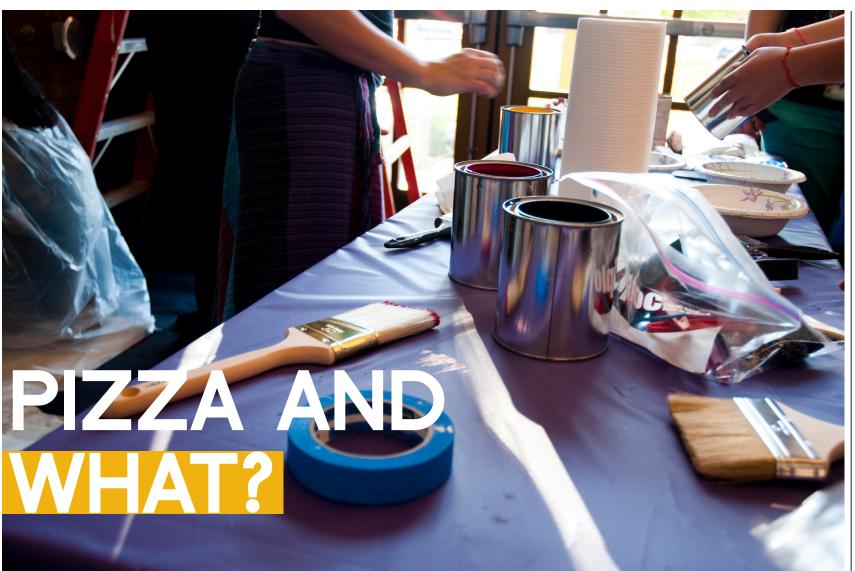
THE LIBE

WEDNESDAY OCTOBER 6, 2010 ISSUE 8/FALL 10

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and Leadership gets students involved

Griffen Merrill Contributing Writer

SLCC students at the South City Campus are sick of the construction, so they're doing something about it. An event last

Wednesday night was devoted to making the mess a little prettier. On the south side of the building, a large plywood wall separating the construction from the school halls was painted white. The South City Campus representatives organized the event, called Pizza and Painting. Evening Activities Chairman Kristy Harding said the activity was to make students aware that the student government

is there to help with all their college

chance to express themselves. The

Student Life SLCC students at the South City Campus are sick of the construction, so they're doing something about it. An event last Wednesday night was devoted to making the mess a little prettier.



of Student Life and Leadership On the south side of the building, a large plywood wall separating the construction from the school halls was painted white. The students were allowed to paint anything they wanted on the wall, as long as it wasn't provocative or obscene.

wasn't provocative or obscene.

needs and to also give students a all different backgrounds together.

students were allowed to paint Lake Community College is a anything they wanted as long as it huge part of me and I wanted to

write something in Spanish to regularly play host to many The event brought students from help other Hispanics get involved as well," said film student and "I wanted to feel involved. Salt Tabasco, Mexico native Gabriella calendar to keep posted on Guerra.

Guerra painted "¡Viva El

Colegio de la Comunidad!" which translates into, "Long live the community college!"

Although the pizza was gone within the first few minutes, students persisted until the wall was littered with peace signs, hearts, and other artwork. Harding explained that events are held multiple times a month and students can learn about them by visiting the Student Center in room 124 on the Taylorsville Redwood Campus or by paying special attention to the many signs regularly posted in and around the halls of the different campuses.

During the event, Harding was already promoting the next big activity—Nightmare on 13th Haunted House. She said discount tickets could be picked up for \$7 each at the Information Desk at the Taylorsville Redwood Campus and also at the South City Campus.

Student Life and Leadership activities around Check out The Globe's weekly upcoming events.

Choir, not just for grade school

John Fisihetau

Contributing Writer

Choir has typically been viewed as a place for music majors and singing nerds who constantly have their eyes in sheet music. What do you think? Do all the students in SLCC choirs fall in this same category?

Kapali Kiaha, a student and choir member for both the Chamber and Jazz choirs at SLCC gave his opinion on this commonly held stereotype.

"I think that the dork/geek thing is a stereotype in music. SLCC choirs are the only way I can participate in choir at school," he said. "It's fun...it's just a hobby of mine because I like to make people feel good through song."

In contrast to the stereotype, Kiaha is majoring in cardiology and expects to transfer to the University of Utah after completing his prerequisites.

Kiaha comes from a big Hawaiian

Choir/Continued on page A3





Smoking cessation available at SLCC

Amelia Corey

Contributing Writer

Many students find themselves walking through a cloud of smoke to and from classes at the many campuses of Salt Lake Community College. It's not uncommon for students to end up smelling like cigarette smoke by the end of their jam-packed school days. But it's not illegal to smoke and there's not much that can be done to control it with the exception of a couple of rules.

On Dec. 31, 2008 at midnight, Indoor Clean Air Act, which basically meant happy new years to those who were trying to quit second-hand smoke. This law states that there is no smoking indoors in any public areas and



Utah instated a law called the SLCC posts signs asking students to keep with the current law of smoking 25 feet away from a building entrance or exit.

> that anyone who is smoking must new rules campus wide since it was be 25 feet away from a building illegal not to, but is this enough entrance or exit or air intake vents. to protect the nonsmokers? The

Of course SLCC adopted these only policy available to students

states that there is no drinking on campus and all smoking must be done 25 ft. away from an entrance or exit. The Student Government has put ashtrays 25 feet from all entrances, but it seems that these are rarely being used. You can tell by the lack of cigarette butts and the plethora of used gum and spare change inside most of the ashtrays. Surprisingly enough, the ashtrays are also sneaking closer and closer to the doors, putting the smokers closer and closer to the doors.

"The smoking is always really close to the entrances. I don't want to grow up and find out I have lung cancer when I've never even picked up a cigarette," said SLCC student Emily Bowden.

Smoke/Continued on page A3

STUDENT EVENTS

WED/6

9:30am~10:30am Pumpkin games @ Meadowbrook campus

12pm~2:30pm Inside Iraq Documentary Showing @ Taylorsville Redwood Campus: Student Event Center

THURS/7

6:30pm Jukebox the Ghost, Horray for Earth, A B & The Sea @ Kilby Court. Tix: \$8

Country Dancing @ Studio 600

FRI/8

<u>6pm~8pm</u> Newpark Friday Night Fall Concert Series. Admission FREE





SCATTERED **T-**STORMS 65°/50°



SCATTERED **T-**STORMS 63°/48°

SAT/9

SUNNY

SUNNY

69°/47°

SUN/10

66°/46°

MON/11

TUE/12

Pumpkin Decorating @ Taylorsville Redwood Campus

COLUMBUS DAY

<u>7pm</u> Open Mic Night @ Alchemy Coffee

Ra Ra Riot, Chikita Violenta. We Barbarians @ In the Venue. Tix: \$15



Mostly SUNNY 70°/47°



SHOWERS 65°/45°

Submit student events to calendar.globe@slcc.edu

Visit slcc.edu/campusevents/calendar.asp for more student events

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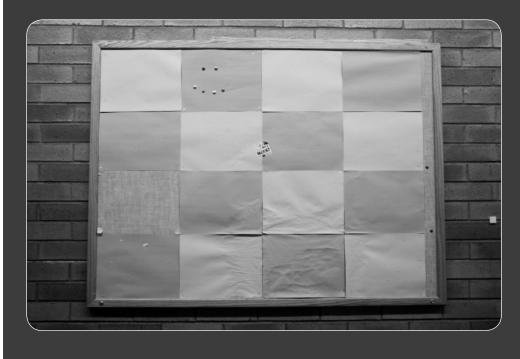
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SLCC PICS



Each week a different picture from an SLCC campus will be featured. If you know the location and campus of this week's featured picture, enter to win a prize by emailing your answer to contest.globe@ slcc.edu. Deadline for entries is Tuesday October 12th.

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Edited by Will Shortz

No. 0901

The New Hork Times Crossword **ACROSS** 50 James who sang

"A Sunday Kind of

textbooks

55 Grecian art object

instruction hinting

at this puzzle's

52 Complain

57 Creepy

61 Cooking

theme?

66 A.L. or N.L.

division

67 ____-a-brac

Brown

68 Look of superiority

69 Cry from Charlie

70 When sung three

times, part of a

Beatles refrain

DOWN

dribbles?

2 Golfer Aoki

3 Hasbro product

65 Thingy

- 1 Lost-and-found containers
- 5 It has ringers on its 51 Like some
- 9 Brown shade 14 "Got it"
- 15 Sauce brand
- 16 Subway station sight
- 17 Like a sunken treasure?
- 20 Third of
- December?
- 21 Grp. with the platinum record "A New World
- Record" Systems of principles
- 3 Ice cream flavor, briefly
- 26 Secretary on "The
- Office" 28 High place near
- Aberdeen? 34 One in custody
- 35 Breakfast cupful
- 36 Like most
- bathrooms 37 Spanish bear
- 38 "The Wizard of
- Oz" weather event
- 41 Eastern V.I.P. 42 "Amazing!"
- 44 One fawning
- 45 Gift tag word
- 46 Restraints for writer Flagg?
- 8 Centers 9 Consume

Genius"

7 Kind of arch

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- 12 Part of 51-Across: Abbr.
- 13 Some wines 18 Number after

sieben

- 19 Honker 4 Not yet paid for, as a mailed package
- 5 Shot put's path 25 Singer with a Best 6 Kilmer of "Real
 - Cohen
 - 29 Bonk
 - Olympics mascot

- 31 Irish county north of Limerick
- 32 Building set 53 Thor's father 33 Mild cheese 54 Wood shaper
- 34 Pound sound 38 Dweeb

39 Super-duper

- 40 25%-off price, e.g. 43 What Shakira or
- 59 Pelvic bones 25-Down goes by 60 Mark permanently
- 45 Passes quickly 62 ___ favor 47 French CD holder 63 Pres. initials
 - 64 Periods of extra

52 High-performance

wheels

56 Org. with

58 Exceptional

Divisions I, II and

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Technology Building Room 325-G

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1 Places for double

24 Eight: Prefix

Actress Oscar 27 Loving

28 Olympic skater

30 2008 Beijing

48 "Silas ___" 49 Julia Child, for one

The Globe is an independent student newspaper published Wednesday during Fall and Spring Semester (excluding holidays) and Wednesday during Summer Semester. The Globe editors and staff are solely responsible for the newspaper's content. Funding comes from advertising revenues and a dedicated student fee administered by the Student Media Council. To respond with questions, comments or complaints, call (801) 957-4019 or visit slccglobelink.com. The Globe is distributed free of charge, limit one copy per reader. Additional copies may be made available upon request. No person, without expressed permission of The Globe, may take more than one copy of any Globe issue.

CAMPUS

Major decision

Mamey Kamara

Contributing Writer

60,000 students this year, it more advance program. doesn't come as a surprise comes to picking a major.

found that as little as 20 percent and as many as 60 noon until 4 p.m. percent of students entering college are undecided about workshop and information information. is general studies.

According to SLCC's requirements. as general studies majors.

"I don't really know what one time can also be made I want to do in my life, that with the office of Academic chosen major at SLCC is is the leading cause of is why I'm majoring in and Career Advising. general studies to have the opportunity to experience Advising advises students the academic year of 2009different classes," student Mamie Green.

General studies majors are usually uncertain about the major they want to declare or are just looking complete general education requirements

before transferring to a allowing the student to have four year institution. For a clear vision of their career example, those that want to plan and the required steps to In 2009, Salt Lake major in law or the field of accomplish the plan. Community College was medicine would be much ranked fourth in the US for better off completing general general studies as their degree-granting education requirements at major are often overlooked institutions. With more than SLCC before entering into a when

that a good chunk of those unsure of how many credits when a bank is looking for 60,000 students check the they need before they can interns, the advising center undecided box when it fulfill the requirements to graduate from SLCC. For benefit from the experience According to Academic these students, Academic and sends the information Advising, researchers have and Career Advising offer a out to various professors to workshop every Tuesday at pass to students in the field.

an academic major or career concerning job outlooks choice. The most common is discussed. In addition, a major among SLCC students the advisors will walk a environment and access get students to come to the choir know each other, of the choirs, email slcc. student through graduation to Academic Advising to concerts." 2009-10 fact book from workshops run all year long career path. Parker feels it's SLCC Institutional Research, with the exception of finals important for students to be 17,135 students are enrolled week of each semester. conscious about their chosen Appointments for one-on- major.

said choose a major early, 2010.

Students who have chosen

different career opportunities arise through There are many students the college. For example, knows which students would However, students in general An advisor organizes the studies will not receive any

> SLCC offers smaller The better help them plan their

Parker indicates the least Para Education, with only Sonia Parker of Academic 12 students registered for



Choir

Continued from page A1 direction of

"Polynesian people are L y 1 e very musically inclined and Archibald, being from Hawaii only S L C C increases my passion for c h o i r singing. It's part of my family students

geek" stereotype.

"We need advertising for the choirs," he said. "Each choir member training and sight singing." can get two people out to of the classrooms, and run Archibald. learning a choir promotion booth to

Professor

Under

for music but I don't want to regular choir rehearsals. At Chamber Choir. pursue it as my major," he these rehearsals, Archibald

the choir rehearsals outside of the other students," said and traditional genres.

they sound better," said Sarah chamgerchoir@gmail.com.

and culture. I have a passion meet three times per week for Schieving, President of the

campus.globe@slcc.edu

What do you think? Is the teaches choir members skills music department the "geek Kiaha suggested a few of musical performance. squad" for singing students ways to get rid of the "choir According to the course at SLCC? SLCC's first choir syllabus, this includes concert was recently held at better vocal technique, music the Grand Theatre located fundamentals, theory, ear at the South City Campus and will be the venue for the Archibald leads out in majority of their concerts the concert, inviting their acquainting and unifying throughout the year. The night friends so that they can see the choirs' tone quality and was made up of the Concert, for themselves. We could intonation. "Choir members Chamber and Jazz choirs email notifications, are to get to know more than presenting solo and choir spontaneous singing during just the back of the heads numbers from both modern

For more information on "Because the members of upcoming concerts for any

Continued from page A1

Unfortunately, smoking preventable death in the United States, even with the American Cancer Society choice method for help program and how to plan (ACS) doing all they can quitting smoking, help a first meeting, go to slcc. to promote information can be found somewhere edu/hw and navigate to the about tobacco use and closer to home. The Health information about smoking the benefits of cessation. and The ACS sponsors a in the basement of the the other many service national "smoke out" day Student Center also offers available from the Health every third Thursday of information about smoking and Wellness Center.

Wellness November in hopes that and a free 8-week smoking

this day of non-smoking cessation program to help will lead to a permanent students quit smoking. This change with smokers. The smoking cessation program ACS also offers seminars, includes sessions with information, and programs a counselor every week to help people quit smoking. and a personalized plan If the American Cancer to help smokers quit. For Society isn't your first- more information on this Center cessation. Also, check out



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COMMUNITY

U of U Hempfest, education not incarceration

Ashley Whitesides Staff Writer

U's Students for Sensible marijuana advocates. Policy, SSDP,

Free Speech Zone, from was more about marijuana students browsing by the and hemp education than different tables in-between "let's all get stoned." The University of Utah's classes and curious faculty

Student Union Patio and leaves, the theme of the day

third annual Hempfest on to families of dread-locked peaceful marijuana smokers Sept. 29, organized by the hippies and passionate to jail," said Brett Black, spokesperson for Salt Lake Despite the overwhelming City's chapter of NORML, brought out a very diverse amounts of cardboard and National Organization to crowd to the Ray Olphin spray painted marijuana Reform Marijuana Laws, during an early speech at Wednesday's Hempfest. Other

"We are tired of sending

throughout the day included Jake Shannon, Congressional candidate, and Andy McCullough, the Libertarian candidate for Utah Governor. Along with the SSDP representative Valerie Douroux and Robert Latham, a Criminal Defense attorney who specializes in marijuana charges.

McCullough and the rest incarceration for marijuana Against is "a terrible waste of taxpayers money."

Latham talked about the golden."

such as Smokers Guru and Bagman Utah were selling locally blown glass tobacco and clothing.

Informational from marijuana education and the versatility of hemp



Burnell Washburn and Dopethought get the crowd dancing with hip-hop music.

of the Libertarian party are to Planned Parenthood and for all out legalization of even a spokesperson for their way into Hempfest. tribal house. marijuana and believes that LEAP, Law Enforcement Hemp Smoothies, a mint festivities.

At one booth dedicated police officer in a situation in a multi-colored hat made Fingers, reggae material and even making a Hempfest Main Stage. sort of cement with it.

booths pamphlets.

popular.

Local music involving getting searched entirely of hemp described Headease & Wasnatch, and music. or illegal substances. His the various uses of the plant psychedelic guitar player use the fibers in the plant festival goers on the east organizers was

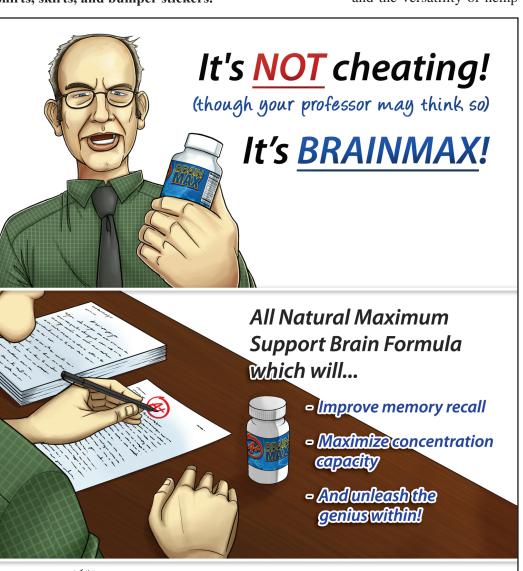
The Planned Parenthood festival, Cannabis Cove, that SSDP will continue the pipes and locally made bags table gave out free condoms local DJ's spun an eclectic tradition of Hempfest next education mix of electronic music year. ranging from techno and

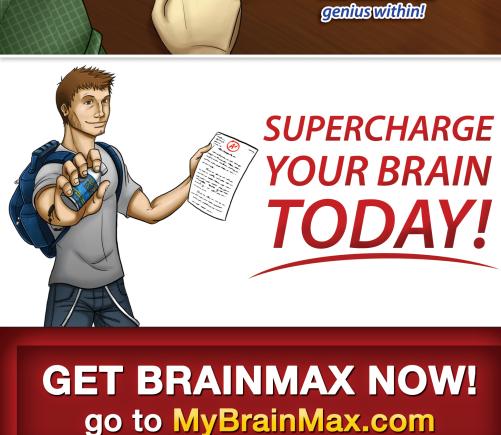
Food vendors also made dub step to electro and

Belly dancers, hula-Prohibition, lime-aid stand, and Navajo hoop dancers and LED poi participated in Wednesday's tacos were among the most spinners could also be seen on either end of Hempfest. artists People, young and old, smartest way to handle a to hemp education, a girl including SNUG n' Budder could be seen dancing or band tapping their feet to the

The general consensus words were "silence is including being able to Dylan Rowe entertained of the performers and Many local first vendors as an alternative clothing end of the festival on the Hempfest was full of "positive vibes" and was a On the west end of the huge success. The hope is

Photo by Katie Mann Several hemp items were sold including scarves, tshirts, skirts, and bumper stickers.





The most earth-like planet ever found

Kimber Hernandez Contributing Writer

Paul Butler announced the discovery of the most earth-

like planet ever found orbiting

a star 120 trillion miles away. Located in the Libra constellation, the star Gliese 581 is not visible to the naked eye. The red dwarf star is significantly less luminous, and smaller than our own sun. Gliese 581 has a total of four planets. Now with the meticulous observations made

planets have been discovered.

by Vogt and Butler, two new

are 100 percent."

has three times the mass of earth, has a year cycle of 36.6 you happen to be. days and is, as Vogt put it, "tidily locked" to its star like squarely in the middle of what sun while the other side faces

is referred to as "the goldilocks" outward into the immensity zone." The ideal location for a of the cosmos and remains planet to be where the distance forever dark. The temperature After searching the heavens from its star is just right for on the side of everlasting sun for more than a decade, producing temperatures ideal is believed to be at around 160 on Wednesday Sept. 29 for containing liquid water degrees Fahrenheit while on astronomers Steven Vogt and and sustaining life. the side of perpetual darkness Vogt told the Los Angeles the temperature is believed Times, he believes "that to be at around 25 degrees chances for life on this planet below. But where the day and night meet, where the This newly discovered sun is always setting, you planet, however similar it may can find temperatures like appear at first is not. And that those of summer evenings. fact alone does not discourage And the fascinating thing is but rather excites and presses that because the planet has no on the imagination. The Planet rotation the climate remains stable and constant wherever

So if there is life on this planet, it will be fantastic, with the moon is to earth. One side millions perhaps billions of One of these planets falls of the planet always faces the years of evolution occurring with possible life adapting to the specific climates and conditions of its choosing.

> "On the treasure map of the universe, one would be tempted to mark this planet with an X," Delfosse said to MSNBC.

Scientists are riding the crest of a wave that is just about to spill over the brim into a world of unimaginable discoveries. Astronomers like Vogt and Butler are now confident that the amount of earth like planets within our own galaxy is great. They for see many more planets like earth being discovered within five to ten years and with technology advancing every day an increase and more precise understanding of our existence relative to the universe. It could be possible and is actually very likely that we have cosmic neighbors, a thought unsettling to some and comforting to others but to almost all, completely riveting.



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JPINION

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What the Tech?!

Google Mail

Joe McCormick

Staff Columnist

If you want to stay in touch online with friends, family or work contacts, you're most certainly going to need an e-mail account. E-mail allows you to send text, graphics, and basically any kind of document across the Internet. There are a few choices, however, when it comes to selecting your e-mail provider. For this article, I'm going to show you how to set up an account with Google.

I like Google's e-mail service because you don't just get e-mail. When creating an account with Google you get instant access to the many free Google services: Mail, Docs, Blogger, and Talk, just to name a few. For the technology-bound student, it's hard to pass up a Google account.

Creating your Google account is easy. You'll want to navigate to the website mail.google.com/ mail/signup which will instantly take you to the account application. If English is not your native language, use the drop-down box at the top right of the page and select one that works for you.

Start by filling out your name and the desired login name you'd like to use. Luckily, Google will let you use some punctuation marks in your e-mail name. If the name you want isn't available try adding in punctuation, "john-smith" for

Next we get to create our password. If you read last week's column, "Passwords," you already know what you need to do here. But just as a reminder, this password will be guarding some potentially important information so feel free to make use of the password strength indicator that Google has provided.

A good piece of advice is for your e-mail password to be different and more complex than any of the other passwords you use online. This way if someone breaks into your Facebook account, for example, they won't be able to reset your password by e-mail because, hopefully, your e-mail password is different and more complex. The only requirement is that the password be at least eight characters long.

Next we see two check boxes: "Stay signed in" and "Enable Web History." There's no fooling around here, checking "Stay signed in" will keep you signed-in until you either sign-out or clear your browser's history/cache, even if you restart the computer. "Enable Web History" is a bit more important to pay attention to. Checking this will allow Google to store search-related information for use in future searches and let you view a history of your searches and pages visited through Google. You can also view trends in your web activity and see "personalized predictions" when typing in search queries, all based on your search history. The collection of this information can be paused, deleted, or disabled at google. com/history if you change your mind.

Now we get to some common application information: security question, recovery e-mail, location, birthday and the word verification. Google lets you pick from a few security questions, but you can also make up your own; be sure it's something that only you know and is easily remembered. If you've setup your SLCC student e-mail account, it's a great one for your recovery e-mail, which is useful if you forget your Google password and need to reset it. Pick your location and birthday, and then scroll down to word verification.

Word verification was designed so computer programs couldn't easily create their own accounts on the Internet. Don't worry about upper and lower-case, just type in the letters you see. If you fail, they'll give you a new one. If you can't read it, click on the disabled icon and Google will

Finally, don't skip out on the "Terms of Service." Google wants to tell you that, among other things, they will use your mailbox content to populate advertisements within the mail application. In my opinion these ads aren't intrusive, but they do help fund Google and allow us to use the service. If you don't read the TOS you could be waving some rights that you don't want to, so be aware.

When you're done click "I accept. Create my account," and you will be taken to a page reminding you of some of the neatly-interactive features of Google Mail like archiving, video chat, and labels. When you're ready, click on "Show me my account" and you'll be taken to your inbox. Enjoy!

Got a question for What the Tech? Email wtt. globe@gmail.com for questions or comments.

Europe riots set a bad example for global issues

Emmie Jones Staff Writer

Three people died during the violent riots that broke out all over Europe last week, the rioters were screaming out against the loss of jobs and benefits. Their citizens are against the new austerity measures that the European government is attempting to make to reduce their deficit. The Europe Commission is trying to propose new penalties to punish member states that haven't managed their budgets. But France wants elected politicians to decide what sanctions the highest spending countries should face, not strict accounting rules, according to Yahoo news.

According to John Monks, General Secretary of the European Trade Union Confederation, he believes this new penalty will make things worse. Europe already has 23 million unemployed citizens. The citizens should not have to save the country via salary cuts and rising taxes.

Like our economic issues in the United States, the economic disaster in Europe was set off by bankers and traders which were rescued by

their government bailing them out. In addition, Monks says, "There is a great danger that the workers are going to be paying the price for reckless speculation that took place in financial

markets." Sounds like our global economic leaders seem to think socialism is the way to success. They forget that our past tells a very different story. Although the intent to help everyone is shown, the balance of business is off. It is not the workers problem if the business owner does not know how to manage their business. Somehow the little man on the totem pole is left to

clean up the mess. I believe that there is equilibrium in every tiny detail to huge issues in our lives. We have to let the natural progression of things be. When people who are in a position to gain something, who are generally money hungry and thrive off power, start forcing things to happen in their benefit, they swing the pendulum out of control. Hence, disasters occur such as the housing market crash.

The basic education of business needs to be remembered when you

a difference. Selfishness and recklessness only cause trouble. With our global economic issues, government should not be giving money bailouts to those that have not planned their business like they should have. Why does the failure of a business end up being the taxpayer's problem? It's not fair and doesn't really make sense. I think maybe the government puts it back on the hard worker bees of society to handle because they know we will.

So to say that the European workers did the right thing is a stretch because violence is never the answer. But saying something to the leaders is and not socialism or the right thing. Americans communism either. won't go as far as a national march, united and violent, against our government's attempts to take over everything in this country; we'll just vote and hope it makes a difference.

Hearing about these riots was honestly only a little shocking to me. I understand the outrage because I feel it here, in America and Utah. What is happening with our markets is sad and scares me about our future. I can vote every chance are in a seat that can make I get. Will that change

anything? Maybe.

This leaves me pondering what is the most effective way for hard working citizens to stand up to the politicians and shout our case that their decisions are irresponsible, unfair and don't make sense. We need to tell them they must strategize then execute the plan, it has to make sense and lastly don't make the ones who are not at fault for business and financial failures responsible for other's laziness, poor planning and careless spending. They need to go back to the foundations of business and learn from history what works,

With his valid points, I think Monks is on to something. My thoughts on how to make a difference and have my voice heard is to vote as much as I can, possibly start going to events and meetings so I can learn what is being proposed and try to get others involved, too. You never know whom you might run into and how your opinion could potentially change their view. It only takes one voice to speak to thousands.

Does negative campaigning work?

Justin Giles Contributing Writer

Tou see it on TV, in magazines and on billboards when your driving down the street. It's that crazy time again of political campaigning.

During campaigns, we always hear over and over again that your vote counts. Your vote can change the world. Yet for some odd reason voter turnout is still down. Maybe it's the candidates, the issues or maybe, just maybe, it's those negative campaign advertisements candidates use that have confused and annoyed voters to the point that they don't want to vote or don't even know who to vote for anymore.

Years ago, negative campaign ads were highly uncommon, but it seems that in this day and age, most if not all political advertisements on television, billboards and in newspapers, attack candidates' opponents rather than giving emphasis to his or her own strengths.

Trevor Hackett, a student at Salt Lake Community College, shared his thoughts about negative campaigning.

"It's not ethical at all. The candidates focus now more on their rivals than they do themselves," he said.

"It helps opens my eyes more about the candidates, but overall it doesn't work for me," Hackett said when being asked if the negative advertisements will affect

One of the bigger problems associated with the negative ads is that people become confused about the delegates as far as what is the actual truth

his voting in any way.

and what is just lies. What is even more concerning is with all the negative ads going around, a good number of voters often get so confused and annoyed that they just wont even vote at all. Rather than convincing voters to support one candidate or another, negative campaigning reinforces the idea that all politicians and government officials are dishonest, corrupt and worry only about themselves rather than the people they are supposed to

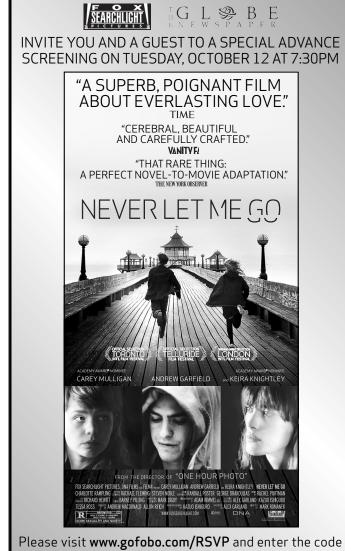
be serving. "The candidate who is putting the negative ads out there for everyone to see, in my opinion just makes them look even more dishonest and untrustworthy. It's definitely not someone who I would want to vote for. I think it is highly unprofessional. I do not want somebody who is supposed to be regarded as a leader and an example to us, to be demoralizing to others in that matter in attempt to make themselves look better," said student Carlina Anderson.

Everywhere we look we are being bombarded with political advertising. In the past couple of weeks, like it is every two years for us, we the American public will be hit from all angles of political advertisements.

The amount of money being spent on political advertising these days is unbelievable. Hundreds of millions of dollars are being than taking the negative poured into radio, TV, magazines, billboards and into the news to persuade and manipulate us to cast a vote for a specific candidate come election time.

So when you see the

next negative campaigns ad, it would be wise to do your own personal research about each candidate, rather connotations and assuming them to be truth. By doing so we can assure ourselves that we will be electing the best possible candidate for all of our cities, states and nation.



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IN SELECT THEATERS OCTOBER 15

PINION

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health & fitness

nvest in your future

Michael Sharifi

Staff Columnist

Every year about this time the leaves start to change into beautiful autumn colors; dark reds, deep yellows and brilliant burnt orange. Accompanied by the decline in temperature you begin to sense the changes, like those mundane things such as when you shuffle your feet through the dried fallen leaves or the sounds muffled just before you open a door. The change will soon evolve into snow, evoking the traditions of mammal instincts to build, save and plan.

This metaphor can be interpreted into building a would you make that future through education, saving financially for retirement through investments and planning for the unexpected. It's all absolutely absurd if your not healthy and

happy. When you look at the big picture, you realize that no matter what you do in life your wellbeing is always going to be the most important investment you will ever make. Obviously this is not always the case. Almost 75 percent of Americans may be

overweight, according to the US Centers for Disease Control. Yet the fact remains that we discriminate against fat people at work and in life. Two thirds of business managers said they believe some managers would hesitate before hiring a qualified job candidate who was significantly overweight according to a poll by Newsweek. There is so much to be gained from earning a degree, exercising the mind is as important as exercising the body.

FinAid.org states the average student loan debt among graduating seniors was \$23,186.00. The question then becomes kind of investment in your well-being. Hopefully we learn at an early age how to invest our money wisely, as it is equally important to learn how to exercise and ingest proper nutrition.

America has taught us to be prepared. In fact, our government has demanded it. We call this insurance. Insurance is a great way to prepare for something that might go wrong. By taking care of your health the chances of using that insurance becomes less. There are

numerous limitations to having poor health. Prescription pills could cost on an average of \$300 a month and in some cases much more. Your travel time could be limited do to high cholesterol as to the possibility of having a stroke. Over time your bad alignment could causes permanent dysfunctions that would limit activity.

Investing in your future is investing in your well-being. There is nothing wrong with the advice of eating good natural foods and getting proper exercise, but how it resonates with the individual is important. Perhaps you think you're eating well or you know how to exercise. The fact is that you're doing something, but the issue lays in the results that you are producing. If what your doing is not working, find a professional who can make it work. A good personal trainer can give you the tools you need and can assist you in developing good habits for a lifetime. Make the investment in a gym membership, yoga class, or personal trainer. Be happy, be healthy, and be in the moment.



Dear Mom,

I just finished with a test in one of my classes. I think I did pretty well, but so did the guy sitting next to me. I tried to cover my paper but I think he still managed to get some answers from me. The weird thing is he has been trying to be friend me since the beginning of the semester. He seems pretty nice but I'm wondering if he is paying attention to me because he wants me to help him cheat. He has never asked me to study with him or to go over homework. I feel as if he's just using me to get better grades. What should I do? Sincerely,

Used

Dear Used,

I don't blame you for being upset. There were a few instances in college that I wondered about regarding a "new" friend who wanted to sit by me in class. Test time was especially interesting. I knew that she was looking over my paper; wanting me to show her the answers and compare them with the ones she'd written down. It really bothered me. She never spoke up to say, "Let's cheat," but I always felt it beneath the surface of her being nice to me.

I never spoke up about it. I tried sitting in another area of class for tests but she would follow me and sit down next to me. It was interesting too, that when we did projects and she opted to be in my group, I always felt as if she did as little as possible, hoping that others in the group would pick up her

It's really difficult when you're in college to speak up when someone is trying to cheat off you, especially when you want to be a friend to everyone and don't want to be looked on as some sort of "prude." But I think it's important to be daring enough to speak up.

If I'd had the guts I would have gone to this girl and had a visit with her. I would have told her of my concerns, what I thought she was doing, and ask her to stop. I would have given her a chance to make amends. If I found that she was cheating off me a second time I would have talked to the instructor. This is a difficult one because once you have talked to the student; they will probably know it was you who told the teacher. But I also think that most people will respect your decision and choose not to sit by you anymore. They will no longer want to cheat off you because of the way you feel. They may not be your friend either, but perhaps that's okay too—a real friend is honest with you anyway.

If you decide to talk to the instructor and not give the guy another chance, do it as soon as possible. Let the teacher know that you believe "so and so" is copying from you during test time and that you're not quite sure what to do about it. Get some feedback. You will definitely get help from your teacher, help that won't pinpoint you as the person who "squealed."

> Have a question for mom? Send it to globe@slcc.com

ARTS & ENTERTAINMENT arts.globe@slcc.edu The Social Network is a landmark

Loren Teryl

Staff Writer

Greatness never shines in the light that you might expect it to. Mark Zuckerburg created the finest social networking site to ever grace our society. In order to accomplish that feat he needed the help of others, but in his stalwart pursuit of this ideal he sacrificed all of meaning in his life that could have personified his creation.

A story that a few of us may know but changed the day to day lives of almost every person reading this paper. Facebook has dominated the internet and become on of the most used websites in the world.

David Fincher (The Curious Case of Benjamin Button) was tasked with bringing this landmark story to the big screen. To begin with Emmy Award winner Aaron Sorkin (The West Wing) created an amazing screenplay from Ben Mezrich's book. After that Fincher assembled the finest crew of both production and post production specialists. His two greatest attributes to this film were both his actors and the talented duo that scored the film.

Trent Reznor and Atticus Ross both from Nine Inch Nails, brought



The Social Network copyright Columbia Pictures

a musical backdrop to this film that paints a dark driving force that makes this film move. Harvard has probably never been painted in such a stark light but the score makes this lighting perspective more accepting. Sequences that have a lack of adrenaline based action, such as the creating of the Facemash website, were extremely engaging because of the score and terrific acting.

Jesse Eisenberg (Zombieland) approaches the attempt of playing the founder of Facebook, Mark Zuckerburg, in such a unique way. Known for playing the shy socially awkward leading man isn't new to Eisenberg, what is new is the seriousness to

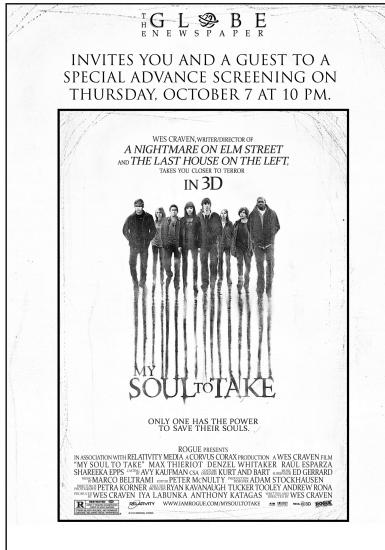
which he attempts such. Surrounded by some of the most talented up and coming actors makes his genius thrive, much like Zuckerburg in Harvard all

of those years ago. Stealing the show though is Armie Hammer. He plays both of the Winklevoss twins, Cameron and Tyler. Their frustrations and attempts to get reparations from Zuckerburg had to be taken on by this single actor. With the assistance of Fincher's ability to visually direct and his proficiency with digital effects, you'll actually believe that Hammer played this role with a

genetic copy. When you combine all

of these fantastic elements you get an amazing film. David Fincher used all of his talents expertly and surrounded himself with the best people to make it happen. He created a film that will be a milestone for this generation. Don't be surprised if David Fincher walks home with the Best Directing Oscar this next year.

Rated PG-13 for sexual content, drug and alcohol use and language.



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IN THEATERS OCTOBER 8

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WE'VE BEEN

Let them into your heart

Joseph Meyere Staff Writer

A new vampire movie is now in theaters about an adolescent vampire and Robert Pattinson is nowhere in sight. Christmas just came early this year. Or perhaps Halloween.

Let Me In

is a remake of the Swedish film Let the Right One In, a dark vampire horror set in a small town and starring a whole lot of actors that nobody's probably ever heard of before. But that definitely shouldn't be a deterrent. Both films feature very fine acting, especially from their child stars, and both movies are loaded with good old-fashioned



Let Me In copyright Overture Films

vampire horror fun. Let Me In follows a little boy named Owen played by Kodi Smit-McPhee who is constantly picked on at school due to the fact that he, unfortunately in his pre-pubescent years, looks a lot like a little girl. Then Abby, a real

little girl played by Chole all been missing during Moretz, although she is quick to tell him coyly that she is not really a little girl, moves in and they begin a budding prepubescent romance. Abby turns out to be a vampire, and not a sparkly one at that. A full-blown run-ofthe-mill vampire we've

these Twilight years. She can't do sunlight, eat people food, or feel the cold.

As Abby and Owen's romance blossoms, a mysterious string of murders start popping up around town. Abby's father executes the murders as he goes out to get her blood. The guy, who remains nameless, actually turns out to be a pretty crappy cereal killer and begs the question of why exactly Abby needs him, when she is more than capable in her 12-year-old body to turn a full grown and wellbuilt man into a happy meal; but we go with it because it's entertaining to watch him bumble around.

The movie's horror elements and surprise ending are sure to keep any newcomers to the franchise well on the edge of their seats. Watching a 12-year-old girl tackle a woman out of a tree and then tear into her neck like a Robert Pattinson trading card pack is hauntingly gruesome as well as incredibly awesome. Not a lot was given towards special effects as a whole but the letting of the audience make up a lot of what was happening in their own heads is a tried and true way to really make a scary movie special.

Fans of *Let the Right* One In can be assured that the spirit of the original was kept well preserved. In fact, spirit, mind, soul and a large part of the body were kept intact. Some scenes almost feel like they were flat out copied from the original and just put through a Hollywood million dollar filter, and most of the dialogue felt a little copy-pasted, but it's presentation was flawless.

After seeing *Let the* Right One In, it'll come as little surprise if someone ties Stephanie Meyers down and screams into her ear, "This is how a vampire story is told. This is what makes vampires awesome."



