

THE GLOBE



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Photo by Marina Cespedes

FASHION'S NIGHT OUT

SLCC Fashion Institute takes over the Fashion Place Mall for national designer event

Marina Cespedes

Staff Reporter

For the first time in Utah, the Fashion's Night Out show, which celebrates fashion throughout many cities in the United States, was held at the Fashion Place Mall in Murray on Thursday, Sep. 6.

The event offered giveaways, discounts at local stores, live fashion shows, personalized fashion illustrations, and exclusive fashion tips from design expert Rachael Domingo. Students at

the SLCC Fashion Institute were integral to the show, and provided 40 different styles of outfits which they designed at Salt Lake Community College.

"I was highly impressed with the work produced by the Fashion Institute students," said Fashion Place marketing director Natalie Watson. "It is clear there is a great passion driving these fashion designers and it was a pleasure to see the beautiful pieces showcased in the fashion show."

KSL anchors Jennifer Hardman

The final models' walk at the Fashion's Night Out show.

and Stephanie Avis hosted the runway show, discussed the latest trends of this season and introduced young designers work to the fashion community.

The runway show consisted of three different performances. The first show was the Vintage inspired look and had outfits from the 1920s to 1960s.

The second performance was the "every day look," and included sportswear and clothing for business, which was designed by less advanced students.

The final presentation was reserved for "evening wear." These outfits were designed with higher-end customers in mind, and showcased the more complex skills required to design elegant clothing.

For many student designers, this

show offered a unique chance to get exposure to the fashion world on a larger scale. Nicole Kleinman was one of the fifteen designers from Salt Lake Community College who took the opportunity to show her craft at the Fashion's Night Out event.

"My favorite process in designing is construction, putting pieces together and watching how it develops into a real piece of clothing," said Kleinman. "I like to make new outfits from old patterns like from the 80s with the feel of today's fashion."

Kleinman is a young designer who has been interested in design since she was eight years old. She used to sew cloths for her dolls. Back then, she couldn't have

Fashion/ continued on page A3

For the adventurous, belly dance is a different kind of class

Kachina Choate

Staff Reporter

Around the world, belly dancing has become very popular. Modern singers have incorporated it into their performances and belly dance moves have made their way into fitness programs such as Zumba.

Belly dancing can be used as a form of exercise or for stress reduction. It's also versatile, with so many different styles to pick from, it can suit anyone. Salt Lake Community College belly dance instructors teach the basic belly dance moves to students.

"It's a good opportunity to meet new people and help students that maybe aren't comfortable in a regular exercise program," said SLCC belly dance instructor Annie McIntire. "It's something that's a little bit different and a little bit more fun for people who

are looking for something more unique."

Belly dancing is easier on the joints and generally less cardiovascular than many exercise programs, so people of all physical shapes can participate.

Belly dancing also increases the flexibility of the spine and can help relieve stress. Many fitness experts agree that any type of exercise releases stress from the body, improves mental function and can prevent or slow disease such as heart disease, type-two diabetes and arthritis.

While most people think of belly dance as just for women, there are many men who perform worldwide, including "Charles" of Salt Lake City, "Sultan" of France and "Dr. Mo Geddawi" of Egypt.

Dancing/ continued on page A3



Photo by Kachina Choate

Belly dance instructor Annie McIntire teaches student Bruce Daw the correct belly dance posture.

Without funding, Bruin Golf remains in hibernation

Vance Howard

Contributing Writer

For the third straight season, Salt Lake Community College will not have a golf team. Economic hardships are still to blame.

The SLCC golf program has no source of funding again this year. In 2007 the Utah Legislature asked for 5 million dollars back from Junior Colleges across the state. As a result, extramural programs like golf and tennis have struggled to exist.

"We struggled to keep our program going. Trying to find other schools to play," wrote Lisa Peshell, athletics specialist of SLCC Athletics, in an email. "In 2009, we failed to find any teams to play and we put the team in hibernation until such a time when other schools could participate."

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STUDENT EVENTS

WED/12

10am-11am
Aromatherapy Workshop
@TR Campus, Parlor A,
Student Center

11am-1pm
Ice Cream Social
@TR Campus, Student
Center

8pm-10pm
Movie Night: 'The Avengers'
@Jordan Campus, Student Pavilion
Cost: Free

THURS/13

8am-12pm
Choosing a Business Entity
@ Miller Campus
Cost: Free

7:30pm-9:30pm
Backstage at the Grand: Songs of Peggy Lee
@The Grand Theatre
Cost: \$12

8:30pm-10:30pm
Movie Night: 'The Avengers'
@TR Campus, West Ampitheater lawn
Cost: Free

FRI/14

10am-5pm
Speed: The Art of the Performance Automobile

1pm-4pm
Preventing Death by Lecture
@TR Campus, TB 314

7:30pm-9:30pm
Backstage at the Grand: Songs of Peggy Lee
@The Grand Theatre
Cost: \$12

SAT/15

2pm-4pm
Men's Soccer: UVU vs. SLCC
@TR Campus, Soccer field West of LAC

7:30pm-9:30pm
Backstage at the Grand: Songs of Peggy Lee
@The Grand Theatre
Cost: \$12

MON/17

Constitution Day
2:30pm-5:00pm
Club Meeting-Chess Club
@ TR Campus

TUE/18

10am-5pm
Speed: The Art of the Performance Automobile

4:30pm-5:30pm
Club Meeting- Irish Heritage and culture of Ireland

5pm-8pm
\$5 after 5pm at Tracy Aviary

SUN/16

11am-5pm
Speed: The Art of the Performance Automobile

Submit student events to calendar.globe@slcc.edu
Visit slcc.edu/campusevents/calendar.asp for more student events



Each week a different picture from an SLCC campus will be featured. If you know the location and campus of this week's featured picture, enter to win a prize by emailing your answer to contest.globe@slcc.edu.

Deadline for entries is Tuesday September 18th
Entrants may only win once per semester. Mass Communication staff and SLCC faculty are not eligible to win.

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Due to the high volume of requests for articles we receive, The Globe may not be able to reply to every letter. Due to our limited staff, The Globe may not be able to attend or cover every event or issue submitted. The Globe encourage emails/ notices of events. However, any request of coverage of an event or issue should be made within a time frame of at least one week.

The New York Times

Edited by Will Shortz

No. 00807

ACROSS

1 Empty spaces

5 Writer Roald who created the Oompa-Loompas

9 What a landscape painter paints

14 Father of Thor

15 Company name whose second letter is capitalized

16 Photocopier cartridge

17 Saturn's second-largest moon

18 Stoop

19 Birdlike

20 With 38-Across, a complaint

23 New World cat

24 HBO's "Real Time With Bill ____"

25 Drink named for a certain small stature

27 Bergman who directed "Wild Strawberries"

31 Smell, taste or touch

35 Partner of legis. and jud.

37 Plotter against Cassio in "Othello"

38 See 20-Across

40 With 57-Across, response to the complaint

42 Prefix with -gramme

43 Attire for Antonius

45 Without assistance

46 Decorative pin

48 Shoreline structure

50 Subject of a painting by Picasso or Rousseau

52 Entrees brought out with carving knives

57 See 40-Across

61 Situated near the upper part of the hip

62 Mid-March date

63 ____ fixation

64 Capital of Belarus

65 Gaelic speaker

66 1960s secretary of state Dean

67 Party throwers

68 Jazzy Fitzgerald

69 Rented living qtrs.

DOWN

1 Astronaut Cooper, informally

2 On an ____ basis

3 Gun, in slang

4 Symbol of slowness

5 Election year event

6 Not yet up

7 Use a whisk on

8 Neighbor of ancient Phrygia

9 New York's ____ Island

10 Beauty on display

11 Woman's name that means "eat" backward

12 Like Felix, but not Oscar

13 Puzzler Rubik

21 "Les Coquelicots" artist

22 Marx brother at a piano

26 Tarzan or Buck Rogers, e.g.

28 It's sometimes held at a deli

29 Not fer

30 Terminus for all roads, in a saying

31 Wound for Cassio

32 Still-life pitcher

33 Actor Robert De ____

34 Didn't compromise

36 "Hairy man" in Genesis

39 One of the Barrymores

41 Synthetic material

44 Hunk on display

47 Some pottery containers

49 Bygone record label

51 Fictional character who cried "Curiouser and curiouser!"

53 Ancient Greek marketplace

54 Staple of IHOP booths

55 Breakfast side dish

56 Is a sore loser, say

57 "The Secret of ____" (1982 animated film)

58 Jumble

59 Biscuit containers

60 Wishing place

PUZZLE BY MIKE BUCKLEY

The Globe is an independent student newspaper published Wednesday during Fall and Spring Semester (excluding holidays) and Wednesday during Summer Semester. The Globe editors and staff are solely responsible for the newspaper's content. Funding comes from advertising revenues and a dedicated student fee administered by the Student Media Council. To respond with questions, comments or complaints, call (801) 957-4019 or visit slccglobelink.com. The Globe is distributed free of charge, limit one copy per reader. Additional copies may be made available upon request. No person, without expressed permission of The Globe, may take more than one copy of any Globe issue.

CAMPUS

campus.globe@slcc.edu

Food pantry included in South City renovations, thanks to Social Work Club

Jefferson Curtis
Contributing Writer

Salt Lake Community College’s Social Work Club thrives on making a difference in the community, such as with their latest project of creating a food pantry for SLCC students, faculty and staff.

For a club with only six formal members, starting a food pantry could be quite a large task, but members of the Social Work Club are used to taking on big challenges with small numbers.

“We are pushing for a food pantry for the school. We are well on our way,” said Justin Duncan, Vice President of the Social Work club.

Duncan is particularly excited about the pantry’s tie-in to the South City Campus renovations.

“I specifically have worked with Mailin

Francis, the master architect of the South City Campus renovations,” Duncan said. “It won’t be some closet in some campus that gets moved around and forgotten. It is actually built into the school.”

The size of this pantry is also significant. At 150 square feet, it will be about the size of an average bedroom.

Even at this size, the space is not appropriate for refrigeration, which is the requirement for a space to be designated a “food bank.” As a food pantry, storage will be limited to non-perishable items such as pasta, oatmeal, rice, cereals and dehydrated foods.

This pantry will provide service not only to students, but SLCC faculty and staff. According to the Utah Food Bank, one in four Utahns and one in eight Utah children live in

poverty, and one in seven Utah children are at risk for hunger.

Knowing that the need spreads beyond the students, the members of the Social Work Club wanted to open it up to everyone at SLCC who is in need.

In order to boost their club numbers, Social Work Club members have started to visit all the SW 1010 (Intro to Social Work) classes to spread the word about their club.

“We want them to not only know about the club but have the opportunity to volunteer,” said Duncan.

Any students who are interested in the SLCC Social Work Club can visit them on Facebook or attend one of their meetings. Club meetings are held every Monday at 3:00 p.m. in the Senate Chamber of the Taylorsville Redwood Campus Student Center.

Dancing

continued from A1

“Curiosity got the best of me,” said SLCC student Bruce Daw. “I thought this is a little bit out there, but it’s still dancing and thought it would be something I would enjoy.”

Daw became involved in dance in order to fill a fine arts credit requirement.

“I had never tried dancing but knew that I did not like it, but I needed an art credit,” said Daw. “I couldn’t draw, can barely make a straight line and they offered dance as an art credit so I tried a dance class and fell in love with it.”

There are many types of belly dance. One style of dance is the American Tribal Style which is typically done in a group and is improvised with no set choreography.

Oriental and Folkloric belly dance is a stylized dance influenced by different communities of the Orient and Middle East. Cabaret and Egyptian are traditionally the styles performed on stage.

Fusion belly dance is just what it sounds like – a mix of belly dance with any other types of dance. Examples include modern, Indian or Latin.

“I think there are a lot of misconceptions about belly dance as far as it being somewhat seductive,” said McIntire. “I think it is a



Photo by Kachina Choate

Instructor Annie McIntire displays a belly dance pose.

true art and I don’t think it’s like that if it’s done well. It isn’t anything that anyone should be ashamed of. It’s not something I go out there and do for my husband. It’s something I do for myself.”

For students who are looking to improve their

health and have fun doing so then belly dancing is an option.

“People should take this class because they will be trying something new, that they themselves didn’t even know that they love,” Daw said.

Fashion

continued from A1

imagined that she would be a designer for a big run way show like Fashion’s Night Out.

“The Fashion Club at SLCC created the “Chocolate Couture” event last year at the South Town Mall, in Sandy,” said Mojdeh Sakaki, director of the SLCC Fashion Institute. “That’s how the idea had grown into organizing the Fashion’s Night Out event in collaboration with Fashion Place and Fashion Institute of Salt Lake Community College.”

Fashion’s Night Out started in New York City in 2009 a response to the effect that September 11 had on the fashion world. The idea was to revive the economy and make the shopping experience once again fun and exciting.

By 2010, retailers embraced a worldwide event in their cities. This year, Fashion

Place Mall brought Utah into the Fashion’s Night Out tradition.

Fashion Place also organized a silent auction of fashion items after the

runway show. One hundred percent of the proceeds from the auction went to the Fashion Institute scholarship fund at Salt Lake Community College.



Photo by Marina Cespedes

A model walks the runway at Fashion’s Night Out on Sep. 6.

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College stress is a pest, but it can be controlled

Nichole Steinfeldt
Contributing Writer

Work that starts thirty minutes after class and lasts until 11:30 p.m. that night, midterms for three classes the next morning, and a social life that’s still a priority. This is all stress.

Stress, according to SLCC’s Health and Wellness Services’ bi-yearly survey, is one of the main reasons college students drop out. Students have too much on their plate, but they try to convince themselves that they can handle it before it’s too late.

“Prioritizing would be one of the big things [that help students cope with stress], balancing out the things that you have in your life and of course making sure you include time for yourself,” said Health and Wellness program manager Tatiana Burton.

Not only does stress impact the way students think, but if the stress becomes too overwhelming, it can cause related physical problems. Some common problems are ulcers, nervous breakdowns, trouble focusing, and a weakened immune system.

“Meditation is a great way to tone down from a stressful day,” said Burton. “One form of meditation that I recommend is guided imagery. It connects your mind and body and helps you go into an altered state where we are more relaxed.” Not only is meditation a

great way to relax, but according to Martha Beck’s article about “Five ways to bring yourself back from burnout,” eating healthier foods, getting plenty of sleep and exercising for fun can all help reduce your stress and avoid burn out.

An honest examination of an individual’s own stress factors can also help. If a person or habit isn’t truly necessary and helpful, then it might be best to look for ways to remove those elements from the individual’s life.

“One thing you really need to keep in mind, is do you really need these things and people in your life,” Burton said.

At Salt Lake Community College, the Health and Wellness program is dedicated to “help students succeed.” SLCC has made it possible to provide help

for students on their journey to success. Health and Wellness Services provides multiple ways to meet your needs.

“Each Semester we provide free massage therapy and free professional counseling services. This helps in case you need someone to talk to or a way to ease the tension,” said Burton. “These are amazing ways to help relieve stress.”

For more information about Health and Wellness Services and what they have to offer for SLCC students, visit www.slcc.edu/hw/ or the Health and Wellness department at the Taylorsville Redwood Campus Student Center. The website has information about their medical clinic, counseling services, massage therapy and health promotion.

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CAMPUS

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Art, Fashion, Action

Kachina Choate
Staff Reporter

SLCC students planned and carried out the filming of Arts Meets Fashion at Red Butte Gardens on Sept. 8, 2012. This event combined art and fashion, with proceeds going to the Water Conservation Garden campaign.

The video field production class, COMM 2900, is a hands-on class that teaches the difference between studio production and field production.

Students learn the logistics of planning and

shooting different types of productions outside of the studio also called the field.

Each production is unique and requires students to plan for many different situations, including light set up and how to deal with the natural environment.

“This class will give us a real working insight into how the industry actually works and what they do,” said SLCC student Ralph Myles.

Students will plan and film several types of events that may include fashion, cooking, comedy and dance shows.



Photo courtesy of Justin Robinson

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COMMUNITY

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Shred for less this winter with student discount

Justin Fulton
Staff Reporter

Many ski and snowboard resorts offer season passes discounts to college students. Snowbird, Park City Mountain Resort, and Brighton are just three of the resorts in Utah that offer these discounts. “Even though school is expensive, it’s nice not to have to pay full price to do something I love,” said SLCC student Kendall Glauser. Every season, college students have the opportunity to claim discounts on their season passes, and Glauser has years of experience with tracking down the best deal. “I start looking for the best deals in July,” said Glauser “I’ve been doing this since I was a sophomore in High School.” Many Utah resorts are a short drive from a number of SLCC campuses,

which makes them fairly accessible for students. Brighton, Snowbird, and Park City Mountain Resort are all in different canyons, but are all under an hour drive from the Taylorsville Redwood Campus. “Having a season pass is amazing” said college student Savannah Braner. “I can go boarding for an entire day, or a couple days, whenever I like.” Every resort has different requirements in order to qualify for a student season pass. For example, Park City Mountain Resort requires a current student I.D. and proof of at least 12 credit hours in order to claim their student discount. At \$475, this is hundreds of dollars cheaper than a regular adult pass. Brighton, however, requires only 8 college credits, but also requires a tuition receipt. Although every resort has its own requirements for their student discount, one thing is universal throughout the resorts: prices on season passes will go up around the middle of September. A lower price is not the only incentive offered to purchase a season pass before the snow falls. Many resorts, such as Park City Mountain Resort, offer summertime access to their lifts. This makes it easier to access summertime activities, such as biking, hiking or fishing. Once the snow does arrive, there are more season pass-holder benefits than just having access to the mountain. Brighton, for example, offers a 10 percent discount at the Brighton Mountain Sports store, UTA Ski Bus privileges and 10 visits to other resorts owned by Boyne, the parent company of Brighton Resort. Resorts in Big and Little Cottonwood Canyons also have the benefit of a park and ride service



Photo courtesy of Stock Exchange

for season pass holders. This service cuts driving time in half, which allows season pass holders to park at the mouths of their respective canyon, where they can catch a bus and be dropped off at their resort’s doorsteps. While purchasing a season pass may not be for everyone who wants to ride this coming winter, it can be a cheaper option than purchasing single-day passes. The prices for single day tickets can cost over \$100, which can easily add up to more than the cost of a season pass after only a few days. For a full list of prices to resorts all across Utah, visit www.skiutah.com, where links to all Utah resorts can be found.

Golf

continued from A1

Snow College and College of Eastern Utah were forced to drop their golf programs immediately following the Utah Legislature’s 2007 order to return funds. By 2009, all other schools in the Scenic West Athletic Conference had dropped their golf programs as well. Golf has been a part of SLCC athletics for over a decade. It is defined as an extramural program, which

means that it is designed to compete against other teams outside of SLCC, but is not allotted the same advantages as the five major sports. SLCC’s five major sports are considered Intercollegiate. They are a member of the National Junior College Athletic Association (NJCAA). The NJCAA awards full and partial scholarships to athletes competing in Intercollegiate sports. Golf was added as an extramural program, therefore it is not eligible for this aid. With no scholarship money available for extramural sports, it remains financially difficult to keep the ball rolling. Limited funds originally came from SLCC’s Student Foundation. In recent years the Lifetime Activities Center has supported golf. These funds are not sufficient to support a junior college golf team. “They basically support themselves,” said Athletic Director, Norma Carr. “When the economy crashed, so did golf.” Bruin golfers won’t

compete this year. But there is one option for students to get on the course. SLCC offers an off campus golf class in the spring and fall semesters. Golf 1130 counts the basic fundamentals of as a Health and Lifetime golf. Emphasis is on the Activities (HLAC) credit, knowledge and practice of or a Lifelong Wellness (LW) individual skills. credit. This course covers

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OPINION

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The leap into a vegetarian diet can be daunting, but rewards abound

Tesia Nadhirrah
Staff Reporter

There are many reasons people choose to become vegetarian. Some become vegetation for environmental, ethical, philosophical or religious reasons. Other people choose this lifestyle to benefit their health, as circulatory system diseases and cancer have been linked with excessive meat consumption.

How do you become a vegetarian? You would think the answer is as simple as “just stop eating meat.” Like many things in life, making a change in diet is simply not that easy.

When you make a dietary change to limit meat, one of the first things you need to decide is why you are making the change and what kind of vegetarian you want to be, as there are several varieties to choose from.

Nearly three million Americans eat vegetarian meals two to three times a week. These types of vegetarians are called flexitarians – or people who eat a mostly vegetarian diet.

Strict vegetarians do not eat any meat. There are other vegetarian types who do eat some meat

such as fish. These types of vegetarians are called pescatarians. There are also lacto-ovo vegetarians who consume milk and eggs in addition to their vegetarian lifestyle.

Vegans will not partake of any animal products or foods that contain them such as milk and cheese. Although some vegans will eat honey and others won’t because they feel that an animal makes it.

Vegetarian raw foodists eat foods that have not been heated more than 115 degrees Fahrenheit as they believe it cooks all the nutrients out at high temperatures.

Once the decision of what type of diet has been made, then comes the fun part of exploring food.

Many people miss the meat and don’t know what to eat when they first change their diets. There are many ways to substitute meat. Most markets have a selection of meat substitutes, like the rice based tempeh, wheat protein, soy and nut based products. I would caution against using too much soy in your diet, as I have mentioned in previous articles. Mushrooms and eggplant are also good meat substitutes.

When cooking, make sure

to season the food with the same spices used when making your favorite meat dishes. Poultry seasonings, cumin, coriander, black and red pepper are commonly used to flavor meats. If there are questions about what spices should be used look at a recipe for the meat you want to substitute and use those same spices.

Humans have a tendency to sabotage changes that

they may see as threatening or life changing. It is important to create a good support system, such as family, friends, online communities or potluck groups.

When preparing food for a group, there really is no need to cook two meals for you and for non-vegetarian family or friends. Find a hearty vegetarian recipe. If it is spiced correctly and

tastes good, people will not miss the meat. The other option is to remove part of the dish being made before the meat is added.

Some of the biggest hurdles are social events. If you are going out to a restaurant call ahead of time to make sure they offer vegetarian or vegan options. If you are going to an event offer to take a main dish or if a friend

wants to cook for you have some simple recipes ready that they can follow.

When making any change in life, don’t forget to be patient with yourself and family. Don’t give up. Most people don’t succeed in becoming a vegetarian overnight. But as you learn and prepare wonderful, colorful and bountiful vegetables it will become easier.



Photo courtesy of Summer Bear

A meatless Brazil nut burger in a cabbage shell eases the transition into a vegetarian lifestyle.

Brazil Nut Burger

- 8 cups Brazil nuts, soaked
- 2 cups carrots, shredded
- 1 lemon, juiced
- 2-3 tablespoon garlic powder
- 2 tomatoes
- 4 tablespoons celery seed
- 1 tablespoon poultry seasoning
- 1/4 cup dried onion
- 1/2 cup raw tahini
- 2 tablespoons slippery elm powder
- 2 tablespoons cold pressed olive oil
- Himalayan Crystal Salt to taste

Soak the Brazil nuts overnight, drain off water and set aside.

In a food processor combine the Brazil nuts, shredded carrots, tomatoes, lemon juice, tahini, garlic, olive oil and spices until mixed thoroughly.

Shape into burger patties and dehydrate on nonstick dehydrator sheets for 2-4 hours. Carefully remove the nonstick dehydrator sheets and continue drying for another 2-4 hours.

Place burgers on lettuce or in a cabbage leaf and top with avocados and tomatoes.

Variation One: Shape the burger and place in a 325 degree Fahrenheit oven for 15-20 minutes.

Variation Two: Shape the burger and place in a pan with a little oil and cook each side until it has a nice color, about 5 minutes on each side.

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THE ULTIMATE BATTLE BEGINS



MILLA JOVOVICH

RESIDENT EVIL: RETRIBUTION

IN 3D, REAL D 3D AND IMAX 3D

IN THEATERS SEPTEMBER 14

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A CONSTANTIN FILM INTERNATIONAL GMMH/DAVIS FILMS/IMPACT PICTURES (RES) INC. PRODUCTION A FILM BY PAUL W.S. ANDERSON MILLA JOVOVICH
MICHELLE RODRIGUEZ "RESIDENT EVIL: RETRIBUTION" KEVIN DURAND SIENNA GULLORY SHAWN ROBERTS ARYANA ENGINEER COLIN SALMON
JOHANN URB WITH BORIS KOJAJIC AND LI BINGQING MUSIC BY TOMMY LIAISON COSTUME DESIGNER "RESIDENT EVIL" KOBAYASHI EDITOR VICTOR HADIDA
PRODUCTION DESIGNER MARTIN MOSKOWITZ PRODUCED BY JEREMY BOLT PAUL W.S. ANDERSON DIRECTOR OF PHOTOGRAPHY ROBERT KULZER EXECUTIVE PRODUCERS DON CARMODY SAMUEL HADIDA WRITTEN AND DIRECTED BY PAUL W.S. ANDERSON

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IN THEATERS SEPTEMBER 14

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September slog is here: ‘In the Cold Light of Day’ is yet another mediocre action thriller

Stephen Romney
Staff Reporter

Rating:

★★★★☆

You know that it’s the off-season when lower-budget action thrillers begin creeping into theaters. This week proves to be no exception to that rule, as this week’s subject of review perfectly matches

our low expectations. “In the Cold Light of Day” stars Henry Cavill, whose family is kidnapped while on vacation in Spain. As a result, he gets caught up in a battle between intelligence agencies as they fight for a mysterious suitcase. The best way to describe the story is that it’s a lot like “Taken,” except from the point of view of one of the people affected by the events of the story.

Although the story has the same amount of intrigue as most spy thrillers, it also suffers from the same clichés. It tries to remedy the usual cliché of “the-person-with-no-combat-training-is-suddenly-the-best-agent-ever,” but it still manages to fall into that trap. Like other low-budget action thrillers, there’s also a great deal of underdeveloped elements and moderate revelations that don’t really add up to anything, and some just come across as a way to avoid other genre clichés. The cinematography felt pretty standard, but there were two shots in the beginning of the film that were really annoying. They were both handheld 360 degree pans that were shaky and suffered from a strobe effect that results from a shutter that’s moving too fast. These shots were slow and longer than they needed to be. Aside from those two shots, there isn’t much else to say about the cinematography. As for the other technical elements, they were pretty well put together that they’re not really a focus

while watching the film. Once the actual events of the story get underway, you don’t really notice anything aside from the occasional editing choices that are odd yet somehow becoming the norm for the genre. To the film’s credit, we at least get to see what kind of dynamic the family had before they were kidnapped,

but the developments are fairly stereotypical. Sometimes there are details that are told through quick exposition, but most of the key elements are never really explained even by the end of the film. While it’s a fairly decent action thriller, “In the Cold Light of Day” is just a run-of-the-mill film, the kind

that’s made every year for release during this off-season time for movies. Some of the elements weren’t fully developed, there are some shot and editing choices scattered throughout that makes this film feel generic. On my personal scale, I give “In the Cold Light of Day” a 3/5.



Photo courtesy of Summit Entertainment

Henry Cavill gives a decent performance, but that doesn’t really help an already bland film.

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Off-Season Blues

Stephen Romney
Staff Reporter

Summer has ended and the holidays are a few months away. So what’s a regular movie-goer to do during this time of year? Well, there a few things you can expect to be released that always come out courtesy of the grand Hollywood machine. This week, we’ll take a look at the movie trends that occur between the summer and holiday movie seasons.

Starting in late August and during most of September, you can expect three kinds of films that all have the same common thread. There are the low-budget horror films starring unknown actors. Then there are the low-budget action film starring famous actors that are working for scale, and finally, low-budget “prestige” pictures that are meant to plant an early seed for awards season or to reap the benefits of a film festival victory, and in some cases both.

As you can see, the biggest theme here is low-budget. This is a time of year where smaller studios don’t have to worry about competing with larger studios and franchises for your hard-earned money. That hard-earned money isn’t as plentiful as it is during the summer, making you think that they’d be more aggressive with their marketing, which is rarely the case.

While the summer films shove trailers and online campaigns down your throat with an intensity equivalent to that of a fire hose, most of these films get by with the occasional TV spot, a series of online ads and mostly theatrical trailers. Sometimes, there are films that will garner cult appeal or are entries into a franchise with a loyal following, but more often

than not, they are films with the budget of a can of beets that are mostly funded by product placement.

Things begin to pick up in October, as we see a steady stream of releases in the horror and thriller genres. There are also the occasional family-friendly films released during this time because of content that is linked specifically to Halloween. While it does pick up, the stream of “big” movies is still but a trickle until we get into November which kicks off the holiday movie season.

In the past, there was a time where many of the larger horror films would be released in October, but that practice began to change, presumably about as early as the 80’s, when studios began releasing highly anticipated horror films during the August through September block. Notable examples being films in the “Halloween” franchise. The irony is beyond words.

In the end, the best way to describe this time of year is by labeling it the “grown-up” time for films. While the summer and holiday seasons are filled to the brim with family-friendly films and hot-blooded, action-packed thrill-rides, the fall movie season is a time for the more seasoned adults and film aficionados to spend time in the theaters. If only some of the major studios would realize that instead of continuing to cater to the lowest common denominator as if we, the

movie-going public, are a bunch of easily-led sheep with holes burning in our wallets. *Next Week:* The Weekly Reel will be put on a brief hiatus. Like many of you reading this, I am a student who needs the time to stay caught up in my classes. I appreciate your understanding and hope you continue to support this publication.

LIFE AS A FRESHMAN
BY C.A. TRAHAN

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