STUDENT VOICES AND VIEWS FOR THE SLCC COMMUNITY SHURE Live Vegan Life Profile of Adrianna Kallas, Pg. 3 On Air Peace Of Mind Bike registration on campus, Pg. 4 Radio programs offered at SLCC, Pg. 5

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SEPTEMBER 9, 2015

The Globe

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What's Hip, Hot, and Happenin' on Campus

WWW.GLOBESLCC.COM

Forever Plaid

Monday

Tuesday

& Reception

When: 12:00 pm - 1:30 pm

Where: TRC: AAB Foyer

New Members Day

When: 7:00 pm - 8:00 pm

Where: SCC: 2-182

When: 7:30 pm - 10:00 pm

About Mental Health"

Where: TRC: Student Event Center

When: 12:00 pm - 1:30 pm

Where: SCC: The Grand Theatre

DISABILITY AWARENESS WEEK

"Stand Up to Stigma: Let's Talk

DISABILITY AWARENESS WEEK

"Under the Stars" Book Launch

Revolutionary Students' Union -

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/SLCCVOICES

Wednesday

Club Rush / Resource Fair

When: 11:00 am - 1:00 pm Where: SCC: East Entrance/Forum

Equality Involvement Club Meeting

When: 4:00pm

Where: TRC: Student Center, Parlor B

Thursday

Club Rush / Resource Fair

When: 11:00 am - 1:00 pm Where: Jordan Campus: HTC

Multicultural Student Meet & Greet

When: 11:30 am - 1:00 pm

Where: TRC: Student Center - Rm 236

Lerning Styles: How Do You Learn Best?

When: 3:00 pm - 5:00 pm

Where: TRC: Student Center - STC 225

Jurassic World

When: 8:30 pm - 10:30 pm

Where: Jordan Campus - Cate Field



Friday

Sundance Screening: The **Hunting Ground**

When: 6:00 pm - 8:30 pm

Where: Jordan Campus - Cate Field

Forever Plaid

When: 7:30 pm - 10:00 pm Where: SCC: The Grand Theatre

Thayne Center Alternative Fall Break Deadline

When: 5:00 pm Where: Online



Saturday

Forever Plaid: Matinee

When: 2:00 pm - 4:30 pm Where: SCC: The Grand Theatre

For more information on these events, please visit www.globeslcc.com/calendar

Student's Showcase Life @ SLCC'

Be an Instagram Contest Winner "Makin' Music" @South City Campus

The Globe is proud to present a new Instagram contest! Show us #lifeatslcc through the eyes of your camera. A winning photo will be printed in The Globe each week and the winner will receive Quick Wits tickets, an iTunes gift card or a Bruin Bites gift card.

Instagram users

In the caption of your photo, please include:
• a mention of the MCC handle (@masscommcenter)

the hashtag #lifeatslcc

• the hashtag for your campus, e.g. #SouthCity

Non-Instagram users / Alternate submission method

Email contest.globe@slcc.edu with an attachment of your photo

Provide a caption for your photo and include the hashtag #lifeatslcc

and a hashtag for your campus, e.g. #TaylorsvilleRedwood

Disclaimer: By uploading an image to Instagram where you mention @masscommcenter, or attaching any image that is sent to contest.globe@slcc.edu you are allowing The Mass Communication Center and any of its student mediums to redistribute that image at their discretion (print, online, social media, etc.) If your image is used by MCC media, proper credit will be given as the source of the image.

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Profile: vegan student speaks to Globe about lifestyle choice

Rachelle Fernandez

Staff Writer

If you are a student at SLCC and use the gym facilities, you might know her. Adrianna Kallas posts up behind the check in desk at the Lifetime Activities Center. Always with a smile, greeting people as they head in for their workout.

Kallas has been living the vegan (no meat or any animal by-products) life for two years now. For many students that sounds unfathomable, but for Kallas it's not just a diet, it's a lifestyle.

"It's been 10 years now since I ate meat," says Kallas a second year student osychology major and employee at SLCC. "I'll never go back [to eating meat] never, I know too much."

Kallas was born in Tacoma WA, and moved to Salt Lake City when she was just 3-years-old. Even in her younger years, Kallas always had a love for animals.

"I've always been [like] a Snow White animal lover, my mother is the same way," says Kallas. "I was never raised to make the connection, that the chicken on your plate is different than the cute little chicken running around -- when I finally made that connection I starting asking why."

Many vegans start out as vegetarians, which they often find makes that transition easier.

"I did my research on the meat side so I was very informed on that industry, but I wasn't informed on the dairy side, so I decided to just be vegetarian because I missed cheese so much," says Kallas.

After going back and forth between the two lifestyles, Kallas decided to research the dairy industry.

"Eating meat is more ethical than eating dairy, the dairy industry is just heartbreakingly terrible," Kallas says.

Kallas feels that anyone could become a vegan.

"This lifestyle is for anybody, I was raised [blue collar] on happy meals and Ramen noodles, especially coming from a greek family, its meat, cheese and wine.



SLCC student Adrianna Kallas on the Taylorsville Redwood Campus.

So it was very hard starting out," says Kallas. "The vegan community was so much smaller, and I was on my own."

Over time with research and label reading Kallas became self-taught vegan, and just as any lifestyle that is not mainstream, it can be hard.

"The most negative thing about this lifestyle is to know you can't save them [animals] all. Nobody's perfect, there's no such thing as a perfect vegan."

SLCC catering is making moves to buy their produce from organic local farms -- a small step towards reversing the ways of a society that has lived one way for so long. Bringing vegan food to SLCC attract more students, and when they share the food, it only expands.

"Vegans stick together. When we hear of one place that has a vegan option, it spreads and grows from there."

There are many places that are offering vegan options and a few that are completely vegan. To try some great vegan food, visit Vertical Diner, Rawtopia or City Cakes. Some local grocery stores even have vegan options/substitutes, but you have to ask for it.

SLCC alumni Max Roth speaks on the origins of <mark>Thayne Center</mark>

Tamara Brune-Wharton

Staff Writer

Max Roth was the master of ceremonies and guest speaker at the 50th anniversary of the national

AmeriCorps Volunteers in Service to America (VISTA) program at the Utah Cultural Celebration Center.

Fox 13 anchor and SLCC alumni Roth, laughs as he tells of his feisty grandmother's reaction when he was sworn in to national service during his college days.

"She'd say, 'Max, when are you going to stop wasting your time with this VISTA thing?' She loved to push my buttons," says Roth.

Roth speaks of the great privilege it was to secure a grant and help launch the Salt Lake Community College's 'Emma Lou' Thayne Service and Learning Center.

"I went to SLCC and I arrived at the Office of Alumni Relations and Community Service. There were three of us and I loved it," says Roth.

As a SLCC student he remembers creating a Power Point and going class to class to encourage students to get involved with and care about service.

"I was doing what I loved; communicating with

people. I was creative in getting out there and putting it together. By the end of the year, the school had committed to a full-fledged volunteer program," says Roth. "We were really going somewhere."

He signed up for another year to help root the



Max Roth interviews members at the 50th anniversary spotlight of AmericaCorps VISTA in West Valley.

Thayne Center on SLCC's campus. A year that would be different than his first. He describes a bit of loneliness in keeping the programs afloat during administrative changes and not having the ability to

create more programs or visit with more people.

"We were kinda removed in a double-wide portable and there was not bathroom in there," says Roth

Roth says there were certain SLCC staffers that went out of their way to lighten his load and help him

succeed with his goals. One of those helpful staff members just happened to be SLCC's new college president, Deneece Huftalin, while she was in a previous position at the college years ago.

"I stuck through it and I am proud of it. The Thayne Center is still there. It's a great program and it's thriving," says Roth. Adding with a firm smile, "I don't take credit for it."

Since his national service, Roth has been a television reporter, as well as attending divinity school. He worked with grieving parents in a children's hospital and studied the art of being present. Roth is a successful reporter and family man who enjoys the art of communication and helping others.

For more information about Max Roth, visit Fox13now.com, for more information about the Thayne Center go to slcc.edu/thaynecenter or nationalservice.gov for more information about AmeriCorps Vista.

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SLCC addresses theft prevention with free bicycle registration

Brad Bennion

Radio News Director



Bike racks are provided at every campus.

Salt Lake Community College offers a free registration service to help students recover their stolen bicycles.

With racks usually just a few feet away from building entrances, SLCC students who ride their bikes to school are guaranteed to find the best parking spot anywhere. These spots, however, can be an easy target for thieves.

"I often see bikes left unlocked or unguarded," says student bicyclist Scott Miller.

Finding a stolen bike can be nearly impossible, and SLCC Parking Services wants to help in the process of recovery through its free registration program.

Registering a bike with SLCC gives local police the ability to quickly pull up the information needed to find the stolen bike. Bike registration is free to all students, faculty and staff, and never expires.

In 2012, the Utah Highway Patrol decided that there needed to be a way to identify stolen bikes more easily. UHP reported that there have been 72 bicycle thefts since the program began in 2012.

"If a bike is sold at a pawn shop, the shop has to check the serial number on a local registry," says Sgt. Phil Waters. "If the bike was registered on the SLCC program, they will know immediately, and inform the police."

UHP is currently working with student government to promote the program during Club Rush. They also want to provide incentives for students who register their bikes.

Eventually, SLCC students who register will receive a coupon to buy a bike lock at half price through the campus bookstore.

To reduce the likelihood of a theft on campus, bike riders are encouraged to take precautionary measures.

According to Sgt. Waters, "No bike has ever been stolen that was locked with a U lock. Thieves can easily cut through other locks but can't cut through the U lock."

"Make sure the lock you have can go around the frame and any quick release tires," says Miller. "If you want extra protection, you can remove the seat and take it with you. This makes stealing a bike more



Grant Gembra rides his bike after class.

difficult, and will make the burglar more noticeable."

For bicycle protection, SLCC provides bicycle racks at every campus, and UHP officers patrol each campus every day class is in session.

To learn more about the bike registration program, visit slcc.edu/parking or call 801-957-4011.

Diversity celebration event at Taylorsville Redwood Campus

Guadalupe Sandova Rodriguez

Staff Writer

The Office for Diversity and Multicultural Affairs is hosting a multicultural meet-and-greet event on September 10th at the Redwood Campus.

"This is the first year we are hosting this event at the Redwood Campus," says Shellie Jo Enscoe, Director of the ODMA.

Enscoe describes the multicultural meet and greet event as a way for students to come together and learn about other unique people, the many cultural clubs on campus, and meet with some of the multicultural advisors.

"Many students don't know that there is a multicultural student council on campus. The council will be here to talk with students about the duty of representatives on the council," says Enscoe.

The council exists to address the need for student's voices to be heard and the involvement center is part of the multicultural center.

"The student involvement center is a place that offers support, activities, and space for students. We have tutors, quiet study rooms, couches, games, and a book library to read about equality and social justice, with the goal of bringing the community together through unity," Enscoe says. "We all have these intersections of identity, all these multiple identities, that

makes us who we are. That's why every human being is diverse, because we are uniquely different. But how can we empathize with other humans if we don't learn about them, or take time to know them, understand them? We

accomplish this by diving into their culture and exploring them. How can you value or respect something you don't know?"

According to Enscoe, the meet and greet is an opportunity for students, staff, faculty and anyone else in the community to come together in a place that values who they are, celebrates what they are, and allows students to express themselves.

Some of the activates include music from around the world, as well as videos. Students who bring this printed edition of The Globe will also get a free gift.

There will be a fundraiser for the victims of the Nepali earthquake, as part of the ongoing relief efforts there

"My job is not the end all be all, I'm just one person. My job is to work with all of these amazing people and this tremendous talent we have across our institutions. These dedicated people who are committed to social

These dedicated people who are committed to social justice, equality and diversity work, ensuring inclusivity in our campus," says Enscoe about her role at SLCC.

"This isn't a job, this is our life," Enscoe concludes, "Our lives need to be committed to positively impacting as many people as we can. We do this by bringing this huge community together, using everyone's strength, building people's strengths, and helping people move to success. That's what we do!"



Photo by Guadalupe S Rodriguez

Shellie Jo Enscoe, M.A. Director, Office for Diversity and Multicultural Affairs Campus.

Students command airwaves with broadcast program at SLCC

Marc Hanson

Editor

With the proliferation of streaming services available, one might consider radio to be a dying medium. But the truth is, not only is the industry strong -- it's thriving. According to Neilson's Q1 2015 Total Audience report, approximately 93% of American adults utilize radio.

Salt Lake Community College is providing students the tools necessary to take advantage of radio's massive reach. The SLCC Mass Communication Center (MCC) boasts a state-the-art broadcast facility and top notch professors who are experts in the field. Students master the craft at an accelerated rate through the program's real world, hands on approach. Students with little or no experience will catch on quickly and have an opportunity for their own radio broadcast where they call the shots.

"They [the professors] work with you and give you a lot of freedom and encourage you to find your own voice." says Hannah Allen, SLCC student and promotions director for RadioSLCC.

SLCC has two programs dedicated to radio broadcasting, COMM1560 and



Michael Waters prepares his own internet radio show on RadioSLCC.com.



Student DJ and Globe staffer Guadalupe S. Rodiguez on Radio SLCC.

COMM 2560. Students enrolled in either of those classes will learn the history of broadcasting, along with the theory and techniques used by today's professionals. Classroom lectures are kept to a minimum with an emphasis on getting students into the studio for hands on experience.

"It's really an awesome radio program. I went in with only a little bit experience and they just threw me into it." says Allen.

Students who might not be considering broadcasting as a career are still encouraged to enroll. In addition to the technical aspects of knowing one's way around a studio, students will gain valuable communication skills. Students completing a broadcast program will gain confidence in a broad spectrum of communications, both personal and professional. Additionally, skills learned in COMM 1560 and COMM 2560 can be used for anyone interested in podcasting, film, acting, public relations and public speaking.

"One of the best things about radio is you have the ability to speak to a very broad audience, but still connect on an individual level." says Brad Bennion, News director at RadioSlcc.com

Live on-air examples of what the current broadcasting students are doing can be heard at RadioSLCC.com. Click on the DJS tab for a schedule of SLCC's current roster of student DJs.



"Be Prepared" CERT is part of #lifeatslcc @masscommcenter at #Miller

Show us #lifeatslcc through the eyes of your camera.

"Football" Bruin's Sports club #lifeatslcc @masscommcenter at #TaylorsvilleRedwood

Get your work published in the Globe &other prizes.





"Childcare" #lifeatslcc @masscommcenter at #SouthCity



In the caption of your photo include @masscommcenter #lifeatslcc and hashtag of your campus(#SouthCity, #TaylorsvilleRedwood etc.) or email contst.globe@slcc.edu

Tim Montana at SLCC welcome week preceeding Joe Nichols

Ashley Frias

Photograher

Bringing their unique brand of gritty, high energy country rock, Tim Montana and the Shrednecks entertained students on their three campus tour during Salt Lake Community College's Welcome Back Week activities.

Continuing with the country theme, Student Life and Leadership will be bringing in Joe Nichols Friday, Oct. 2, 7:30 p.m.

Tickets are available at the information desks at Jordan, Taylorsville Redwood and South City campuses.

Student with valid SLCC ID can purchase tickets at a discounted price of \$5 for bleachers and \$10 for floor (limit 4 per person). Public tickets are \$10 for beachers, \$20 for floor.











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