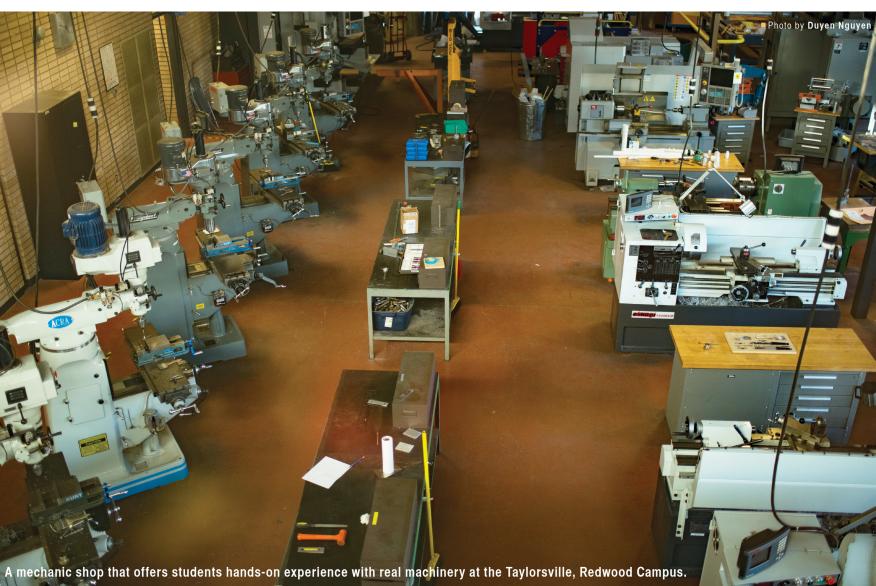
The community colleges are set up as places where people go to get hands-on experience rather than simply learning theory. Courses taken at two year colleges give a student experience that can be put onto a resume. Many jobs require someone to have a certain amount of experience before being considered. Theory is discussed, but so is work and application of theory.

Gordon Storrs, Academic Advisor of the Communication Department at Salt Lake Community College also gave his take on the subject. He said that there are some professions these days that only require an associate degree. Going after positions like being a paralegal or jobs working machinery would only require an associate degree. He does emphasize that getting a degree in general studies has little value except as a stepping stone toward a higher degree, but those that do have emphasis can be of great value for

a potential job seeker.

There are even some websites that lay out jobs that require no more than an associate degree. In the current day and age these kinds of aids are more easily found and there are people out there to help those with Associate of Arts, Associate of Science and Associate of Applied Science degrees find work. One such website is: createacareer.org/associate-degree-jobs/

Depending on what one wishes to go into, there are options out there for people with an associate degree. Besides the lower cost of attending a junior college, the hands-on skills and connections one can get while working toward that degree, an associate degree can help someone find a better job when planning to later attend a four year institution. However, a four year degree is not necessary for someone being successful in the search for good paying jobs.



Psychologist profile pairs personality with path

Jake Zaugg

Contributing Writer @zauggernut

The Myers-Briggs Type Indicator is a personality assessment that aims to apply the theories of German psychologist Carl Jung to everyday life by making a judgement on how an individual perceives and then interacts with the physical world. Aware of the value many place on these tests, counseling centers at Salt Lake Community College offered around 150 of these tests to students at no cost earlier this semester. The program is now ending, however, the assessments are still available at Academic Advising for \$25.

"I would recommend the MBTI for major and career exploration," says Michelle Tuitupou, counselor at SLCC. "[The MBTI] is an assessment or an indicator; as long as you answer the questions truthfully, you can tell that certain people gravitate to certain professions or majors."

SLCC received a Equity, Diversity, and Inclusivity Grant from President Denise Huftalin's Committee on Inclusivity and Equity that allowed for 55 free tests to be given. The director of Academic Advising then donated enough money to allow for 100 more tests. These tests were used up quickly, as students clamored to catch the popular service.

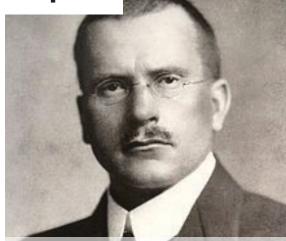
"I'm always hunting for funding for more free assessments" says Tuitupou when asked if the grant

would be renewed. "We've also been looking into perhaps requiring students to purchase assessments for certain classes instead of useless textbooks. Personally, I think it's [the assessment] better than a textbook."

The Myers-Briggs was first released for general use in 1944 as "The Briggs Myers Type Indicator Handbook," a book compiled by researcher Katherine Cook Briggs and her daughter Isabel Briggs Myers. Briggs and her daughter sought to apply Jung's typological theory to everyday life, and developed the test to categorize people based upon how they experience reality. The four categories, known as sensation, intuition, feeling, and thinking, vary in intensity between individuals. This is theorized to explain why individuals behave the way they do.

Are you an introvert on an extrovert, and do you prefer to reason or to feel? When solving problems, do you focus on the facts, or try to extrapolate and imagine the possibilities? Are you open minded, or do you trust your own judgement? The Myers-Briggs aims to provide concrete evidence for each of these questions, and provide applicants with a deeper blueprint of their own personality.

"[The assessment is] open to the public. Anyone can take the assessment and have the interpretation



German psychologist Carl Jung founded analytical psychology.

done." Tuitupou, who continued to say that she believes anyone looking for a sense of self, student or not, could greatly benefit from this test. "I hate to tout myself, but this assessment is the cheapest in the state!"

The Myers-Briggs is offered at Academic Advising for \$25, but applicants can also take the Strong Interest Inventory, another personality and career assessment, for another \$25, or \$40 for both at one time. For further information contact Academic Advising at 801-957-4978 (Taylorsville, Redwood), or 801-957-3361 (South City).



Clinical Research Study For The Removal of Wisdom Teeth

Do you need to have your wisdom teeth removed?

PRA Health Sciences in Salt Lake City, UT is looking for individuals that need to have their wisdom teeth extracted to take part in a clinical research study.

The purpose of this study is to test the effectiveness of an investigational post-operative pain relief treatment.

Study Requirements:

- Volunteers must be healthy and between the age of 18 to 40 years old
- Volunteers must require the surgical extraction of at least 3 wisdom teeth, of which at least 2 must be impacted
- Volunteers must comply with a 2-night clinic stay and 2 study visits

Participants Receive:

- Limited dental exam and free x-ray
- Surgical extraction of wisdom teeth at no cost
- Study-related medication or placebo



If qualified, you will receive study-related procedures at no cost and, may receive compensation up to \$825 for your time and travel.

To find out more call PRA at (801) 269-8200 or visit us on the web at Volunteers.prahs.com. Thank you for your interest!

PRA HEALTH SCIENCES / 3838 S 700 E #202, Salt Lake City, UT 84106 / Call (801) 269-8200 / Volunteers.prahs.com



JOIN US FOR A **TRANSFER OPEN HOUSE ON WEDNESDAY, OCTOBER 26, 2016, 6-8:00** PM.
RSVP at **westminstercollege.edu/openhouse**.

