

THE GLOBE



STUDENT VOICES AND VIEWS FOR THE SLCC COMMUNITY

New President

The SLCC inauguration , Pg. 4

Chopped

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Achieve Goals

Tips for keeping your resolutions, Pg. 5

What's Hip, Hot, and Happenin' on Campus

Wednesday
14
Beyond American Gothic
When: 10 am - 5 pm

Where: South City Campus, Eccles Art Gallery

Placement Test Prep Workshop
When: 3 pm - 4 pm

Where: Student Center 221, Taylorsville Redwood Campus

Thursday
15
Beyond American Gothic
When: 10 am - 5 pm

Where: South City Campus, Eccles Art Gallery

Placement Test Prep Workshop
When: 11 pm - 12 pm

Where: Student Center Parlor A, Taylorsville Redwood Campus

SLCC Women's Basketball vs Colorado Northwestern
When: 5:30 pm - 7 pm

Where: Bruin Arena, Lifetime Activities Center

Race Perspective Workshop - Part 1
When: 6 pm - 8 pm

Where: Community Writing Center, Library Campus

Backstage at the Grand Presents: Joy & Eric
When: 7:30 pm - 9:30 pm

Where: The Grand Theatre

SLCC Men's Basketball vs Colorado Northwestern
When: 7:30 pm - 9:30 pm

Where: Bruin Arena, Lifetime Activities Center

Friday
16
Beyond American Gothic
When: 10 am - 5 pm

Where: South City Campus, Eccles Art Gallery

Placement Test Prep Workshop
When: 1pm - 3 pm

Where: High Tech Center Room 223, Jordan Campus

Backstage at the Grand Presents: Joy & Eric
When: 7:30 pm - 9:30 pm

Where: The Grand Theatre

Saturday
17
SLCC Women's Basketball vs USU-Eastern
When: 3 pm - 4:30 pm

Where: Bruin Arena, Lifetime Activities Center

SLCC Men's Basketball vs USU-Eastern
When: 5 pm - 7 pm

Where: Bruin Arena, Lifetime Activities Center

Backstage at the Grand Presents: Joy & Eric
When: 7:30 pm - 9:30 pm

Where: The Grand Theatre

Monday
19
Martin Luther King Day
SLCC Closed: No Classes

Tuesday
20
Beyond American Gothic
When: 10 am - 5 pm

Where: South City Campus, Eccles Art Gallery

For more information on these events, please visit www.globeslcc.com/calendar

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Student's Showcase Life @ SLCC

Be an Instagram Contest Winner Brook Cummings - Arnold "The dog ate my homework"

The Globe is proud to present a new Instagram contest! Show us #lifeatslcc through the eyes of your camera. A winning photo will be printed in The Globe each week and the winner will receive Quick Wits tickets, an iTunes gift card or a Bruin Bites gift card.

Instagram users

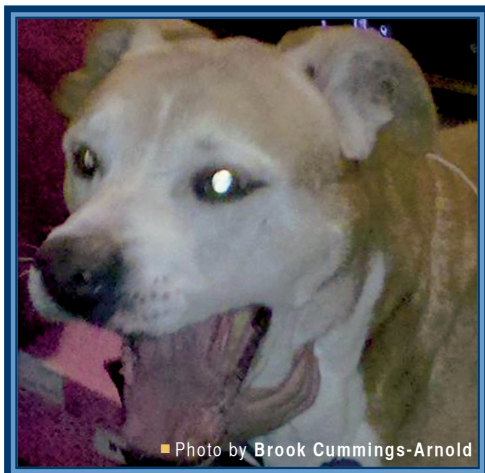
In the caption of your photo, please include:

- a mention of the MCC handle (@masscommcenter)
- the hashtag #lifeatslcc
- the hashtag for your campus, e.g. #SouthCity

Non-Instagram users / Alternate submission method

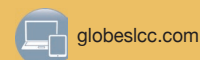
- Email contest.globe@slcc.edu with an attachment of your photo
- Provide a caption for your photo and include the hashtag #lifeatslcc and a hashtag for your campus, e.g. #TaylorsvilleRedwood

Disclaimer: By uploading an image to Instagram where you mention @masscommcenter, or attaching any image that is sent to contest.globe@slcc.edu you are allowing The Mass Communication Center and any of its student mediums to redistribute that image at their discretion (print, online, social media, etc.) If your image is used by MCC media, proper credit will be given as the source of the image.



■ Photo by Brook Cummings-Arnold

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Sundance Film is coming to Salt Lake Community College

Kathleen Eccles

Staff Writer



After several years of effort on behalf of Richard Scott, The Grand Theatre director and interim Dean of Arts and Communication, The Sundance Film Festival has partnered with Salt Lake Community College as a venue. The Film Festival will partially take place on the South City Campus in The Grand Theatre.

The Sundance Film Festival, founded in 1981 by Robert Redford, began in Utah with the hope of attracting more filmmakers to the area. Since its beginning it has proceeded to bring 200 films and climbing into the state. With those movies also a lot of foot traffic from movie buffs and celebrities alike. Which means that Salt Lake Community College students will be sharing the hallways with recognizable actors.

This year Salt Lake Community College will be the second largest venue to offer screenings with 1,100 seats in The Grand Theatre, only being beat out by 170 seats at The Eccles Theatre, which has 1,270 seats and is located in Park City. Having The Grand Theater means there will be an additional 20,000 seats added to the festival during its 11-day duration.

This year the festival will be held from Jan. 22 through Feb. 1. For those who are interested in viewing a film at The Grand Theatre there will be a list of movies specific to the venue through the Sundance web page and also available through the film guide that will be distributed during the festival. The festival will be selling Grand Passes, which will grant all access to screenings at The Grand Theatre. A listing of box office hours and locations are also available through the Sundance website at sundance.org/festival.

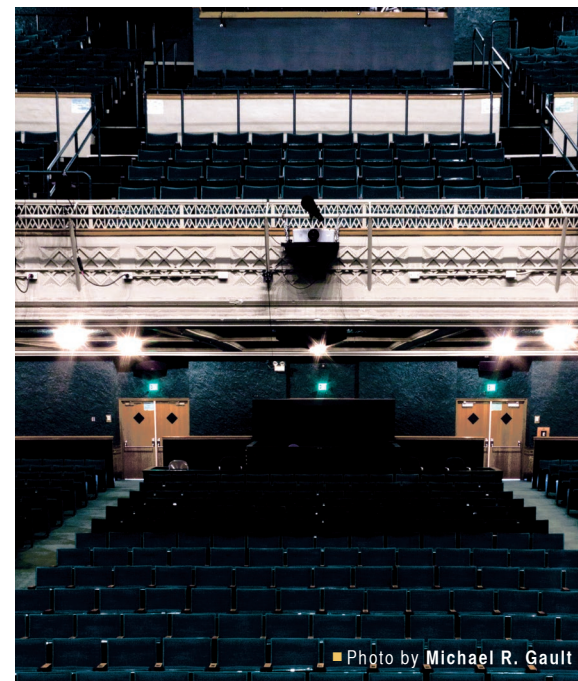


Photo by Michael R. Gault

Sundance films will be viewed in Grand Theatre.



We Want You

To run for Student Association President or Executive Vice President

Election packets available now!

Online: www.slcc.edu/sll, or in any Student Life & Leadership office

Locations

Taylorsville Redwood: STC 124

Jordan: SP 101C South City: 2-070



Dr. Deneece Huftalin **inaugurated** as eighth president of SLCC

Randy Harward

Staff Writer

TV cameras. A Jumbotron (or equivalent). Men with earpieces who look really serious. The governor. If these are present at your party, you know you've done something special. In fact, you may have realized a dream.

Dreaming – and doing – was the theme at the inauguration of Dr. Deneece G. Huftalin, the eighth president of Salt Lake Community College, last Friday. Sitting beside her son Max, Huftalin smiled, laughed and even cried as a string of politicians, alumni and faculty praised her as an accomplished dreamer who works tirelessly so that others may achieve their own goals.

"I'm equally grateful and excited about this new opportunity the leadership and skills of President Deneece Huftalin brings [to SLCC]," Governor Gary R. Herbert said to hundreds who filled chairs and bleachers at the Lifetime Activities Center on the Taylorsville Redwood Campus. "The future," continued the Governor, "is bright for Salt Lake Community College. We have reason to be very optimistic."

Gov. Herbert called Dr. Huftalin "diminutive" and "dynamite," and pointed out she's no stranger to SLCC. Huftalin joined SLCC in 1992 as Director of Academic and Career Advising and, over two decades, worked her way up to become Dean of Students. When Dr. Cynthia A. Bioteau left to head

Florida State College at Jacksonville in late 2013, Huftalin became interim president.

Her hard work and "personality-plus" led the Utah Board of Regents to ask her to consider taking the job on a permanent basis.

Guest speakers like Timothy Huval, Chief Human Resources Manager for health insurance company Humana – as well as a SLCC alumnus and former employee, echoed the sentiment. Huval, whose SLCC office was a storage closet, says Huftalin frequently reminded him that the office "does not diminish you. I promise you – you're okay." Huval then stated emphatically, "It is a great day for Salt Lake Community College and the State of Utah."

Associate Professor of English Lisa Bickmore read "Considering the Future: A Poem for Peace" by Emma Lou Thayne. A friend of Huftalin and SLCC, and namesake of SLCC's Thayne Center for Service and Learning, Thayne wrote the poem just for Huftalin's occasion. The lines "...I have only one voice, one language, one set of memories to look back on, a thousand impulses to look ahead" are especially poignant because Thayne passed away last month.

The acoustic duo Joy & Eric – featuring SLCC Public Relations Direction Joy Tlou, offered inspiration in a stunning rendition of Phillip Phillips'

"Home." The lyric "Just know you're not alone/'cause I'm gonna make this place your home" made for a powerful welcome to the new president.

Utah System of Higher Education Commissioner Dr. David L. Buhler and Vice Chair of the Board of Regents Pastor France A. Davis had some especially powerful words for Huftalin in the "Charge To and Investiture of the President."

As Commissioner, Buhler is frequently involved in presidential searches. The search for SLCC's president was a little different, he said, because "I was constantly asked by members of the community, faculty, staff and students of this institution, 'Why are you searching? We already have the best possible president.' A rigorous and inclusive search process confirmed that what I was hearing was true: The woman serving as interim president, who had already devoted much of her life and career to the College, is the best person to lead it forward."

Davis, filling in for Board of Regents Chair Daniel W. Campbell, then delivered the Charge. After reiterating that Dr. Huftalin has the "full confidence" of the Board, Davis outlined four areas of focus for the new president. He charged her to educate and equip students to compete and excel in the world, stay true to SLCC's mission, build unity within the institution and strengthen relationships with the community you serve.

Before taking the podium for her inaugural address, Max Huftalin gave his mother a warm introduction, calling her "one of the greatest embodiments of good that I've ever witnessed." After a standing ovation, Huftalin said she is "proud and humbled to accept the president's position and the charge that I have been given at this institution, which I have come to love deeply." She expressed her "deepest thanks" for the "sacred trust" in allowing her to lead "our voyage to make Salt Lake Community College the premier community college in this country."

Dreaming big, Huftalin said, "is part of America's collective psyche" and that the "evolution of the community college itself is a product of dreaming and doing." In order to realize these dreams, we must adopt a "positive restlessness."

"Dreams without action only mark time," said Huftalin. "My hope is that our dreams will eclipse our fears and our actions will transform our words into the reality, for many students, of a life filled with greater personal power. Power to make a real dream come true that may only be now a glimmer."



Photo by Michael R. Gault

Pastor France A. Davis, Vice Chair of the Utah State Board of Regents, delivers the charge of office to Salt Lake Community College's 8th president, Dr. Deneece G. Huftalin, Friday, Jan 7, 2014

Tis the season for **keeping goals** and New Years Resolutions

Elysa Giles

Staff Writer

Tis the season for excessive eating, monumental amounts of stress, spending too much money, and of course formulating grandiose plans to do away with all those vices next year.

It's time once again for the New Year's resolution. The concept of making New Year's resolutions is archaic. Babylonians vowed to their gods that they would repay their borrowed debts in the coming year. The month of January is named after Janus, the Roman god who the Romans made resolutions to at the beginning of each year. What's baffling, albeit a bit embarrassing, is the fact that after all of these years of resolution making we have yet to master the art of keeping them. The practice of goal setting is invigorating and somewhat comforting, but how do we close the gap between setting intentions and bringing them to fruition?

A study by the Journal of Clinical Psychology found that while 45 percent of Americans make resolutions only eight percent are on track with their goals six months later. That leaves 37 percent of us well-intentioned goal setters right back in the same tight fitted pants and disorganized offices as before.

The question presents itself, are we really so bad at following through with commitment? Or are we just following the wrong formula for success?

Ph.D Tasha Eurich with the Huffington Post suggests that one of our biggest obstacles when accomplishing goals is a theory called Delusional Development. Delusional Development is the idea that something will come to be simply because you want it to. The problem in this thinking pattern is that there are no concrete steps to follow; you're flying blind.

"The more we research the more we find that our brain is set up to follow it's pleasure pathways, and success triggers pleasure. But the way we set goals without a plan for success sabotages the way our brain seeks accomplishment. If you fail enough times your brain stops thinking it has the power to succeed," said Marci Williams, life coach, fitness instructor and ardent advocate of health.

The answer to successful resolutions may lie in working with our biology instead of against it. This means being mindful of not just which goals to set but how to set them.

"If you're not a morning person, don't decide that 2015 is the year you're going to get up at 5 A.M. to workout; you won't do it! The goals you set need to be conducive to your natural likes and dislikes.

If you like being outside set goals that allow you to involve being outside, if you like cooking set goals that involve improving the health value of your food preparation," said Williams.

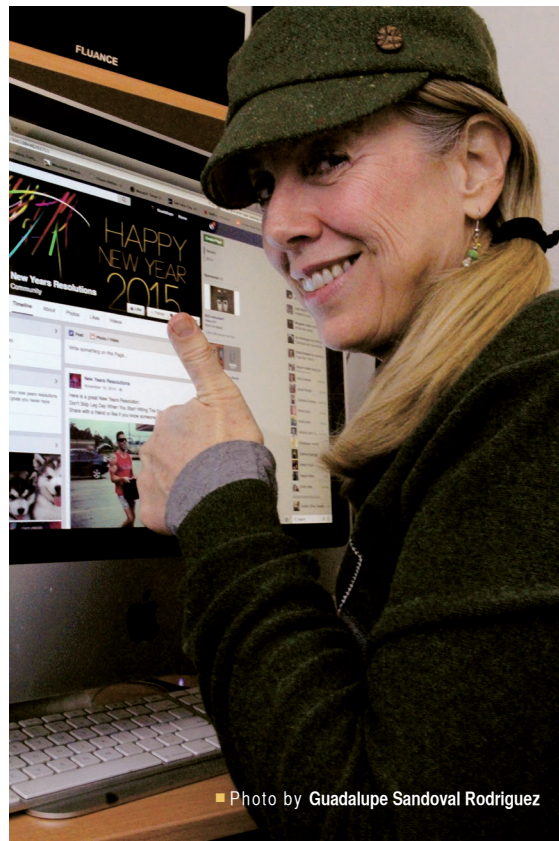


Photo by Guadalupe Sandoval Rodriguez

Students learn tips for keeping New Years goals.

While the vast majority of resolutions revolve around healthier diets and leaner waistlines the same goal-setting strategies can be applied to any objectives. Students often base at least a percentage of their New Year's resolutions on their desire to improve their academic performance. Research shows that organization and incentive is key when setting goals. This means a step-by-step plan of how you will accomplish your goal needs to be in place. A system to track the process is monumentally important, a documented record of progress is the only way to be able to tell when it's time to hop back on the wagon or even reward yourself.

A study by the University of Texas Health Science Center in Houston found that offering a financial award doubled the rate smokers were able to quit compared to smokers who were

offered no incentive. While you may not be willing or able to reward yourself financially for your accomplishments, small incentives can be helpful when trying to keep on track.

"It is important to find ways to reward yourself, as long as you don't fall into the reward trap," said Williams. It may be beneficial to your fitness goals to have a cupcake at the end of the week; however, consuming a dozen cupcakes is sure to wreck havoc on both your weight-loss and your pride. Thus some trepidation is required when employing the reward system.

"Accountability is huge when your trying to keep your goals, and social media is a great platform for that," said Williams. For that special breed of resolution-keeping zealot, posting your New Year's resolution, along with each failure and victory along the way, may just be the ticket to success. As social beings the fear of failing our peers may far outweigh the fear of failing ourselves secretly. What does this equate to? Added stress, social pressure, and ultimately an effective form of motivation as well as the possibility of a swift kick to the ego.

"Keep it fun, make sure it's gratifying, and make yourself accountable to someone besides yourself," said Williams of her top three tips to keep in mind when creating and embarking on new goals.

While the science of accomplishing goals may still be evolving, one thing is clear; careful planning and realistic resolutions are the foundation for a successful 2015.

SLCC On Ice

Thursday, January 29
Gallivan Center (231 E. 400 S.)

Discounted tickets available NOW
at the Taylorsville Redwood Campus
Info Desk. \$3 w/SLCC ID

*limited amount of tickets available

SLCCSA www.slcc.edu/sll
SLCC STUDENT ASSOCIATION

SLCC Culinary Students

Compete at Utah Home Show



Photo by Michael R. Gault

SLCC's Culinary Arts students demonstrate their skills during competition held at the Home Show event at the Southtowne Expo Center.



Photo by Michael R. Gault

Students eagerly wait for the judges to declare the winners of the Chopped competition at Home Show.

On Jan. 10 2015 Salt Lake Community College's Culinary Program participated in the "Chopped" competition at the South Towne Exposition Center. The event was hosted by *Top Chef's* Katie Weinmer.

The event featured four competitors, which include Chris Williams, Matt Nihipali, Donna Mills, and Penny Laver. The judges promptly decided to pit the men against the women, inciting enthusiastic cheers from the audience. The event was modeled after the popular Food Network show titled *Chopped*, in which competitors are presented with a box of mystery ingredients and must cook a meal in the designated amount of time.

The students were given an hour and fifteen minutes to cook an appetizer and an entree. Chef Weinmer listed off the secret ingredients in the competitors' boxes, which consisted of spiral beets or "candy cane beets," beef ribs, and blood orange. Both the judges and Weinmer commented on how difficult the beef ribs would be to prepare and cook in such a short amount of time.

The competitors immediately dove into their chopping, slicing, and preheating.

"The first stage of cooking is always to find and organize all your equipment," said Weinmer.

The students moved quickly, their communication with each other clipped and concise. Weinmer narrated each of the student chef's moves to the audience while giving them passive guidance and occasionally chastising for crowded pans and cluttered cooking stations.

Throughout the competition Weinmer provided cooking tips to the audience. Weinmer emphasized the importance of cooking with new and interesting ingredients. However, for many new cooks cooking outside the box can be intimidating. SLCC's Culinary Director Franco Aloia informed the audience that anyone can take cooking classes

as long as they have completed the prerequisite of the "Save Serve" course and certification, which SLCC offers.

Both teams made a salad for their appetizer utilizing the beet greens and blood oranges. For the entrees the men presented their ribs along side caramelized fennel and brussels sprouts with pepperoni. Typically, Brussels sprouts are cooked with bacon pieces, but upon discovering there was no bacon in the kitchen the men's team improvised with pepperoni; a hit with the judges. The women's team entree consisted of ribs, a potato and cauliflower, and a



Photo by Michael R. Gault

Penny Laver and Donna Mills, students of SLCC's Culinary Arts Program, prepare a rack of ribs during a judged cook-off competition at the Home Show held at the South Towne Expo Center in Sandy, UT.

The job market is promising for future chefs

~ Matt Nihipali

pomegranate, carrot, and apple juice caviar made using a process called spherification.

The judges criticized and commended both teams but ultimately awarded first prize to the men's team.

Both teams presented excellent meals, but forced to make a choice we think that the men's meal would be more palatable," said judge number one.

"I think the job market is promising for future chefs, [Chris] and I already have positions as Su Chefs with Copper Onion Catering," said competitor Matt Nihipali.

SLCC's culinary program has been established and evolving for 25 years, preparing students for a lucrative career in the highly diverse food industry. While SLCC's culinary program is highly recommended by its students, both the contestants on the women's team agreed that the program is lacking efficiency and an emphasis on food waste, a massive problem facing the western food industry.

"You can compost most food items and chickens will eat just about anything," said Penny Laver.

Another way to help eliminate food waste and large carbon footprints created in producing food is to support stores and restaurants that source locally first and have programs in place to reduce or eliminate food waste. Mills and Laver suggested restaurants such as Forage located on 370 East and 900 South, which uses ingredients they find in the wild as well as local farms and ranches.

Utah also has stores that source locally, supporting local farmers and reducing transportation costs. Some of these stores include; The Store located on 2050 East and 6200 South and Liberty Heights Fresh located on 1290 South and 1100 East. With the heightened desire for customers to buy local, organic, and sustainably produced ingredients, lower prices and accessibility to these products is becoming more prevalent.

Guidelines for success at Salt Lake Community College

Heidi Bledsoe

Contributing Writer



Elijah and Robert studying math at the Taylorsville Redwood Campus Copper room.



Photo by Gnarly Graig

“Cornerstones for Community College Success” is a course that can save students from extra stress and problems while providing a solid foundation for students beginning a college career.

The skills that are taught will be carried well beyond the college years and into the workforce.

“Students need to address the problems associated with stress and work to address the stressors with the same attention that they may address class assignments,” said Ray Emett, who teaches “Cornerstones for Community College Success (Edu 1020).”

It is important to realize college is not high school, you are expected to take charge of your own education. The course explains how to do that; beginning with financial aid, grants and scholarships and how to apply for them and the long-term drawbacks for large student loans.

First, it is important to establish your personal short and long-term goals and then set a practical plan to achieve them. Trying to bulldoze through college by taking too many classes or classes you are not ready for is a recipe for failure. Instead, meet with an advisor, explain outside responsibilities like work and family, and allow them to help you plan a practical schedule. Make sure you allow yourself down time as well. Stress can be a student’s worst enemy.

For many students the technology can be terribly intimidating, but tech support is available to students. This class also helps by guiding you through many areas of the technology and student resources you will need in the future, along with the e-portfolio information new students will need.

One of the biggest benefits from this class is it helps identify your personality type and what your own learning style is. Once you realize how you learn you will find the information will better absorb into your long-term memory.



Photo by Htet Nay Aung

Jared Studying at the study hall at Media Center.

The way you take notes, both in class and while reading can make all the difference in your success. It may take trial and error to find the right note-taking style for you but it is well worth the work.

Most important is that right after class, take a few minutes to fill in any gaps that you may have missed and organize the notes into a system you can refer to with ease.

All of this of course leads up to the dreaded tests and exams. This course points out how stress can actually hinder your study process and how important it is to relieve stress, either by exercise, downtime or some form of counseling.

Preparing for a test should include study groups if possible. Also, finding out information about the exam helps, too. Will it be essay, multiple choice or true/false, what chapters, how many questions, what is the time limit and will there be a review session? These questions and answers can help you feel more in control and that means you can master it. While taking the test look out for the wording; a double negative has taken down more than one student. Most of all slow down and read the directions and the questions carefully.

Students also learn the proper and most effective way to write cover letters and resumes as well as who to use as references and how to conduct yourself once you do get the interview.

If you’re looking for good techniques and information to prepare for matriculation, “Cornerstones for Community College Success” may be for you.

Build a stronger and more insightful you with StrengthsQuest

Carlos Artiles Fortun

Contributing Writer

STRENGTHSQUEST

What are **YOUR** Strengths?

Brandi Mair is the coordinator for the StrengthsQuest team at Salt Lake Community College. StrengthsQuest is a strength finding program that lets you know what your top strengths are and gives insight on how to be a better you, "by students knowing what their strengths are and being able to use them in class, personal relations or career, studies show that they thrive better, stay in school longer and are more likely to use it in school when they know their strengths," said Mair.

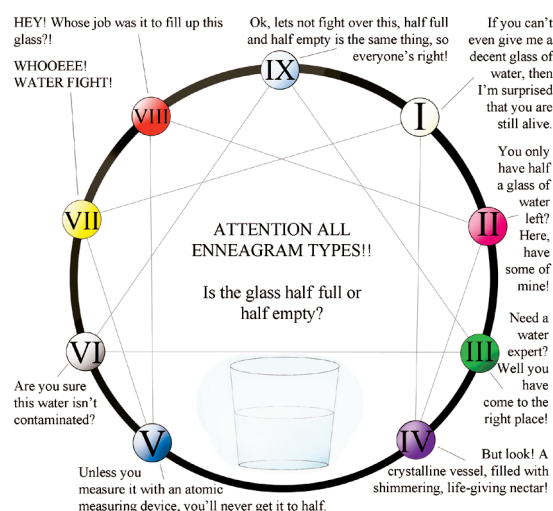
There are a lot of benefits in finding your strength through the StrengthsQuest team, and in their workshops, as Mair explained, "students can learn to become more self aware and accepting, understand their lives in terms of calling and vocation, become more effective leaders, improve their interpersonal relationships and readily become members of the campus community."

StrengthsQuest is developed by the Gallup Organization, and is currently doing a study with Purdue University and many other major universities across the nation that includes more than 30,000 college graduates and their experiences after

college. All the participants took the basic test that gives the top five strengths which include purpose, social, financial, community, and physical.

When it comes to graduating with an associate's degree, only six percent of students are thriving in all five areas. Most thrive in purpose well-being, followed by social well-being and community well being. They do suffer more in financial and physical well being.

In collaboration with Gallup, many college campus leaders, including Salt Lake Community



College, have designed and developed curricular and co-curricular programs like workshops and training sessions to engage students in the discovery, development and application of their strengths.

StrengthsQuest started at Salt Lake Community College in summer of 2011, but was only available for the staff members to use. In fall of that same year, Mair started a class called "Strengths Based Leadership." Students enrolled in that class would benefit in doing the strength test for free and learning more in depth how to become a leader. One year later, Mair started the Strength Team, held in the Student Life & Leadership office and composed by four student leaders.

Any students interested in participating and learning more can do so in the following ways; ask your teacher to hold a lecture from the Strength Team, where they will make a free presentation for the whole class, or attend one of the workshops the Strength Team holds every few weeks, or contact Brandi Mair at Brandi.Mair@slcc.edu.

The next scheduled workshop is Nov. 9 from 1 to 3 pm at the Taylorville Redwood Campus Student Center, Parlor B. The theme is "social well-being, how to use your strength and strength of others to make your relationship better." You may contact Brandi Mair prior to the workshop to get a free evaluation.



Photo by Julie Hirschi

Student Life & Leadership Coordinator Brandi Mair works on computers with members of the Strengths Team, Mike Kelsler and Kaylee Neel. (front)

Huftalin attends college career opportunity day in Washington

Elysa Giles

Staff Writer



■ Photo courtesy of SLCC



■ Photo by Cezary p

SLCC President Deneece Huftalin, pictured left, was invited to speak in Washington D.C. at President Obama's White House College Career Day.

On Dec. 4, 2014 Salt Lake Community College President, Deneece Huftalin, had the privilege of attending and introducing at the White House College Career Day. The assembly was held at the Ronald Reagan building in Washington D.C. to discuss the value of higher education in the United States as well as the importance of making college accessible to the middle class.

The summit focused on streamlining education to help students be proficient in the 21st century job market, reducing student debt and ultimately solving the issue of high college enrollment rates and lower college graduation rates.

"We need to make sure that students can make it all the way across the graduation stage; not with debt that limits their choices but with the skills that will prepare them for the work force," said President Barack Obama.

The summit was highly focused on colleges offering increasingly diverse student demographic degrees that will be lucrative in the workforce immediately following graduation. While the typical university student body used to be made up almost entirely of young students recently graduated from high school, colleges are now made up of young people, single parents, working adults going back to school and students facing a host of adversities.

Many students graduating today are faced with excessive student loans and limited job prospects. Obama discussed four proposed solutions to increase student success before, during and after college graduation.

The first step in ensuring student success is an increased networking among colleges with focus on the completion of college degrees. The second

initiative Obama spoke of is advocating college readiness by preparing and guiding students from grades K-12. New technology is being created to monitor students' progress in their chosen major as well as their class attendance rate. Obama even suggested students receive text messages from their respective schools reminding them to go to class. Obama spoke about the fact that success in college begins long before stepping foot on a university campus, specifically in high school.



The U.S. Presidential seal courtesy of Executive Office of the President.

The third step suggested for higher graduation rates is to ensure that high school students have access to competent counselors who will guide them in the process of preparing for college as well as supporting student needs beyond the realm of academics. First Lady Michelle Obama followed Barack Obama in speaking about her Reach Higher Initiative, which invests in high school counselors who can guide students to a successful college career. Finally, President Obama addressed the need for an emphasis on STEM programs (science, technology, engineering and math). Many colleges are looking to support students, especially those who are low

income, who are interested in pursuing an academic career in the STEM fields.

With the rising cost of a college education and an increasingly difficult job market many young people are questioning whether pursuing a college degree is a smart choice. Both community colleges and universities are working to revamp the traditional college education to cater to the demanding needs of the 21st century student.

"Salt Lake Community College is an accredited, student-focused urban college meeting diverse needs of Salt Lake's community. SLCC is Utah's leading provider of workforce development programs," said Joy Tlou, SLCC Public Relation's Director. Like many community colleges, SLCC is working to make a college education accessible for students from all walks of life. SLCC has several well developed trade programs as an alternative to the pursuit of a four year degree.

In the current economy, trade skills are often more attainable and generate more profit for working adults returning to school. SLCC is dedicated to evolving their education structure to better suit their highly diverse students.

"Through the Academic and Career Advising and Student Employment Offices, Salt Lake Community College has a number of services and recourses to promote career readiness. The college also has the Program Advisory Committees (PAC) in many programs. These PACs are comprised of leading professionals in business and industry who advise the college regarding the program structure, requirements and outcomes," said Tlou in regards to the ways SLCC is promoting success for students post- graduation from the college.

End of the Bench: SLCC stomps CSI in rivalry fashion

David Winkworth

Contributing Writer [@RealDavidVito](#)

On Saturday night at Bruins Arena, the number 15 ranked team in the nation welcomed College of Southern Idaho to their house, as a very rowdy crowd came prepared to help the Bruins "Defend the Den" as SLCC cruised to a conference victory 85-59 as they improved 16-4 on the season.

SLCC started the night off on fire, as the Bruins only missed nine shots in the first half of play as they led 53-26.

"Shots just started to fall and everybody is just having fun," said head coach Betsy Specketer of the first half of play. "They are one of our biggest rivals; we were kind of energetic to start the game."

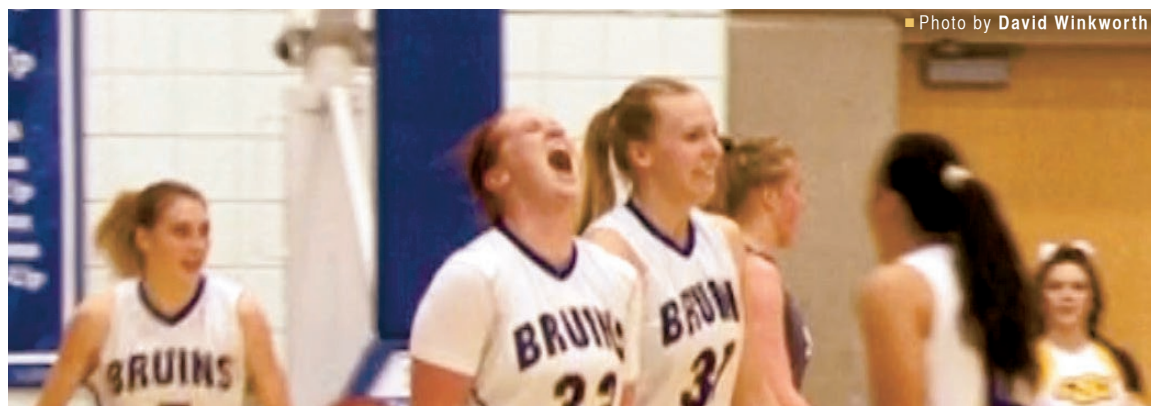


Photo by David Winkworth

Tanesha Daniels scores at the buzzer extending the Lady Bruin's lead in the first half of the game.

"They are a good team, but we are a pretty good defensive team," said Specketer. "Every shot they had was a tough shot, and I thought defensively we set the tone for the whole game."

The Bruins had five scores in double digits on the night as Cassidy Whitney dropped 14 points, Clarissa Sabedra posted 17 points, then Shelby Richards and Raushan Gultekin scored 27 points combined.

"We can be really hard to guard," Specketer said. "We have a lot of weapons [on this team]."

The fifth scorer in double digits on the night was Elsa Paulsson Glantz who totaled 17 points and nine rebounds off the bench.

Next up, the Bruins they will turn their attention to Colorado Northwestern Community College as they return back to Bruins Arena on Thursday Jan. 15.

The Bruins sit at 5-1 on the season at home, and will look to continue their success on the year. Tip-off is schedule at 5:30 p.m.

Make sure all SLCC students come out and "Defend the Den" as the Bruins look to continue their chase to a conference championship.



Photo by David Winkworth

Shelbi Richards makes floater late in second half.



Photo by David Winkworth

Raushan Gultekin drives by defender as she drops 10 points and five dimes in the victory.

After their hot start in the first half the Bruins kept the momentum going as they came on to the court to start the second half as they lead by as many as 30 points and were very pesky on the defensive front throughout the game.

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Career & Academic Advising Finds Ways to Better Serve Students



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Wells Fargo Bank executives & SLCC celebrate their partnership.



Courtesy of Career & Academic Advising

Mexican Consulate & Institute of Mexicans in the Exterior award SLCC funds.

Academic and Career Advising received two grants last month. One is for \$10,000 from the Mexican Government to support 1st or second generation Mexicans citizens in Utah, with scholarships toward a technical short-term program. The other one is for \$5,000 from Wells Fargo Bank to implement a Food For A Grade project. The Academic Advising Office, in partnership with Student Body Officers, plans to distribute 1,000 brown bags with healthy snacks for students getting ready for final tests. Online Academic Advising Services will be available December 26, 29 and 30, 2014 at OnlineAdvisor@slcc.edu Happy Holidays!

Rainn Wilson

and the Soul Pancake Movement

WED, FEB. 25 AT 6:30PM

SLCCSA

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