

THE GLOBE

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Getting to know Governor Gary Herbert

John Reuben Wolsey
Contributing Writer

Interim Governor Gary Herbert visited SLCC's Taylorsville Redwood Campus last Friday morning campaigning for re-election on Nov. 2. The only other viable candidate in the race, Salt Lake County Mayor Peter Corroon, also visited the campus recently.

SLCC's Student Body President, Liu Vakapuna greeted the crowd of over 100 students, faculty and community members before the time was turned over to Herbert.

Herbert began his speech with a story of his time in the military in the Vietnam War era and the change in voting age during that period.

"A lot of the young people

Governor Gary Herbert visited SLCC's Taylorsville Redwood Campus last Friday morning campaigning for re-election.

ended up feeling like they were being sent into harms way, but we have no vote... the watch phrase

stated that in his time serving as Lieutenant Governor, he became aware that the 18-25 year old



Photo by Angelo Dalisay

My focus on our economy and my focus on education are joined at the hip," Herbert said. A goal of the recently formed Education Excellence Commission formed by Herbert was that two thirds of Utah's adult population would have a post high school education by 2020.

was 'If we're old enough to fight and die for our country we ought to be able to vote.' I supported that and the constitution was changed," Herbert said. He also

voters "don't vote enough," and stated that he was encouraged by the early morning student turnout to the campus event.

Herbert continued his speech

with a background of his time in politics and the issues of the 1980's that have influenced his leadership leanings. Herbert worked as a real estate broker and developer and was "giving people the opportunity to live the American dream." He got involved in politics "mainly out of self defense and frustration" in his business career. Mortgage and prime rates were much higher than they are now and he stated that unemployment in Utah was also in double-digit percentages.

With a growing inability for he and other Utahns to make a living, Herbert moved his efforts into the political arena, eventually becoming the Utah County Commissioner in 1990. He served in that position for 14 years before becoming the Lieutenant Governor in 2004. When then Governor Huntsman accepted his position as US Ambassador to China in May 2009, Herbert was elevated to the position of Interim Governor of Utah until the special election

Campaign/Continued on page A3

Students diversify

Joseph Meyere
Staff Reporter

Last Thursday, Salt Lake Community College was treated to a special presentation from guest speaker Rebecca Sanchez on how to understand and communicate with people different than we are. The event was put on by the mayor's office of diversity affairs and the students. The workshop provided insights on how to get along with students from all backgrounds.

Students attending the workshop learned how to identify similarities with people rather than only point out what is apparently different and focusing on that. Students also learned about "Uh-Oh" moments, the moment when they see someone new and automatically assume by something they see that the person is somehow dangerous or not good to be around.

Sanchez asked students at

Diversify/Continued on page A3



Demolition of SLCC Auto Trades Building

David Bell
Contributing Writer

The Auto Trades Building at Salt Lake Community College, Taylorsville Redwood Campus, is undergoing demolition. The Auto Trades building will be replaced by a new administration and facilities building.

Although it is hard to tell that any demolition is taking place, it is happening inside. The only sign of demolition taking place at this time is the fence around the building and some strategically placed dumpsters.

"I didn't know the building was coming down. I just noticed that the fence has been put up around it. Because it wasn't here at the beginning of

the semester," student Gabriel Brown said.

Most students are not even aware that the Auto Trades Building is undergoing demolition. The demolition will not affect the faculty and students much at all. The south parking lot behind the Auto Trades Building will be fenced off so it can be used as a staging area during demolition. The sidewalk in that area will be closed also. Additionally, there will be revisions to the parking lot lights. This is due to the way they are connected to the wiring in the Auto Trades Building.

"The demolition should go pretty quick. By mid-December the building should be down," project manager Frank Baker

said

There are state crews removing all of the hazardous materials from inside the building. After that, the building will be made safe for demolition by disconnecting all utility lines and making sure they are all properly shut off.

About 75 percent of the buildings components will be recycled and used again. For example, the rebar in the concrete will be separated from the concrete, cleaned and reused. So will other components such as lighting fixtures and other building materials.

Big D Construction is in charge of the demolition.

"The demolition will take 6 to 8 weeks. We will try to minimize

the parking inconvenience. But the most important aspect of the job is safety for the public," Big D Project Manager Mark Glauser said.

The demolition process has many steps. First, the building is made safe with all utility lines disconnected and properly shut off. Then all building components are removed. After that, the outer walls come down. The site is then cleaned of all debris and the site is brought up to ground level, then stabilized.

The new administration and facilities building planned for the demolished site is still in the planning and design stages. The art classes and labs that were held in the Auto Trades Building have been moved to South City Campus.


STUDENT EVENTS

WED/20

Utah Humanities Book Festival @ SLC Library

11am~12pm
Free study: Stress Management @ Jordan Campus: Pavillion Multipurpose Room.


6pm~7pm
Profiles in Leadership @ Redwood Campus: Student Event Center

 **SUNNY**
69°/45°

THURS/21

Utah Humanities Book Festival @ SLC Library

6pm~10pm
IIDA Fashion Remix 2010 @ The Rail Event Center


 **SUNNY**
69°/47°

FRI/22

Utah Humanities Book Festival @ SLC Library

6pm~8pm
Newpark Friday Night Fall Concert Series @ Newpark Plaza & Amphitheater. Admission: FREE


7pm
Illusionist Chris Carter @ Redwood Campus

 **PARTLY CLOUDY**
63°/47°


SAT/23

Utah Humanities Book Festival @ SLC Library

10am~10pm
Scottish Festival @ First Presbyterian Church of Salt Lake City

 **FEW SHOWERS**
60°/47°


SUN/24
Last day to register to vote!

 **SHOWERS**
60°/48°

MON/25


Alcohol Awareness Week

5:30pm~6pm
Halloween Concert and Costume Contest @ Abravanel Hall

 **SHOWERS**
57°/41°


TUE/26

Alcohol Awareness Week

 **PARTLY CLOUDY**
54°/38°

Submit student events to calendar.globe@slcc.edu
Visit slcc.edu/campusevents/calendar.asp for more student events

SLCC PICS



Each week a different picture from an SLCC campus will be featured. If you know the location and campus of this week's featured picture, enter to win a prize by emailing your answer to contest.globe@slcc.edu.

Deadline for entries is Tuesday, October 26th.

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Due to the high volume of requests for articles we receive, The Globe may not be able to reply to every letter. Due to our limited staff, The Globe may not be able to attend or cover every event or issue submitted. The Globe encourage emails/notices of events. However, any request of coverage of an event or issue should be made within a time frame of at least one week.

THE GLOBE

IS HIRING REPORTERS AND EDITORS FOR FALL SEMESTER.

Contact The Globe at
globe@slcc.edu
or stop by our office at TB 325-G

The New York Times Crossword

Edited by Will Shortz

No. 0915

ACROSS

1 Org. known for drilling?

5 Masseur's target

9 Soap operas, essentially

14 Offshore

15 What adolescents may fight

16 Bit of dental work

17 Where lead weights grow?

19 Horatio who wrote about down-and-out boys

20 How babies may be carried

21 Bit of a Coleridge poetry line?

23 Takes it easy

26 Nine-digit ID

27 Harvard degree earned by J.F.K. in 1956

30 10 of them make a thou

32 "Take a Chance on Me" group

36 Little battery

37 "Let's call it ____" ("We're even")

38 SOS's, essentially

39 Ammo for idiots?

42 Bert's "Sesame Street" buddy

43 Actress Stewart

44 ____ mater (brain cover)

45 Cheeky chatter

46 Surgical inserts

47 What's up?

48 Gulager of "The Virginian"

50 "Saturday Night Live" segments

52 "Shut up!" ... or a phonetic hint to this puzzle's theme

56 No-good sort

60 ____ wait

61 Toy house door support?

64 Verdi aria

65 German port

66 ____ Minor

67 "Marat/Sade" playwright Peter

68 Pushing the envelope

69 Singer Perry with the 2010 #1 hit "California Gurls"

DOWN

1 Enthralled

2 Munch Museum's locale

3 German: Abbr.

4 Certain cigarette

5 Capital of Nepal

6 Big name in A.T.M.'s

7 Single

8 Ball supporters

9 Sends cyberjunk

10 Everything considered

11 Lady ____

12 "Lemme ____!"

13 Balkan native

18 Wedding gown fabric

22 Long-eared farm animal

24 Layout

25 Equine areas

27 Works as a stevedore

28 Object of Petrarch's passion

29 Curses

31 Only coach to win both N.F.L. and A.F.L. championships

33 Prompts on answering machines

34 Hand-dyed fabric

35 Analyze

38 Bandage, across the pond

40 Dog treats

41 Not expected

46 Take to court

49 "Peanuts" boy with a blanket

51 Pat of "Wheel of Fortune"

52 Muffed

53 Homeland of Joyce and Yeats

54 Helen Mirren's crowning role, informally?

55 It takes a toll: Abbr.

57 Astronaut's letters

58 Cry during a recess game

59 Web site with a "Buy It Now" option

62 Help

63 Accurate throw

The Globe is an independent student newspaper published Wednesday during Fall and Spring Semester (excluding holidays) and Wednesday during Summer Semester. The Globe editors and staff are solely responsible for the newspaper's content. Funding comes from advertising revenues and a dedicated student fee administered by the Student Media Council. To respond with questions, comments or complaints, call (801) 957-4019 or visit slccglobelink.com. The Globe is distributed free of charge, limit one copy per reader. Additional copies may be made available upon request. No person, without expressed permission of The Globe, may take more than one copy of any Globe issue.

CAMPUS

campus.globe@slcc.edu

Diversify

Continued from page A1

one point to write down something about themselves that others had picked on, teased, tormented or misunderstood the students for. Several brave students were asked to read what they had written down.

“I was shaking,” Nick Pell, a gay student who was one of the brave students, said. “I was taking a risk but thought, ‘what does it matter? I accept myself.’”

Pell was one of the first students who talked to the group. Other students included a person who had at one point been in prison and a student who had been shamed in school for being Polynesian.

“[The workshop] opens people’s minds a little to other’s point of view.” Marie Sturm said. Sturm announced to the group that she was an ex-polygamist wife.

“I hate bringing attention to myself. There is that temptation to blend in. But part of me wants to defend that we’re being judged by the wrong information,” Strum said.

The workshop was an open forum to get to know students from a variety of backgrounds and demographics, fostered under an umbrella of understanding and tolerance. In a time where misunderstanding and misinformation are rampant, such workshops can not only shed light on untrue and hurtful stereotypes, but teach students to be more accepting of others.

“I’d like to extend a challenge to people,” said Pell, “to open your mouths to people and accept others.”

Campaign

Continued from page A1

being held this coming November.

Herbert expressed his priorities in office to be, “growing the economy, focusing on education, and developing our natural resources.” He repeatedly touted Utah’s ranking by Forbes magazine as “the best state to do business” as evidence of the state’s economic progression.

Herbert cited Utah’s national leading birthrate, adding an average 11000 new students per year, and a reduced budget as the two major challenges facing education today.

“My focus on our economy and my focus on education are joined at the hip,” Herbert said.

A goal of the recently formed Education Excellence Commission formed by Herbert was that two thirds of Utah’s adult population would have a post high school education by 2020.

Before a brief question and answer session, Herbert’s final talking point was Utah’s energy potential and his assembly of the Balance Resources Council, which he says helps the government be “good stewards of the land, protect what we need to protect, but develop the natural resources that we have.”

He cited an example of this process in action as the Colorado based Bill Barrett Corporation’s (BBC) approved project in Central Utah to open 600 natural gas drilling sites, purportedly bringing \$1.5 billion dollars to central Utah’s economy. What wasn’t stated was that this was part of a larger project by the BBC to create nearly 3,000 wells in the Rocky Mountain Region, primarily used in an environmentally dangerous process called

“fracking.”

Fracking involves the injection of chemicals into the ground that force natural gasses to come to the surface. When asked by a student after the formal presentation about environmental concerns surrounding the fracking process, Herbert stated that he “was not the scientist to make the decision” and that the scientists he relied on for data see “no evidence that fracking hurts our water supply.”

From stacks of index cards, from which audience members wrote down what they wanted to ask the governor, came questions about national healthcare, equal rights for gays and tobacco.

His answer in regard to national healthcare began with an anecdote of his daughter’s experience in Montreal, Canada.

“I have children that live in Montreal. They have a much more socialized approach to medicine up there, and if they [his children] were here they would tell you what we have in Utah... is much better than what they have with their socialized system. My daughter... had a child up there in Canada, and when she went to sign up for prenatal healthcare they said, ‘Fine, we’ll have you signed up, and you can come in 10 months.’”

He also stated that 50 “democracy laboratories”

trying healthcare plans would likely produce real healthcare answers that could be shared on national levels.

When asked about equal rights for gays, Herbert talked about Amendment 3 in the Utah State Constitution, which defines marriage as a union between man and woman. He went on to note that anti-discrimination ordinances were being discussed and implemented on city and county levels and “that we’ll probably have some change over time, and may even move, lead to a statewide law. I don’t think we’re at that point yet but that’s the direction we’re moving in.”

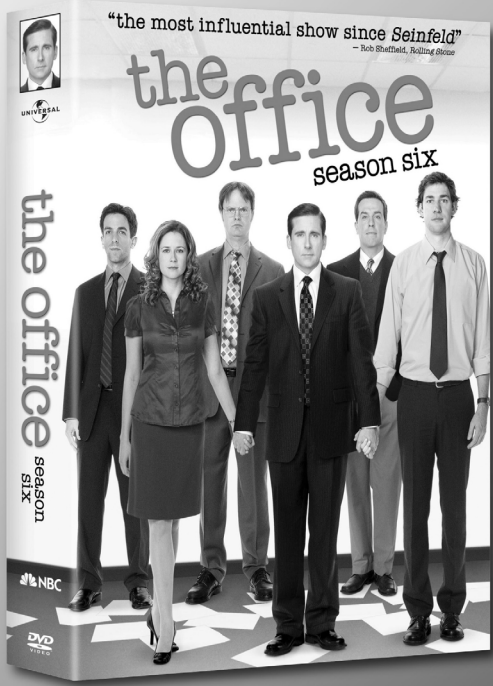
When further asked about this issue he stated, “I’m a local guy, I don’t like micromanagement from the top down. It’s just like different laws that reflect the local community.” Herbert also said, “We ought to be good people and good Samaritans and treat each other with respect and civility without a law making us do that.”

When asked about tobacco the governor proudly noted that Utah is one of the healthiest states and that he does not support additional tobacco taxes because that would base a state income on tobacco consumption, which he hopes will decrease over time.

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COMMUNITY

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Cinema dramatics YWCA sheds light on the effects of violence

Michael Sharifi
Staff Reporter

Unlike many film festivals, The 2010 Salt Lake Freedom Film and Storytelling Festival stands alone, combining movie cinema, live drama, and music into one performance called *Cinema Dramatic*. Artistic director Brian Jackson Fetzer is better known as “Professor of Pretend,” and he is out to entertain the entire family.

I stood with Fetzer as he stood in the isles of the historical Fort Douglas Post Theater fully clad in his Sherlock Holmes attire, including an overcoat, hat and magnifying glass in hand. He says the tie is fairly new, but works well with his 100 year old suit and shoes. Brian’s passion is youthful as he describes his childhood backyard where he found dinosaur footprints, jungles, and the Wild West. Keeping this imagination and wonder going over a half century has served him well as a substitute teacher in mathematics and later on at the U of U teaching children the Arts of Song and Story.

Staying in character of the witch, Madame Hexaba (Rachael Hedman) finally shows up late blaming her broom for wanting to use alternative directions. It was obvious that Fetzer only keeps like-minded company. Madame Hexaba claims she is not one of those witches that eat children. That can be construed that college students are welcome.

Armed with HD cameras and a nonlinear home digital editing system, Fetzer purposely weaves “Freedom Film” in the title symbolizing the changing film industry. At a fraction of the cost the imagination can be stored, edited, and distributed giving more freedom to creation. This could not be truer



Photo by Michael Sharifi

Brian Jackson Fetzer as Sherlock Holmes. *Sherlock Holmes and the Ghost of the Great Salt Lake* is just one of the films projected to be shown at the festival.

for Fetzer’s eighth semi-annual “Freedom Film and Storytelling Festival” which includes film, eclectic music and live dramatics.

Performing live in front of the silver screen playing a synchronized movie, Fetzer and his handful of nationally recognized storytellers, Carol Esterreicher as the lady in black, Rachel Hedman as Witch Madame Hexaba, Holly Robison, and Jannie Nishiguchi will perform stories including *Sherlock Holmes and the Ghost of the Great Salt Lake*, *Jasper VonKarloff* and the *Don’t Get Funny with a Mummy Show*.

Additional performances will include musicals, films and story telling.

The 2010 Salt Lake Freedom Film and Storytelling Festival will be broken into three sessions, morning, afternoon and evening. The first performance starts at 7:30 a.m. and the last performance goes until 10:30 p.m. Tickets are \$5 for adults and \$3 for children (per session). The event will be located at the University of Utah’s historical Fort Douglas Post Theater on Oct. 23.

For more information call (801) 532-2766

discussions within the community.

The Y.W.C.A. is a non-profit organization that provides crisis shelters, temporary housing, and supportive services for victims of family violence. Serving over 8,000 victims annually, the 104-year old association is dedicated to eliminating racism as well as empowering women. The group also works to promote peace, justice, and freedom for all people.

Violence affects us in our communities, men and women, and especially children. The National Network to End Domestic Violence also found that children who are exposed to violence are more likely to attempt suicide, abuse alcohol and drugs, and run away from home.

The “Week Without Violence” schedule of events includes daily programs and invites participation of members within the community, young and old. Salt Lake City Police Chief Chris Burbank will be honored on Wednesday morning, Oct. 19th by the Y.W.C.A. Burbank will be recognized as the organization’s Public Official of the Year at an

appreciation breakfast at the Episcopal Church Center of Utah.


Two events are planned for Thursday during the “Week Without Violence.” Gardens of daffodils are to be planted along the City and County Buildings downtown from 7:30 a.m. to 8:30 a.m., in honor of those killed last year by gun violence. Starting at noon until 10 p.m., Noodles and Co., located on 358 South and 700 East, will be holding a fundraiser. 25 percent of the sales will go directly to the Y.W.C.A. and its supportive services.


An art exhibition featuring the works of Cat Palmer and Peter Hayes is scheduled for Friday evening. To close out the campaign, the YWCA has scheduled their “Walk Against Violence” 1K and 5K events on Saturday. Members of the community are invited to register online for the walk, which will be held at Liberty Park beginning at 9:00 a.m.

The YWCA’s “Week Without Violence” public awareness campaign is intended to bring to light the effects of violence in our neighborhoods.

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IN SELECT THEATERS OCTOBER 29

Is homosexuality a choice or science?

Emmie Jones
Staff Reporter

Michael Otterson, a representative of The Church of Jesus Christ of Latter-day Saints, recently gave a statement regarding the Human Rights Petition delivered to the church pertaining to the comments of homosexuality being immoral. He gave a great statement but it doesn't fix what was initially said. Boyd Packer, President of the Quorum of the Twelve Apostles of the church, made remarks that being homosexual is immoral and is a sin. He spoke about marriage being between a man and a woman, which will bring fulfillment and contentment to their lives. Packer stated "It is to be shared only and solely between man and woman, husband and wife, with that one who is our companion forever. On this the gospel is very plain." The Human Rights

Campaign drafted a letter with 150,000 signatures telling the LDS church to "cease putting young people in real peril and acknowledge the scientific truth: sexual orientation cannot be changed, nor should it be." The lesson given at the semi-annual general conference this October came across as offensive and ignorant to many people, not only to those who are gay. Homosexuality is interesting to me purely because I can't comprehend the emotions, feelings and desires of it at all. I go back and forth on my views because I think as humans we have the right to choose what we want. Sometimes I feel like homosexuality is a choice, it's the cool thing to do now because we are so liberal these days. During my middle school years, I went to a Christian school. I was influenced to believe that God created us in His image, we are perfect, and we are not gay. In the beginning, there was Adam and Eve, not Adam and John. I felt that I was leaning more towards a religious point of view based on what I was taught rather than what I needed to find out on my own. Now I'm a little older with more life experience and a changed point of view. I believe that with all religion comes the socially acceptable moral aspect versus reality of life. The science argument that some people really are born gay has struck something in me. I believe in science, it's factual and never lies, religious figures do. Our society tells us what is acceptable and what is not, science says it straight. I don't think any religious organization should be making statements that a homosexual way of life is the reason for suicides either. Yes, being judged hurts. But if a child that believes they might be homosexual is brought up in a loving home and

told they are who they are, they are accepted and treated equal, I don't think they will look to suicide to cure themselves of this "immoral" behavior. It's the parent's job to teach, love and nurture their children in the right direction. The support system at home is crucial to all family members. If there is a strong family support system in place, all members are more likely to succeed and be happy. Boyd stated to families, "We raise an alarm and warn members of the Church to wake up and understand what is going on. Parents, be alert, ever watchful that this wickedness might threaten your family circle." So what is the Church's solution for a child who assumes he is gay? Tell them to ignore those feelings and try to live a "right" way of life. I think that would confuse a child or a teenager. I think it would cause that individual to not know how to live for himself or listen to what his heart wants. Aren't we supposed to live a fulfilled life? Living a life that we don't want does not lead us to happiness, it leads us to depression. So why are we persecuting those we are supposed to love because we disagree or don't comprehend what they feel? I don't understand homosexuality and often find myself not agreeing with it. If we were created in God's image then there would not be homosexual desires. My life's path has left me questioning where we came from and I'm rethinking the beliefs held by religious communities in my own life. The science of life is being discovered all the time and questions are being answered; those answers do not follow religion. So what is true? Honestly, I don't care what another person does in their own home with the person they love. I really don't care to see it in public either. I don't

think it's anyone's place to point the finger and tell them they will live a life confined in a "prison of sin, guilt and perversion" because they aren't living according to someone else's rules. After all, I believe the Bible is a guidebook on how to live your life, not a rulebook; everything in this life is individual and circumstantial. Judging someone because of their decisions and desires is not showing love and kindness, its harnessing hate and aggression. That behavior is not Christ-like or righteous. Religious figures should be setting examples of love, not belittling anyone because their conscious tells them it's wrong. Besides, in the end it's not our place to judge, let's leave it to the higher being to deal with that. It takes too much energy to worry what your neighbor is doing unless it directly affects you.

What the Tech?!

Spam

Joe McCormick
Staff Columnist

Chances are your email service has a folder labeled "Spam." Spam is defined as information being repeatedly sent under the false pretense that the information is useful to you. In fact, most spam is based on advertising or phishing scams. However, don't be fooled; the dangers of spam are very real. Every year, thousands of people are scammed out of millions of dollars across the world. Estimates of the actual losses suffered range anywhere from 50 million to 3 billion dollars annually. It is very important to be aware of spam, what it looks like and how it can be avoided. Every now and then our email filters may fail, allowing a piece of spam to get into our main inbox. Here are some tips that can keep your protected. When viewing the email, you should be able to see the sender's address, wtt.globe@gmail.com for example. You want to focus on the domain name of the address, in this case, "gmail.com." If the domain name is not familiar to you or is just a random mix of numbers and letters, it is most likely spam. The next major indicator is how the email is worded. A significant amount of spam is sent from outside the US by people who speak poor English or none at all. They will write the email in their native language and then put it through a translator. What generally comes out of a translator is poorly constructed and easy to spot as spam.

Some other spam techniques are more obvious. If the message is written in all capital letters or colored text, it is very likely spam. However, the biggest sign is the content of the message. If it is asking you to visit another website, donate to an obscure foundation or cause, asking for money in general, offering money to you, or wanting you to give up any personal information, it is most certainly spam. The most famous example is probably the "419 Fraud," better known as the "Nigerian Businessman Scam." This scam has been around since the '80's and is based around a story that has sapped millions from citizens all across the world. You'll get an email from a Nigerian "official" that says they are being cheated out of their hard-earned millions. All they want to do is deposit the money into your bank account, come safely to America and be given back their money minus your service fee. Trouble arises when you end up having to "bribe" people in the process in order to seal the deal. Some have even traveled to Nigeria in order to make sure everything went smoothly. A small few of these people wound up being kidnapped for a ransom. As you can see, it's important to be aware of these scams. Spam does not just come in the form of emails, however. Advertisements on the web are becoming increasingly invasive, some even targeted to our specific interests. I'm sure most of you have been tempted by the allure of the "free iPod, just fill out these surveys!" Well, there is no free iPod, sorry to say. As you can see on most websites, these advertisements come to us in the sidebars or tops or bottoms of pages with flashy graphics, or fun mini-games, and sometimes even deafeningly loud sounds. Luckily, there is a super-effective way to deal with this kind of spam.

If you use the Firefox or Chrome browsers, you can download NoScript, a very handy add-on easily found on Google. NoScript is by far one of the most useful add-ons I have ever encountered as it basically removes all third-party scripts on every website, allowing you to simply view the content. A "script" is the programming code used to create what we see on a website. There are slight drawbacks if you're trying to use a media-based website, as NoScript will block the scripts for audio, video and flash, among others. However, NoScript runs off a filter, so you can simply allow entire websites to run their scripts; this filter can be accessed by clicking on the "S" in the lower right corner of your browser. Over time you will allow scripts from the websites you repeatedly visit and this issue goes away, allowing for an advertisement-free browsing experience. I hugely recommend it.

BEAR NECESSITIES

health & fitness

Kombucha is back

Michael Sharifi
Staff Columnist

Have you heard of Kombucha tea? Perhaps you have heard of it by alternative names, such as Chinese tea, mushroom tea or red tea. For those of you that don't know, Kombucha tea is an organic beverage that is fermented with a living culture of microorganisms. The actual ingredient in Kombucha is mushroom cake "mother", black tea and sugar with boiling water. During the brewing process, Kombucha looks similar to a science project that you would find on Star Trek. Essential nutrients are formed, such as active enzymes, viable pro-biotics, amino acids, antioxidants, and polyphenols. If you caught the terms brewing and fermentation, you would probably guess that some by-product would be alcohol and you would be right. In fact, over the summer Kombucha manufactures had to pull their products out of all the retail stores due to a label conflict with actual amounts of alcohol. This

is due to Kombucha tea being in a continuous state of fermentation (Note the amount of alcohol is minuscule 0.5 percent with a +/- 0.2 variation). Fermentation is the natural state of the Kombucha; this prevents the need of pasteurizing that is recommended by the FDA. So why are people around the world drinking this 1700-year-old Chinese Tea? Kombucha was originally called the "Immortal Health Elixir" used by Chinese physicians to cure a variety of ailments. Germany later used Kombucha in World War II to treat cancer patients, metabolic disorders, high blood pressure and diabetes. The most noticeable benefits of drinking Kombucha tea are enhanced energy levels, weight loss, hair, skin, and cell rejuvenation. Please understand Kombucha tea is not a miracle drink that is going to cure all. The best suggestion for drinking Kombucha tea is the unique thirst quenching taste. Many do swear by its abilities to cure hangovers. Most notably to those who have become addicted

to Kombucha, finding no substitution or release from the ongoing obsession drove avid drinkers to reading blogs to discover any hint of when their favorite drink would be back on shelves. Petitions were signed. Some people went to the extent of brewing their own Kombucha tea. (More failed attempts than successes from what I have heard). Kombucha is back. The prohibition is over. Local grocery stores are stocking the shelves with your favorite brands of Kombucha. To prevent the variation of alcohol, the Kombucha tea has been bottled earlier in the process, subduing the strong vinegar taste most have been accustomed to. Recommended by retailers is to buy your Kombucha tea a week to a month prior to opening. This will allow the fermentation time to be equivalent to past shelf dates. You can find more information on the Internet about Kombucha and how to make your own tea at home. Most notable brands: Honest Kombucha and GT's Kombucha



Photo from sxc.hu

OPINION

opinion.globe@slcc.edu

Ask Mom

Kathryn Jones
Staff Columnist

Dear Mom,
I can't take it anymore. I have one professor who speaks English but with a Spanish accent. (And this is not a Spanish class!). Sometimes he mixes up English words or says them in such a way that I have no idea what he is talking about. He writes stuff on the board to help but what is on the board doesn't match up with his words and I'm often lost. I have talked to others in the class about this and many of them have the same problem. What should I do? Don't tell me to drop the class because we are already more than halfway through the semester and the last thing I want to do is take this class again. Have any other suggestions?
Sincerely,
Knee Deep

Dear Knee Deep,
Don't despair. I didn't have a Spanish-speaking teacher throughout my journey in college, but I knew plenty of people who did. The most frustrating thing for them was trying to understand the teacher so that they, in turn, could do their work. Ultimately, however, they realized it was up to them to get the understanding they needed to pass the class. Though it was frustrating at times, they realized it was up to them to do what was necessary to get beyond the "speech" wall their teacher was presenting.
And so I offer you 7 ideas to get you through:
1. Talk to your instructor. I know, "talking" may be more confusing to you than remaining silent, but hear me out. Your teacher may understand your feelings. He may try harder when he lectures in class to be understood. He may make sure you participate more so that you understand better (Don't freak out, this is a good thing). He may even give you some suggestions in having a better experience in class. It can never hurt to ask. I was struggling in a math class for a different reason and found out—by talking to the teacher—that he held a math group once a week to go over all of the assigned problems.
2. Talk to your friends about starting a study group. Offer to be the leader of the group. Meet at least once a week before class to go over what was discussed the week before. Fill in the gaps that you didn't get but someone else in your group figured out.
3. Don't wait to do your homework until the last minute.
4. Get some tutoring help. Math tutors', for example, are only a walk away—and they're free.
5. Ask someone for help that took the class the previous semester. If you have to pay them a little for their help it may just be worth it.
6. If the class is Math, make sure you look through the answer book. These books usually have every other answer to a question, and often, the steps to the answer. This way you can check your work.
7. Don't give up. Often, a change in attitude can bring you forward in understanding where other options may not. Respect your teacher. He, in turn, will respect you.
Mom

Have a question for mom?
Send it to globe@slcc.com

It's Complicated

Inara Rosolen
Contributing Writer

Having my Facebook status changed from “in a relationship” to “in a relationship and it’s complicated” made me think; what relationship isn’t complicated?

All relationships at one point are complicated, some more than others. Nonetheless, they are all complicated.

Everyone has feelings and thoughts coursing through the body, but expressing those emotions into words is a completely different story. Sometimes, due to differences of beliefs, ideals, cultures, education and mind set, it’s difficult for the other party to comprehend where you’ve been and where you’re coming from. You may see your relationship as calm and steady; your partner may only see it as black and white.

Having to be sincere, honest and thoughtful all at once can be a challenge sometimes, especially for those who don’t have a way with words.

Unfortunately and fortunately, relationships are completely opposite of math. There isn’t one exact answer, one right solution and no solving for X. It keeps us guessing on what to do next and if the taken action isn’t correct, it will be noticed for the lack of harmony. There isn’t a right manual to read in order to “get it right” the first time. It’s about living, falling, learning, getting up and not making the mistake again. Every day is a new day to learn about the other person and yourself; the likes, dislikes, boundaries, goals, dreams and plans. It’s somewhat of a gamble of emotions mixed with moments of euphoria.

Once I asked a guy who was in the process of divorce what he had learned with his last relationship. While chuckling, his exact words were, “I learn not to relate anymore.” It’s sad to think that this man had such a terrible experience in his past relationship that he doesn’t want to be connected to someone again. Granted, he was still in the process of divorcing.

Several years ago a study was looking for the number one reason why couples stay together year after year. The answer... mutual respect. Mutual respect is the foundation for a healthy relationship. Like the tree needs the ground in order to grow; a relationship needs respect, trust and love. Without any of the three, it’s impossible to sustain a relationship for a long time.

In relationships, it’s necessary to mix things up and not get bogged down by daily routines. The day-to-day hustle and bustle is a hurdle couples need to jump over every day. Relationships are nothing more than a test drive for marriage, unless you are just having fun, which can cause a web of complication. To get on the marriage track, remember to shake things up a bit, be understanding, and have respect, trust, and love for your partner.



ARTS & ENTERTAINMENT

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Art Meets Fashion features local designers

Ashley Whitesides
Staff Reporter

Utah isn’t known for its fashion scene, but it soon will be according to the directors of *Art Meets Fashion* (AMF). Saturday, Oct 16, 2010, AMF and The Salt Lake Art Center hosted a fashion show featuring very talented local designers Rachel Domingo, McKell Maddox, Krista Nielson, Jordan Halverson, Rebekah McKinny and Keith Bryce.

The designers for the AMF show all had very unique and often eclectic collections.

Rachel Domingo’s inspiration for her collection, *Siren’s Daughter*, seemed to be more avant-garde with a twist from the 1940s. The most unique piece in her collection was the colorful, just below the knee-length, rag-dress. Most of the pieces in

Siren’s Daughter were more high fashion and creative than something that could be worn regularly.

McKell Maddox collection for AMF, *From the Soapbox*, featured more wearable pieces than the designer before her but somewhat lacked uniqueness. A few of her pieces featured the same material used in different places on the body but for similar styled looks, which was a little disappointing considering her unique designs that were featured during her audition for Season 8 of *Project Runway*.

Krista Nielson’s collection, *Calypso*, featured a variety of unique swimsuits for females. Neilson’s designs were vintage looking yet somehow modern with interesting cuts and creative use of zippers. She calls her collection “sophisticated resort wear

that flaunts chic style and sexy silhouettes.” This much is entirely true. Her entire collection was creative and fun with lots of color but was simple enough that any one of the

feel to it complete with trouser shorts and high-waist skirts. He over uses the odd looking frills that are reminiscent of the leather frills on jackets in the 90s, even on the men.

AMF

For more informations
about each of the
designers and their
collections, visit
artmeetsfashion.net

A lot of his pieces were very good but there were a few, like the frills and a three-quartered sleeve jacket and shorts on a man that stood out in the wrong way.

The collection done by Rebekah McKinny, *Eros*, was absolutely amazing. Her creative colors, loose

necklines, and high-waist seams brought what could have been boring office wear to life. The only thing that wasn’t complete were a pair of shorts that had unfinished hems, a small flaw in this really adorable collection.

AMF certainly saved the best two collections for last with McKinny’s more professional line and Keith Bryce’s collection, *Menagerie*. Bryce’s collection starts out as a more high -end fashion, almost avant-garde but not quite as outrageous, with strappy leather boots that go half way up the thigh. His creative way of braiding pieces of cloth together to create a dress or shirt is very unique, especially in comparison to the other collections at AMF. As the pieces progressed they became more wearable but ended with a lot of shoulder pads, which was a little disappointing; however,

he made up for it in all of his other pieces.

AMF was just a taste of what Salt Lake City has to offer the fashion world. A few of these local artists sell their designs at local shops including the HIVE Boutique and The Black Chandelier. Other contributions to the show included SLCC and The Art Institute of Salt Lake. All proceeds for the Art Meets Fashion show will benefit the Human Rights Campaign.

The SLC Ballet, VooDoo Carnival, Beauté Dérangée, NoiZ Dance, Julia Wentz and Lindsay Heath provided live entertainment for the fashion show. Custom Model DJ’s provided DJ sets during the show.

More information about each of the designers as well as information about each of their collections and where to buy their designs can be found at www.artmeetsfashion.net

ARTS & ENTERTAINMENT

arts.globe@slcc.edu

RED should have never left retirement

Loren Teryl
Arts Reporter

Take one of our most “deadly” intelligence agents from the cold war and prior and retire him. Imagine the life he led before being forced to live in a small house in a lonely suburb. Try to think of the banality that he must suffer through day-to-day, trying to find some purpose to live while the agency sees no more use for him. All of that changes when the CIA sends a strike team to end his life because of the secrets he knows.

As an audience, we have gotten a little out of hand as to what we believe intelligence operatives do and are capable of. Much like ninja, cowboys and pirates, we know they exist but because their existence is out of our reach we tend

to glamorize them. This film definitely adds to the mythical nature of secret agents and hired killers.

Frank, played by Bruce Willis, is a lot like Jason Bourne, but when his retired status is changed from green to RED he has to hunt down the people responsible for ordering his death, despite his lack of reason to live. Gathering a misfit team to help him in this inane quest is Joe, played by Morgan Freeman, Marvin, played by John Malkovich, and Victoria, played by Helen Mirren.

This is another Hollywood film where they try to drag you in with big names and a fun concept. It doesn’t take you long in this film to realize that you had been duped and wasted your hard earned money for another tinseltown ruse.

This obvious paycheck for all the stars of this film was full of phoned-in performances and lightly considered interactions.

By taking the concept of one man’s quest to gain an understanding of his changed agent status to a movie about a group of government spooks, you lose the whole theme and charm of the original story. Afraid of making a gritty spy film that would be in the spirit of *The Bourne Identity*, instead they made some amalgamation of *The A-Team* and *Space Cowboys*. At some point in the movie you would expect Danny Glover or Clint Eastwood to make a cameo and make a crack about getting old.

This sorry excuse for a film is Warner Bros attempt to comb through



RED copyright Warner Bros

their library of literary property. Perhaps they are intimidated that Disney recently acquired Marvel and has been having a lot of success with it. Except

they have not learned from Marvel. You don’t cut the balls off of your story and hope to sell it to everyone. Keep to the spirit of the original property and sell it

as a new medium and the audience will come flying.
Rated PG-13 for intense sequences of action violence and brief strong language.



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Waiting for ‘Superman’ urges a new dialogue

Loren Teryl
Arts Reporter

In 2006 Davis Guggenheim teamed up with former Vice President Al Gore to direct the outstanding hit *An Inconvenient Truth*. This documentary let the world know that Guggenheim was more than a simple television director, he aimed to make a difference in this world with the tools that he had. Although it was his second documentary, it was the one that made audiences aware. Now with attention of America upon him he set his sight on the subject of his first documentary, the public American school system.

High Schools was a documentary that was released by Charles Guggenheim, Davis Guggenheim’s father, in 1983. In 2001 Davis Guggenheim directed *The First Year*, a documentary that followed five teachers. Both father and son have taken a strong interest in our school system.

“My father was my great teacher,” Guggenheim said in a phone interview. “The thing he always told me most was, no matter who you were you always deserved a good education.”

Waiting for ‘Superman’ is the beginnings of what Guggenheim and his cast hope is the beginning of a dialogue in America.



Waiting for ‘Superman’ copyright Paramount Pictures

Without a doubt our school system is broken, bureaucracy and unions choke any form of progression to the system. Guggenheim paints a light of what is happening and urges us to get more involved with this sick institution.

Hindered by the concept and application of tenure, we suffer from the bad process of awful teachers and the money spent dealing with them. This aspect of the film causes as much enlightenment as it does frustration. It also shows us the effects that the different US Presidents have made, although almost every President has said they were going to change the system, the system has been too big of a beast to reform.

The title of *Waiting for ‘Superman’* is a nod in the direction of audiences and Americans. Waiting for a powerful outside force to come along and fix the problem is not going to get anything accomplished. It is up to the America people to all get involved and push for a new

direction. Guggenheim’s documentary does a great job showing us that changes need to be made and where problems lay, but does not preach to us how we have to do that. Instead, he leaves it in our hands.

Going beyond the documentary, the production team put together many avenues for people to get involved and help try to be a part of the change in this system. It was something that Guggenheim tried and accomplished with *An Inconvenient Truth*.

“That is a great part of this country, we are always trying to get better,” Davis Guggenheim said.

Rated PG for some thematic material, mild language and incidental smoking.



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